



**PULASKI
HEIGHTS**
United Methodist Church

THE TOWER NEWSLETTER

INSPIRE LOVE, EMBRACE CHRIST, ENGAGE THE WORLD AUGUST 2023



August Service Spotlight- The Clothing Closet

While sitting in worship one Sunday, Cathy Jennings & Cecile Kimmer were inspired by Dr. Robbins' sermon about serving. They wanted to find a way to tangibly help others out and had a "spark of inspiration". After speaking with Rev. Maynard, the PHUMC clothing closet was born. Cathy & Cecile just wanted to get clothes to people in need. Initially, they were unsure we'd be able to receive enough clothes to really make a substantial difference, but thanks to this church's generosity, the response was overwhelming.

These donations go to organizations that work directly with people in need, people looking for jobs, or "career closets" such as Our House, Dorcas House, St. Francis House, UALR, Hendrix College, and UCA. "This is just so important" Cecile says, "When people have clothes, they can look good and feel good."

So far, PHUMC has donated a few thousand clothes, but Cecile and Cathy believe the best is yet to come. Right now, the Clothing Closet is looking for children's clothes donations that can go to children at Our House in time to go back to school. You can bring donations to the Donation Station outside of entrance 7 or to the Welcome Desk inside entrance 1. If you would like to get involved in the Clothing Closet, contact Rev. Abbey Maynard at amaynard@phumc.com or 501-664-3600.

Enroll Now!

UAMS
United Methodist
Institute on Aging
Advances Geriatric
Education Collaborative



Tai Chi

For Arthritis and Fall Prevention
Using seated and standing practice!

- NEW introductory class starting Wednesday, September 13, at 9 A.M. (new and returning students are welcome)
- Classes are in person at PHUMC
- Registration required: email Daniel Curry at dcurry@phumc.com or call (501)664-3600

Join PHUMC from 5:00-7:00 PM on Wednesday, September 6th for a Block Party on Woodlawn Drive! We'll have food trucks, music, fellowship, and lots of fun for all ages! This will be a great way to kick off the school year and spend time with our community! We hope to see you there!

Questions? Contact Emily Stotts at Estotts@phumc.com or call 501-664-3600.

SAVE THE DATE!
**BLOCK
PARTY**

Wednesday, September 6th
5:00-7:00PM



ZUMBA!

Starting September 7th

Classes on Tuesdays and Thursdays
10:00-11:00am, in Room M101

Register at the reception desk or call
Rev. Daniel Curry at (501)-664-3600

Cost is \$20 a month, with instructor Kim Swindler!

YOUTH WORSHIP CAMP

August 8th-10th, 2023

9:00 AM- 3:30 PM

Wesley Hall

8th-12th Grade

Register here!



PHUMC
United Women in Faith



\$15 per box of cards
Boxes are available at the front desk. checks should be made to the PHUMC UWF. Cash is also accepted.

If you have any questions, please contact Mary Catherine Armstrong, marymcbel123@yahoo.com



Walking the Mourner's Path
 IN-PERSON GRIEF GROUP

MONDAYS FROM 10AM-12PM | SEPT. 18-NOV. 6

PHUMC.COM/MOURNERS-PATH

Walking the Mourner's Path is an in-person grief group for anyone who has suffered a significant loss and would like to process it in a group setting. Led by Rev. Daniel, Kathy Roberts, and Debbie Benson, it is Christ-centered, scripturally and spiritually based. Through the 8-week program, Mondays, September 18-November 6, from 10AM-Noon, mourners learn ways to honor their loved ones, seek spiritual direction, and discover God's promise of comfort in community!

There is an \$80 fee, which goes toward materials. Sign up at phumc.com/mourners-path or call the church office at 501-664-3600. Questions? Contact Kathy Roberts at 501-993-1378 or 0711kroberts@gmail.com!

CONNECT FAIR

August 13th, 20th, & 27th
 In the Gym

Learn about the ministries and groups that PHUMC has to offer!

Have you been looking for a new way to connect with the church? Want to find a small group, Sunday school class, or a way to serve our community? Not sure where to start? Come to the PHUMC Connect Fair! It will be held in the Gym from 10:00 AM-12:30 PM on August 13th, 20th, and 27th! We'll have information and opportunities

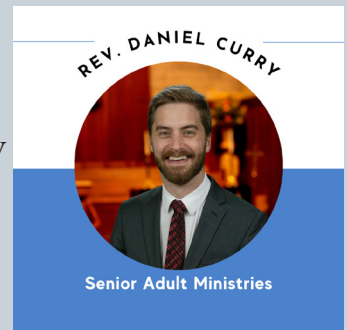
to sign up for all kinds of ministries. Can't make it to campus any of those Sundays? No worries! We will have an online portal at phumc.com/connect-fair beginning August 13th! Together we can live out PHUMC's mission to Inspire Love, Embrace Christ, and Engage the World!

Questions? Email Rev. McMurray, kmcsmurray@phumc.com or call the church office at 501-664-3600!

New Senior Adult Ministries Director!

We are excited and proud to announce that Rev. Daniel Curry is now the staff person relating to Senior Adult Ministry, as a part of his work with Dr. Hampton in Caring Ministries.

You can contact him at dcurry@phumc.com and find him in Beverly old office on the main floor! Congratulations Rev. Curry!



This summer our youth attended to Ozark Mission Project (OMP) in Fayetteville! At OMP the youth painted houses, built wheelchair ramps and much more for those in need within the community. Here is what some of the youth said about their experience:

"OMP is easily one of my favorite weeks of the year and for good reason. From the people you go with, to the people you meet, to the work that you do, everything about it is so so special."

"OMP was a week full of memories, laughter, fun, getting the chance to meet so many new people, and an opportunity to share Gods love within a community."

"OMP was an amazing week filled with God, good people, and opportunities for growth."

"I had an amazing time serving others and having fun. This was one of the best weeks of my summer."



Begins September 13th

Wednesday Nights at PULASKI HEIGHTS

PHUMC.COM/WEDNESDAYNIGHTS

Wednesday Nights at Pulaski Heights are coming back in the Fall! We'll begin September 6th with a Block Party! Then, on September 13th, we'll start back with meals from 5:00-5:50. We'll have classes, book

studies, Bible studies, and Childrens Choir! Under 13 eat free, 14 and above pay \$15 for food. To learn more go to phumc.com/wednesdaynights or by calling 501-664-3600!

As we are noticing school supplies, backpacks, and school uniforms in stores, we remember our great joy as a church family to provide those items needed for the precious children at our partner school, Wakefield Elementary.

Every year, PHUMC gives school supplies, backpacks, and uniforms for nearly 400 children. We also offer expressions of appreciation for the staff there. To donate to GAKAC visit phumc.com/wakefield or mail a check made out to PHUMC with Give a Kid a Chance or GAKAC in the memo line. Contact— Rev. Maynard, amaynard@phumc.com or 501-664-3600.



GIVE A KID A CHANCE
DONATE TO SUPPORT WAKEFIELD
ELEMENTARY SCHOOL

AUGUST STAFF BIRTHDAYS!

August 9th: Michael McMurray

FREE Family Caregiver Workshop-Dementia/Alzheimer's



10:00AM - 1:00 PM Pulaski Heights UM Church
September 26, 2023 4823 Woodlawn Little Rock, AR

The workshop will present an overview of dementia and Alzheimer's disease and provide caregiving tips that help maintain quality of life for your loved one.

Please RSVP by September 22, 2023
dcurry@phumc.com or by calling 501-664-3600

A light lunch will be provided by Pulaski Heights UM Church.



Arminta Berry Memorial Recital

Presented by your PHUMC Foundation



Veena Akama-Makia, Isaiah Bailey, Kyle Forehand

Please join Veena Akama-Makia, Isaiah Bailey, Kyle Forehand, and other scholarship recipients from across the United States as they celebrate

Arminta Berry, the founder of the Stanley and Arminta Berry Music Scholarship Program. Sunday, August 20, 3PM in the PHUMC Sanctuary.

BOARD OF STEWARDS MEETING

Tuesday, August 22nd at 5:30 in the Wesley Hall

Meal reservations required if you want to eat

501-664-3600 PHUMC.COM/BOS

PRIMETIMERS

MOVIE DAY!

1:00 PM | 10 AUGUST 2022

Wesley Hall

August Primetimers Luncheon

Featuring Dr. Victoria Ramirez from the Arkansas Museum of Fine Arts

Thursday July 27 RSVP:
11:30AM PHUMC APP
PHUMC GYM Call 501-664-3600
\$10 Front Desk

phumc.com/primetimers

JOYS AND CONCERNS

OUR CHRISTIAN SYMPATHY IS EXTENDED TO

Anna Kay Frueauff and family in the death of her father, Fred Frueauff; to Margo Wynne and family in the death of her husband, Robin Wynne; to Landon Crancer and family in the death of his grandmother, Sue Gamble; to Bill Arthurs and family in the death of his wife, Jane Arthurs; to Carolyn Spradley and family in the death of her sister, Norma Rowell Shipper; to Sean Harper and family in the death of his wife, Barbara G. Harper; to Cindy Pugh and family in the death of her mother, Shirley Brown; to Lee Rush and Larry Rush in the death of their father, John L. Rush; to Connie Schutt and family in the death of her husband Jan Schutt; to Corie Hollingsworth and family in the death of her father, Dick Young; and to Karen Ryall and family in the death of her father, Billy Webb.

OUR CONGRATULATIONS TO

Ashley Schmeid and Archer Tribett; to Gracie Stover and Dakota Hedden; and to Daniel Halford and Megan Prettyman in their recent marriages.

WE REJOICE IN THE BIRTH OF

Wendell Stephen McMurray Mowery, child of Kathleen Mowery and Michael McMurray, grandchild of Joe and Betsey Mowery, and great-grandchild of Lillian Lee; Stevie Mac Gaiser, daughter of Jordan and Michael Gaiser; Frances Greer See, child of Parker and Khloe See grandchild of Fletcher See, and great grandchild of Judy and Jack See; and Charlie McKittrick France, son of Jamie and Ben France and grandson of Bill and Beth Bandy

WE WELCOME NEW MEMBERS Aaron Cochran and Melinda Lemons

Pulaski Heights United Methodist Church
4823 Woodlawn
Little Rock, Arkansas 72205

Return Service Requested



phumc.com/facebook



phumc.com/youtube

Visit us at phumc.com

JOIN US
FOR OUR CANCER FRIENDS LUNCHEON
September 13 @ 11:30 AM
WESLEY HALL
Sign up by calling the church office at 501-664-3600 or phumc.com/cancer-friends.

JULY DISTRIBUTION

DIAPER BANK	FOOD PANTRY
16,955 Diapers	130 Bags of Food
249 Children	402 People

PHUMC.COM/MISSIONS

NONPROFIT ORGANIZATION
U.S. POSTAGE PAID
PERMIT #738
LITTLE ROCK, AR

Contact Information

Website: www.phumc.com • (501) 664-3600
Fax: 664-4835 • Email: phumc@phumc.com

Church Office Hours:

Monday - Thursday, 8:30 a.m. - 4:30 p.m.
Friday, 8:30 a.m. - Noon

PHUMC FINANCIAL UPDATE

Below is a summary of PHUMC operating budget January-June 2023.

Member Contributions	\$ 1,701,334
PHUMC Foundation Contributions	\$ 40,000
Other Income	\$ 55,251
Total Income	\$ 1,796,585
Total Operating Expenses	\$ 2,116,317
Tithe Payment Payable*	\$ 23,650
Total Expenses	\$ 2,139,967
Net Surplus (Deficit)	\$ (343,382)

*Each United Methodist Church pays in a tithe or apportionment to its Annual Conference to help support the Annual Conference, the Jurisdictional Conferences, the General Conference, and other global ministries. The Arkansas Conference requires each United Methodist Church in the state to pay 10% of the income received in a month.

Primetimers and Friends

On The Road Again! October 5th-6th



Visit Crystal Bridges and the Momentary!

Payments are due August 15th

\$100 per person, double occupancy
\$175 for single accommodations

For more information contact Daniel Curry at dcurry@phumc.com or Sandy Haden at (501) 502-9147.

Acolyte Training

Acolyte Training available from 4:00-5:00 PM on August 7th, 8th, & 9th and August 14th, 15th & 16th in the Sanctuary.

If you have any questions please feel free to email tteegarden@phumc.com.

