

THE TOWER NEWSLETTER

VOLUME 166. NUMBER 3

LOVE GOD. LOVE NEIGHBOR. CHANGE THE WORLD

JANUARY 31, 2020

NEW SERMON SERIES FOR FEBRUARY!



Change is an unavoidable part of life.

Facing change by letting go of the familiar and leaning into the future can be scary. We can feel like we're in the wilderness and unmoored from the familiar and comfortable. Seldom do we think of managing change and life transition as spiritual work. Yet Jesus followers are invited to be deeply transformed, not merely tweaked.

Using the story of Moses and the Israelites, we'll look closely at how we must first "let go," and then take a leap of faith if we expect to maneuver changes. The Israelites' journey from enslaved people to freedom wasn't a straight line: they had to go the roundabout way through the wilderness. And when we're in the wilderness, that's when we're most tempted to turn back. That's when the fears kick in. That's also when we need to let God lead us toward courage.

Learn how we can move beyond our anxieties toward the Promised Land of new life, a healthy faith, and a hope-filled future with God. Join us for our February sermon series, *Let Go*, based on the book, *Let Go*, by Matt Miofsky.

WORSHIP WITH US

Jan. 31/Feb.2

THIS WEEK'S SERMON Letting Go for the Leap of Faith

Scripture: Exodus 14:5-6, 10-16



Worship Services

Friday, January 31, 6 p.m. - Sanctuary · Rev. Andrea' Cummings

Sunday, February 2, 9 & 11 a.m.

Sanctuary · Rev. Britt Skarda

New Heights · Rev. Betsy Singleton Snyder

Sun., Feb. 2, 9:30 a.m. - St. Luke Campus · Rev. Andrea' Cummings

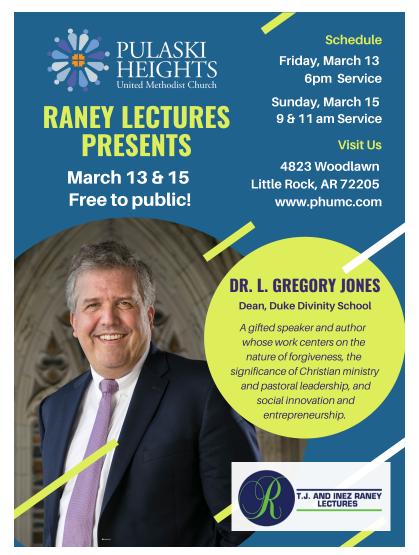


Cost of dinner is \$10. Please call the church to RSVP!

BABY CELEBRATION SUNDAY 2020 GROUP PHOTOS









DO YOU KNIT OR CROCHET?

The prayer shawl team is looking for new people to knit or crochet. Come join us on the second Wednesday of each month at 9:30 in room C237.

Bring your hooks or needles and we furnish the yarn. We can teach you how or help you remember your skill! We would love for you to be a part of this wonderful ministry. You can contact Linda Todd or Jeff Hampton for more details.

Join Us for Lunch Bunch



If your family is experiencing the challenges of memory loss, you might enjoy conversation and fellowship with others in the Lunch Bunch. We share lunch (bring your own – sometimes we trade with each other), laughter and fun activities on the second and fourth Wednesdays each month from 11:00 – 12:30 in the Parlor. Drinks and dessert are always provided. Our facilitator is Priscilla Pittman, MSW, MA and former

Program Director for Alzheimer's Arkansas.

This program is for those persons experiencing memory loss and their family members. Please contact Bev Villines at 664-3600 for additional information.



PHUMC DIAPER DRIVE

The PHUMC Children's ministry encourages you to bring money or diapers every Sunday in February so that families who can't afford diapers get help. Our 4th grade Sunday school boys and girls are leading a diaper drive competition and invite all to participate. The contest will wrap up on Sun., Feb. 23.

Diaper donations can also be shipped to the church at 4823 Woodlawn Drive, Little Rock, AR 72205 from Amazon or other online stores at anytime.



COMING UP @ PHUMC



GENEALOGY 101 ON THE ROAD

February 6 at 10:00 a.m. Butler Center

Do you want to find out more about your heritage and history? Join our group next month at the Butler Center in the River Market District. Parking available in the Central Arkansas Library lot.



UMW CALL TO PRAYER AND SELF-DENIAL SERVICE

Monday, February 10 11:45 a.m. in the Parlor

A soup lunch will be provided by the Circle of Hope and the Ernestine McKinney Circle will present the program – "We Rise: Meeting God's Call to Transform Communities". ALL PHUMC women are invited to attend. In order to plan for enough soup, please call 664-3600 to make your reservation by Feb. 6.

LITTLE ROCK HOPE CAREGIVER WORKSHOP

Friday, March 13 Registration: 8 a.m. Workshop: 8:45 a.m. to 3:30 p.m. Greek Orthodox Church 1100 Napa Valley Dr., Little Rock

Topics include senior law advice, balance and fall prevention, an update on research and prevention, and skills to better communicate with your loved one. Call Bev Villines for registration information.

SUNDAY SCHOOL CLASSES

Pulaski Heights United Methodist Church 4823 Woodlawn Little Rock, Arkansas 72205

NONPROFIT
ORGANIZATION
U.S. POSTAGE
PAID
PERMIT #738
LITTLE ROCK, AR

10:10-10:50 am

All Things Considered, M314 (all ages)
Argue Named for Dr. Argue M318 (ages 45+)
Beatitudes, M316 (ages 30-45+)
Coffee Talk, M313 (women all ages)
Deeper Connections, D371 (ages 20s-30s)
Drop-In Class, Wesley Hall
Fathomers, C235 (ages 55+)
Foundations, C236 (couples ages 20s-40s)
GJ.F.T. Class, M308 (all ages)
Journey, D366 (ages 20s-40s)
Koinonia Dialogue, C135 (ages 50+)
Newton Good News, M101 (ages 50+)
Pairs and Spares, D277 East

Early Christian Awareness (ECA) Infants/ Toddlers, Norma Story Children's Building **Preschool Lions** (ages 2-3), **Tigers** (ages 3-4), **Bears** (ages 4-5)

Grades K-3, Rotation Sunday School **4th Grade**-Bible Adventures

5th Grade-Bible Study

Pop-Up Class, M304 (all ages) **Roundtable**, M312 (ages 50+) **Tower**, C237 (ages 40+)

Turning Point, M311 (Young adults) **Wesley** M320 (all ages, Reconciling)

Grades 6-12, phyouth Sunday School

(All youth meet at 10 a.m. in the phyouth Assembly Area.)



@pulaskihe ight sun it ed method is tchurch



youtube.com/pulaskiheightsumc



Twitter: @pulaskiheights



agstlukecampus

Contact Information

Website: www.phumc.com • (501) 664-3600 Fax: 664-4835 • Email: phumc@phumc.com

Church Office Hours: Monday - Friday, 8:30 a.m. - 4:30 p.m.

The church is also available seven days a week, beyond regular office hours, for special events or meetings.

St. Luke Campus I 6401 W. 32nd St. I Little Rock

ANNOUNCEMENTS!

BECOME A FELLOWSHIP FOOD SPONSOR. PHUMC needs sponsors for breakfast snacks on Sunday mornings for 2020! If you, your family, or church group or class would like to sponsor please send inquiries to Stacey Hightower at shightower@phumc.com.

MINISTRY OF PILGRIMAGE will sponsor a journey of faith to the Holy Land (w/possible extension to Jordan), January 20-28, 2021. Contact Rev. Jay Clark at jclark@phumc.com for more information.

LUCIE'S PLACE GRAND OPENING. Please join us for the ribbon cutting and open house for Lucie's Place's new drop-in center and open house on February 10. The new drop-in center is located at 307 West 7th street in downtown Little Rock and will support the LGBTQ community. There will be a ribbon cutting ceremony at 3:30pm.

RAGTIME AT ARGENTA COMMUNITY THEATER. Feb. 19-29. Argenta Community Theater's 10th Anniversary production of RAGTIME is less than a month away! You won't want to miss this distinctly American epic, starring some of the finest actors in Central Arkansas, Featuring PHUMC members, Kayren Baker, LaSheena Gordon, and Karen & Jay Clark!! Contact the Theater at (501) 353-1443 for ticket information. Parental discretion is advised.

SANCTUARY FLOWERS. We have several available dates for flowers in the sanctuary. If you are looking to honor a loved one or dedicate flowers in memory of someone, Please contact Mary Smith. Available dates: **March 1**, **8**, **15**, **and 29**, **April 19**, **May 3**, **24**, **and 31**, **June 7**, **and 28**.

GET THE SCOOP ON UPCOMING EVENTS & OPPORTUNITIES FOR FELLOWSHIP

JOYS AND CONCERNS

OUR CHRISTIAN SYMPATHY IS EXTENDED

to the family and friends of Ellen Arlene Rogers Minor in her recent death; to Leanna Wall and family in the death of her father, Gary Dye; to the family and friends of Lewis Sanders Rauton in his recent death; to Tammy and Richard Thompson and family in the death of their daughter, Carmen Alexandria "Allie" Thompson; to Angie Johnson and family in the death of her grandmother, Virginia Staley; to Jeanne McDaniel and family in the death of her son, James Lee McDaniel; to Pat Crane and family in the death of her brother, Jack Gammill; And to Richard Knoll and family in the death of his brother, John Knoll.

WE REJOICE IN THE BIRTH of Georgia Elizabeth Teegarden, child of Jessie and Trenton Teegarden.

WE REJOICE IN THE BAPTISM of Evelyn Catherine and Mary Harmon Dickinson, children of Anna and Thomas Dickinson