

Now that we are well into our fall programming and ministry opportunities, I wanted you to be aware of what we have achieved as a church so far in 2022. This has been a year of strong growth, not only in numbers of people returning, but also in new members, new programming, and staffing as well.

Because You Give, Pulaski Heights United Methodist Church can reach people literally across the world through technology. Our television and online audiences have grown significantly. We are also able to positively impact the lives of children, youth, and adults of all stages of life through meaningful mission and programming events.

Because You Give, we as a congregation paid off our debt in full last spring and continue to be able to create a variety of small groups through your support of our ministry budget.

Enclosed are several pages of accomplishments so far in 2022. Thank you for your on-going generosity in support of the work we do in the name of Christ. I hope reading the enclosed material makes you appreciate even more what we have done and will do Because You Give.

Blessings.

Dr. John Robbins

BECAUSE YOU GIVE...

to honor God through the mission and ministries of Pulaski Heights United Methodist Church in 2022....

Mission & Small Groups

- * We took part in the LRPD Backpack Drive, donating over 200 binders and highlighters.
- * We donated uniforms and backpacks of school supplies for Wakefield Elementary students in need.
- * We supplied hundreds of bags of food for families at Wakefield.
- * We have 25 tutors reading to students at Wakefield.
- * We supported our Afghan family through starting school and welcoming a new baby girl.
- * We have given out over 103,230 diapers through the Diaper Bank.
- * We launched two new Sunday school classes creating new spaces for young adult ministry and building intergenerational relationships.
- * We started four new small groups and helped over 60 people get plugged into the church in a new way.
- * The Judy Huddleston Strohm Food Pantry Ministry consistently distributed food to over 350 individuals from approximately 100 households and growing.
- * We have partnered with Potluck Food Rescue in North Little Rock to provide bread products and produce.
- * The PHUMC Food Pantry Ministry and Cancer Friends entered into a partnership with the UAMS Cancer Institute to prepare and distribute 30 bags to be used for those experiencing food insecurity and receiving cancer care at UAMS.
- * We reduced our dependency on the Arkansas Food Bank, and the associated cost, by instituting a new program where groups within our church (Sunday school classes, staff, United Methodist Women, choir, food pantry board and individual families) commit to donating 100 of a given item each month from our regular food pantry list. We have used the resulting savings for purchases such as meat, poultry, and special events (chili fixings, picnic supplies, and birthday boxes).
- * On November 16 we will have a second November distribution day in which PHUMC families "fill a bag" with the essentials for a Thanksgiving meal. The PHUMC Food Pantry Ministry will provide the choice of a small ham or turkey for that meal.
- * 40 to 50 active volunteers support the Food Pantry by stocking the shelves with donations, sorting/preparing items received from Potluck, bagging food and, in general, making the monthly distribution process go smoothly. Because of the generosity of our members, the balance in the PHUMC food pantry ministry fund has grown from \$42,100 to \$54,200 as of August 31.





Giving

- * We offered our employees excellent benefits.
- * We paid the church's bills and conference tithe in a timely manner.
- * We celebrated Juanita Daniels' retirement after 17 years of service.
- * We reduced payroll and tax reporting risk by engaging a third party payroll processor.
- * We increased in giving for the year, enabling us to increase ministries and missions.
- * From December 1, 2021 to Easter 2022, our debts were Paid in Full. We paid off \$955,373 of debt, leaving the church debt free.



* We launched The Roundtable, reaching a new audience of people online connecting them with the online ministries of our church.

* Planned fall events for PHUMC to have a continued presence in our local community.

- * We continued our Happening Hour community gatherings around the city, we now have over 50 young adults who have signed up to be a part of young adult ministries at PHUMC.
- * All who were part of the young adult small group from last year became members of the church and serve the church in some way beyond Young Adult Ministries.
- * We grew our small group of young adults from last year into three groups, with members from last year's group serving as co-leaders of groups this year.
- * Through our new follow-up system with guests, we welcomed new members both in person and via our digital and broadcast ministries into the life of the church.
- * For 10 weeks in a row from May to July, we welcomed new members.
- * The Pastor of Community Ministries worked to get new folks plugged into Sunday School Classes and follow ups.
- * We hosted the Connect Fair, getting people plugged in to serve in the life of PHUMC and making people aware of the ministries of our church relaunching following the pandemic.
- * We coordinated launching Wednesday Nights at Pulaski Heights in the Spring, and revamping of this ministry for the fall.
- * We launched "What We Believe", an Adult Confirmation Class written by Rev. McMurray, with over 20 adults attending to learn more about what we believe as United Methodists.

Connecting



- * We posted 1,000 unique social media posts.
- * We gained over 1,500 new followers on social media.
- Technology & Communications
- * We reached over 500,000 people on social media.
- * We sent over 350,000 emails this year, leading to over 12,000 clicks.
- * Over 66,000 people streamed our services on YouTube, Facebook, or listened to our podcast.
- * Over 50,000 text messages were sent as part of church communications.
- * We took photos for a new directory, coming soon.
- * We administered surveys to the staff and congregation to inform and solidify our brand.
- * We led the youth communications team and guided their efforts.
- * We created avenues for payment and online registration for events.
- * We hired a graphic design intern.
- * We took thousands of photos of the church in ministry.
- * We secured media appearances to extend the reach of PHUMC.
- * We created communication plans for big events including Trunk-or-Treat, Christmas Services, Easter, Night of Worship, Wednesday Nights @ Pulaski Heights, Vacation Bible School, and the Raney Series.
- * We supported all ministries of the church with communication efforts.
- * We provide four powerful worship experiences (2 classic and 2 modern) each Sunday at 9 am and 11 am.
- * We broadcasted the 9 AM classic worship service and live streamed 11 AM modern worship service each week.
- * We grew the Classic Worship Chancel Choir.
- * We recruited, equipped and trained audio/visual volunteers to serve.
- * We equipped our worship team with in-ear monitors and iPads to cut the cost of printing music each week.
- * We will be replacing the sanctuary piano with a Steinway concert level piano.
- * We maintained Wesley Hall equipment used for the Modern worship service.
- * We provided continuing education for staff at Church of the Resurrection's Leadership Institute in Leawood, Kansas.
- * We celebrated the retirement of James Maase and Stan Cox, and welcomed Dr. Frode Gundersen.
- * We created the phyouth Worship Team by recruiting and training students to lead worship for Sunday Night Youth gatherings. Year-to-date, we have worked with almost a dozen singers and musicians.
- * We purchased musical instruments for youth to use at Sunday Night Youth gatherings.
- * We directed the first annual Worship Camp for 8th-12th graders where students spent 3 days growing in their discipleship, bonding in community, and receiving hands-on training in music, A/V, and worship leadership.
- * We provided weekly worship at MidYouth gatherings on Wednesday nights.
- * We added a music component to Wednesday Night phkids programming.
- * We designed and made new sets throughout the year in Wesley Hall for Modern Worship.
- * We planned and provided special music and worship experiences for the Spring and Fall Night of Worship services.
- * We launched the first Modern Christmas Eve worship service.
- * We planned and provided worship for the Advent Service of Hope and Healing.
- * We developed Classic Worship Guides for guests who may be unfamiliar with liturgical worship.

Worship

- * We performed an overhaul of the Wesley Hall sound system to better support the Modern Worship services and other events.
- * We migrated our connection to KATV to newer 2022 technology.
- * Hosted 172,503 online views of PHUMC videos.
- * Our content was viewed for over 1,045,346 minutes online.
- * We produced 471 videos.
- * A 900 sq ft production studio was built and equipped for 4K multi-cam productions across multiple sets.
- * We launched the new video podcast series "The Roundtable: Discussions with Substance"
- * We produced multiple in-person and hybrid events for both outside groups as well as church ministries
- * We pulled over 10,000 ft of new cabling on campus to expand IT, production, and security capabilities. ¹
- * We installed 40+ new ultra-high definition security cameras in CLC to protect our children, staff, and facilities. ¹
- * We continued expansion of WiFi coverage across our campus to enable more efficient work by the staff and volunteers, as well as to support hybrid Sunday school classes. 1
- * We expanded our internet connections to increase access, improve reliability, and reduce costs.
- * A PHUMC Mobile App, Roku Channel, Apple TV App, and Amazon Fire TV app is being developed and will be released Fall of 2022.
- ¹ This work was done in-house by PHUMC IT staff at a substantial savings compared to hiring an outside company.

& Music

- * We planned and provided excellent music for the first Lessons & Carols service in Modern Worship.
- * We are offering a PHUMC Concert Series in 2023 and beyond.
- * We provided a live band for Vacation Bible School.
- * We provided worship visuals

and altar arrangements to enhance Sunday morning worship experiences.

- * We utilized Planning Center Services, an online scheduling and worship planning application; and Multitracks, a resource that provides our team with tracks for live performances used to enhance worship.
- * We create prayer stations during the entire season of Lent.
- * We planned and provided music for the Modern Ash Wednesday worship service.
- * We planned and provided music for the Maundy Thursday worship service.
- * We added an additional Easter service in Wesley Hall.
- * We created and produced new pew cards for classic and modern services.
- * We made improvements to the Adventures in the Arts program by implementing an online registration and payment option, creating a sign-in protocol for students who enter the building for lessons, and reducing the amount of door codes handed out to families and students.



* Weekly Sunday school lessons were provided for all ages.

* Babies born the previous year were celebrated in worship in January and given a special gift.

* We created Family Lent Activity Packs.

- * We held a Palm Sunday Parade for the first time in 3 years.
- * We hosted an Easter Egg Hunt with live animals and the Kinders.

* Children's Worship Activity Packets were provided each week.

- * Air Purifiers and spray disinfectant was purchased to provide clean air in children's classrooms.
- * Wednesday night children's programming and childcare was provided.
- * We held a family Vacation Bible School in the evenings the last week of June.
- * PHUMC hosted OMP 101 for 5th and 6th graders.
- * Back to school bag tags were handed out to children, youth, and educators to begin the school year blessed as a Child of God.
- * In-person Sunday school and childcare was available on Sunday mornings
- * We conducted Bible Bootcamp for 3rd graders.
- * Third graders received a Bible with their name inscribed.
- * A promotion Sunday Family Picnic celebrated children of all ages rising to their new grade.
- * Childcare was provided for special studies and events during the year.
- * Each baby born in our church family received a special cross and letter of love and support.
- * We planned Trunk or Treat to be held on October 30th for children and families.
- * Grade level Children and Family activities will take place this fall and on into 2023.
- * A Family Advent Party will take place at the beginning of Advent.
- * A Family Christmas Eve service with live animals will happen again this year.
- * Teachers and staff at Wakefield each received a \$25.00 gift card expressing thanks for a great vear.
- * Wakefield staff were served an appreciation lunch catered on the last day of school.
- * Back packs, uniforms, and school supplies were provided to over 500 children at Wakefield Elementary.
- * We offered Wednesday night MidYouth for 5th, 6th and 7th graders, averaging 70 on Wednesday nights.
- * MidYouth created and distributed over 500 care bags for the church to give the less fortunate.
- * Our 7th graders were involved in three state-wide events, Jr. High Assembly and Refuge, and Ozark Mission Project.
- * Our 5th and 6th graders had Central Arkansas Mission Project (C.A.M.P.) and Discovery Retreat to discuss the importance of Jesus in their lives and how to share the good news with others.
- * We took over 107 teenagers on service trips this summer.
- * We nurtured a strong 45-person adult volunteer team for both youth ministry areas heading into the school year.
- * We nurtured a strong youth leadership team of 24 students, taking the reins and leading and planning most of their programming for the school year.
- * We hosted our annual youth leadership team retreat at Mount Eagle.



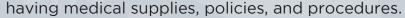
Children

* We made or ordered and consumed the following:

- 800+ Sandwiches
- 82 Pizzas

& Youth

- 250+ Hot dogs
- 94 Hamburgers
- 80+ Jugs of water and ice
- * We housed Ozark Mission Project College Staff.
- * We moved Director of Midyouth Ministries, Rod Hocott up to part-time from quarter time.
- * We contributed our youths' time and gifts to Vacation Bible School.
- * We witnessed youth read scripture and liturgy in both Classic and Modern Worship.
- * We had an evening of fellowship and trivia for 25 volunteers.
- * We sponsored donut breakfast and 40 volunteers at Miracle League mission day .
- * We purchase 20 Bibles for our youth department and gave 8 of them to youth who wanted or needed a new Bible.
- * We had 5 "Meet Up Thursday" group lunches open to youth during the summer.
- * We empowered 8 high schoolers to preach at youth group or youth events.
- * We confirmed over 50 young people this spring.
- * We sent 4 youth representatives to the District Council on Youth Ministry.
- * We had 3 youth were elected as representatives to the Arkansas Conference Council on Youth Ministries, including the Vice-Chair.
- * We launched our Sunday Service team model of Sunday School .
- * We provided Sunday morning breakfast for youth during the Sunday School hour.
- * We held our annual parent meeting as a hybrid meeting with the help of our technology department.
- * We hosted 42 youth basketball teams in our annual city-wide church basketball league.
- * We had a Bible Study for high school students every week this school year and summer.
- * Our 5th graders were successfully integrated into midyouth for the first time.
- * We had a big clean out of the youth lounge, youth offices, and kitchen.
- * We purchased new game equipment including dodge balls, frisbees, board games, pingpong balls, and more.
- * We created momentum and joy at our back to school bash at Urban Air.
- * We kept everyone safe this summer during trips by



- * We offered 2 "Wonderfully Made" affirming, comprehensive sex and puberty education classes for 5th Graders.
- * We met with 21 students, 34 parents, 4 college students, and 5 youth ministry colleagues for coffee or breakfast.
- * We experienced growth in Midyouth and Youth with an increase in average attendance by 20-30 students. We now serve an ecosystem of 130-140 which is up from 110 last year.
- * Our High School Bible Study has doubled in size to 20 students.
- * We celebrated 70+ seniors on senior Sunday.
- * We read to children at Project Transformation Arkansas in their inaugural year.
- * We collected over 500lbs of canned goods to support the Thanksgiving meal distribution at the PHUMC Food Pantry.
- * Youth volunteered to organize and clean areas for the children's ministry.
- * Youth volunteered at Our House non-profit in North Little Rock.
- * We attended the central district "LAUNCH" worship



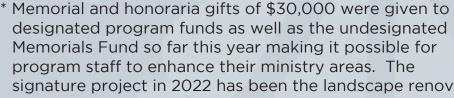
and fellowship event.

- * We sent a youth as a youth delegate to Annual Conference.
- * We replaced power tools for summer mission trips.
- * We traveled to Louisiana for a summer mission trip.
- * We took 8th-12th grade youth on a fall retreat at Shepherd of the Ozarks.
- * We helped lead and execute the Trunk or Treat event with over 1000 participants.
- * Our youth group provided the majority of the volunteers for children's Easter Egg hunt in PHUMC gym.
- * We had two students attend the Hendrix Youth Institute and are discerning a call to ministry.
- * We will be releasing the first youth t-shirts in over 3 years this fall.
- * We created a senior small group that meets once a month with high school seniors to talk about college and faith in their next phase of life.
- * We sent 27 "Finals Care Packages" to college students who are phyouth alumni during finals week.
- * We had two summer youth ministry interns.
- * We hosted the annual "bingo night" for Primetimers and youth to build intergenerational relationships while playing bingo together.
- * We hosted 3 guest speakers at youth group.
- * We formed youth social media team and have increased social media posts by 30%.
- * We entered into strategic partnership with First United Methodist Church youth ministry to host events together and share resources.
- * We hosted over 100 district youth on Super Bowl Sunday at War Memorial Stadium for lunch, games, and free time on the football field.
- * We took groups of students to both Senior High and Jr. High Assembly.
- * Our youth minister, Ellen Rowland, wrote and led the Hendrix Youth Institute small group for youth discerning calls to vocational ministry.
- * We purchased 3 study Bibles for seniors graduating from Bible Study.
- * Youth wrote 40 notes for Veterans on Veterans day.
- * Youth wrote 60 notes for home-bound members.
- * We used 100% in-house written curriculum and programming tailored for, and inspired by our students.



Caring Ministries

- * Cancer Friends support and quarterly leadership team meetings
- * Cancer Friends quarterly luncheons
- * Community Referrals
- * Couple Marriage Counseling
- * Community Assistance with Utilities, Food & Shelter
- * Daily Intercessory Prayers for PHUMC & the Community
- * Grief Committee Ministry
- * Grief Support In-Person: Walking the Mourners Path
- * Holy Communion Delivery
- * Hospital/Convalescent Follow-up
- * Intercessory Prayer Ministry
- * Joys/Concerns Shared Weekly
- * Mental Health and Substance Abuse Referrals
- * Nursing/Retirement/Assisted Living Ministry
- * Prayer Shawl/Blanket Ministry
- * Prison Ministry
- * Sunday Morning Transportation
- * TeleCare for Members and Community
- * Training and Equipping Laity for Support Groups
- * Virtual Pre-Marital Seminar Counseling
- * Started the following online support ministries
 - Cancer Companions Bible Study Ministry www.cancercompanions.org
 - Single & Parenting Support Ministry www.singleandparenting.org
 - Stephen Ministry Training www.stephenministry.org
 - Divorce Care Support Ministry www.divorcecare.org
 - Grief Share Support Ministry www.griefshare.org



signature project in 2022 has been the landscape renovation of the Peace Garden on Woodlawn Drive in front of the Norma Story Building. Created in 2011, the Peace Garden is anchored on the west end with a Peace Pole dedicated to the late Bishop Kenneth Hicks, 'Exemplary Peacemaker' at a ceremony in 2005. It is inscribed with "Let Peace Prevail" written in eight languages.

- * Scholarships awarded in 2022:
 - Stanley and Arminta Berry Music and Arts Scholarships \$10,500
 - Lorraine Cokenour Ministry Scholarships \$1,622
 - Jimmy Faulkner Basketball Scholarship \$1,000
 - Little Joe and the BKs Scholarship \$1,000
- * Restricted grants for "Ministry NOW" for a variety of program ministry needs \$139,500
- * Annual pledge to PHUMC operations \$80,000
- * Other spending for community missions, special offerings, and staff support \$72,000



Legacy

* Replaced ballasts in 38 fixtures

- * Routine bulb replacement of common areas and classrooms
- * Replace all HVAC filters quarterly
- * Check all AEDs monthly
- * Check all fire extinguishers monthly
- * Monthly elevator inspections
- * View all HVAC online daily to ensure areas are meeting set points
- * Replaced parts and repaired HVAC units in several classrooms
- * Painted 3 rooms in music area
- * Drywalled and painted room D367
- * Painted D272
- * Hung all Senior Pastor pictures on wall by Gathering Hall
- * Still unclogging main line several times for 3rd main women's restroom
- * Unclogging main line for CLC washer/D271 multiple times in parking deck
- * Put food/tables out on 1st Wednesday of each month for food pantry
- * Daily set-ups for events
- * Routine maintenance on HVAC
- * Upkeep of sprinkler system
- * Gas up vans weekly
- * Oil changes on vans
- * Pick up food for events
- * Installed baby proof outlet covers throughout CLC
- * Scrubbing, waxing, and shampooing floors
- * Routine parts ordering
- * Schedule and follow through with vendors for routine service and special projects
- * Replaced thermostat, door gasket, and charged fridge / freezer in youth area
- * Keep up with swipe cards, keys, alarm codes for employees, CLC employees, members, and AIA
- * Keep up with light timers for exterior lighting
- * Routine greasing of all pumps and motors
- * Sealing niches in columbarium after funerals
- * Replaced coil in HVAC in D387
- * Repaired leak in chiller
- * Purchased and installed new white board in M224 and C135
- * Repaired leak, replaced 3 fan motors, main circuit board, and heat exchanger on Gym North unit
- * Daily work orders
- * Painted all yellow poles on Woodlawn parking lots
- * Installed wall mounted fan in old Food Pantry
- * Installed door vent on Guatemala room to help circulation
- * Replaced mounting clips and track on gym men's restroom
- * Replaced light timer for Lee Street lights
- * Relocated Wesley Hall safe and bolted to concrete
- * Relocated some racks/books from Library to M328 and took all other books to Goodwill
- * Removed old caulk and re-caulked section of precast above skybridge that was causing a leak.





* The monthly Primetimers and Friends luncheons featured our newest clergy and youth staff as well as community entertainers such as Chuck Dovish, of "Exploring Arkansas".

Older Adult Ministries

- * In lieu of traveling to Branson to the Sight and Sound
 Theatre, we started a bi-monthly Movie Day featuring Sight
 and Sound productions of "Noah", "The Story of Ruth" and "Jesus". 25 members and
 guests enjoyed the entertainment and POPCORN!
- * We hosted an AARP Driver Safety Course which provided a refresher for twenty-one persons age 55+. Many carriers offer vehicle insurance discounts to those completing the course.
- * Helping Hands Adult Respite Care program has returned and grown to 12 14 clients each week offering seated exercises, devotional, music both sing-along time as well as entertainment, a nutritious lunch, and occasional visits by therapy dogs.
- * Family Caregiver Training Workshops for Dementia and Alzheimer's will be offered twice this Fall for our Helping Hands families, volunteers, and PHUMC caregivers.
- * Memory Loss Caregiver Support groups meet twice monthly which offer another venue for learning and sharing experiences associated with dementia-related illnesses.
- * Zumba Gold and Tai Chi are on-going classes which offer seniors an opportunity for fellowship while getting some exercise.
- * A Matter of Balance class assists participants in developing strategies for managing falls and increasing activity levels.
- * Senior Ministries hosted a community-wide Disaster Preparedness Event for Seniors including presentations from the Red Cross, Pulaski County Sheriff's Office, MEMS, and UAMS, as well as CPR and Stop the Bleed training, blood pressure and blood sugars screens, and information on preparing your emergency disaster kit for your family and pets.

Service Beyond PHUMC

- * Rev. McMurray serves as Worship Chair for the Arkansas Annual Conference of the United Methodist Church
- * Rev. McMurray won the Denman Award for Evangelism for the Arkansas Annual Conference
- * Rev. McMurray served as Co-chair for Arkansas Clergywomen
- * Rev. McMurray participated in Advancing Pastoral Leadership as one of two Arkansas clergy selected for the 10th APL Cohort
- * Rev. McMurray served on the board for Ozark Mission Project
- * Rev. Clark served as Chair of the Board of Church and Society
- * Rev. Clark, Ellen Roland, and Patrick Shownes serve on the Conference Council on Youth Ministries with several youth from PHUMC in leadership
- * Rev. Clark serves on Interfaith Arkansas
- * Dr. Robbins serves on the Hendrix Board of Trustees
- * Dr. Hampton serves on the Arkansas Episcopacy Committee
- * Rev. Clark served on the UA-Little Rock Wesley Board
- * Dr. Robbins serves on the Board of the Arkansas Symphony
- * Rev. Clark serves in leadership with Arkansans Staying United
- * Many from our staff have resourced United Methodists around Arkansas (and beyond)
- * Provided music, tech support, and communication for Arkansas Conference and Jurisdictional events
- * Rev. Clark participates in an Executive Pastor Cohort with others from around the UM connection
- * All of your clergy and many program staff have offered prayer at several community events
- * Dr. Robbins serves on the UAMS Psychiatric Research Institute Advisory Board

Pulaski Heights United Methodist Church 4823 Woodlawn Dr. Little Rock, Arkansas 72205

Return Service Requested

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