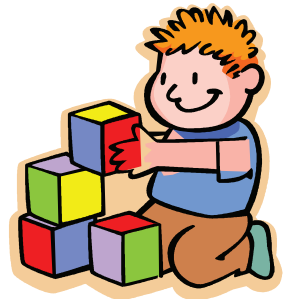


## PEEPS Program

PEEPS, Pulaski Heights UMC Evening Excursion for Parents of children with Special Needs, is a respite program for parents of children with special needs and their siblings. Parents are able to enjoy an evening out while their children are cared for in a safe and nurturing environment. PEEPS has a 1:1 ratio of volunteers to special needs children. The same 1:1 ratio is set for their siblings to ensure equal attention for them. Children rotate through activities such as crafts, story time, and cooking as well as enjoy large-group free play time with movies and karaoke! Trained volunteers will be on-site.



The next PEEPS event will be held **Saturday, March 3, from 5 - 8 pm in the Children's Building.** Parents of children with special needs, this is your night! Enjoy an evening off while your children have fun! Children will be accepted on a first come, first-served basis.

The PEEPS Program is also recruiting volunteers! Do you love working with children? Do you have a special place in your heart for children with special needs? If so, we need YOU! Training is available the day of the event. Prior experience in working with children with special needs is not required.

Volunteers are needed for a variety of roles including being a buddy to a special needs child or sibling, helping with crafts, reading stories, assisting with movies, and more!

Please contact Lindsay Van Parys at [izzydiane@gmail.com](mailto:izzydiane@gmail.com) or 515-8877 for an application or to volunteer. The application deadline Sunday, February 25.

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## A Story of Faith

Robyn and Tommy Van Zandt will share their story of faith during the Sanctuary worship services on Sunday, February 25. Nine years ago, Tommy fell from a ladder and sustained a severe spinal cord injury. Paralyzed from the neck down, Tommy, his wife, Robyn, and family, with God's help, have turned tragedy into triumph. Tommy's brother-in-law, Mark Saviers, has written a book *Flipped*, which tells the story of how God helped Tommy survive and then thrive, while also working in and through the lives of Tommy's family and friends.

When you read *Flipped*, you will learn:

- How to trust God in the most uncertain and difficult circumstances.
- How to experience the blessing of surrendering to God rather than fighting for the illusion of control.
- How to overcome feeling "chained" by the effects of a disability or illness in your life or the life of a loved one.

Go to [flippedstory.com](http://flippedstory.com) to learn more about the book and this remarkable, inspiring story.

## Worship Services

**Sermon Series: The Call: Paul's Journey from Darkness to Light**

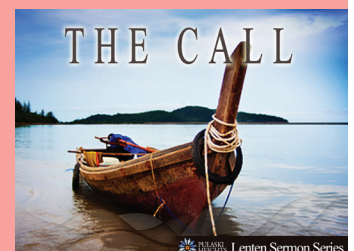
*Called to Follow* • Acts 9:1-9


**Friday, February 16, 6 pm - Sanctuary • Rev. Belinda Price**

**Sunday, February 18, 9 & 11 am - Sanctuary • Rev. Belinda Price  
(9 am service is broadcast Sunday on KATV, Channel 7 at 10:30 am)**

**Sunday, February 18, 9 & 11 am - New Heights • Rev. Britt Skarda**

**Sunday, February 18, 9:30 am - St. Luke Campus • Rev. Jay Clark**



**TALK VES LIVES**

**SUNDAY, FEBRUARY 18**  
**5:30 PM, WESLEY HALL**

Come and be a part of a community based presentation that covers the general scope of suicide, the research on prevention, and what people can do to fight suicide.

**POP UP**  
**SUNDAY SCHOOL**

**FEBRUARY 18, 25**  
**and MARCH 4**  
**10:10 AM, M304**

The class will discuss the book *Gilead: A Novel* by Marilynne Robinson. Drop-ins welcome!  
Contact Rod Lorenzen,  
lorenzenco@yahoo.com for questions.


**Primetimers and Friends Luncheon and Program**



Thursday, February 22 • 11:30 am  
St. Luke Campus • 6401 W. 32nd St.  
featuring  
**Dr. J.W. "Bill" Wiggins, Curator**  
The Sequoyah Center  
An extensive collection of  
Native American Artifacts

Vans will leave from the lower parking deck at **11 am** and return to the PHUMC Campus after touring the Sequoyah Center —around 2 pm



 **PULASKI HEIGHTS**  
United Methodist Church  
is excited to present  
**Keith Lawrence**

**Your Retirement Quest Workshop**  
May be perfect for you! Ages 40 & over

**Saturday, March 10**  
**8:30 am - Noon**  
Pulaski Heights United Methodist Church  
4823 Woodlawn • Little Rock, Arkansas 72205

- Learn from successful retirees about what is crucial to having a rich, full life in retirement
- Break away from five myths that get in the way of living the life of your dreams
- Assess your current state of preparedness for a fulfilling retirement

Ready to prepare for your future? Then Sign up NOW! Attendance is limited.

Registration Fee: \$25 single or \$40 couple (breakfast and materials included)

Register at [phumc.com/yrq](http://phumc.com/yrq) or at the PHUMC Welcome Center. For more information, call 664-3600. Childcare available by reservation.

Registration and payment deadline is Monday, March 5.

**PULASKI HEIGHTS UNITED METHODIST CHURCH LENTEN AND EASTER EVENTS /SERVICES**

**"MASS IN G" by Franz Schubert • SUNDAY, MARCH 4**  
**9 & 11 AM** • Chancel Choir, Soloists, Strings and Organ - Sanctuary

**PALM/PASSION WEEKEND • MARCH 23-25 • RANEY LECTURES**  
**FRIDAY, MARCH 23 — 6 PM** • Worship in the Sanctuary  
**SATURDAY, MARCH 24 — NOON** • Raney Lectures Workshop/Luncheon - Great Hall  
**SUNDAY, MARCH 25 — 10:10 - 10:50 AM** • PHkids Palm Sunday Re-enactment  
**9 & 11 AM** • Sanctuary & New Heights Worship  
**9:30 AM** • St. Luke Campus Worship

**MAUNDY THURSDAY • MARCH 29**  
**NOON** — Sanctuary (30-minute worship service followed by a light lunch - childcare available)  
**5:30 - 6:30 PM** — St. Luke Campus Fellowship Hall (community meal and Communion service)  
Special Communion services in memory of Jesus' Last Supper with His disciples

**GOOD FRIDAY • MARCH 30 • NOON & 6 PM • SANCTUARY**  
"Stations of the Cross" - A service which depicts the final hours of Jesus' life (childcare available)

**EASTER EGG HUNT • SATURDAY, MARCH 31 • ALLSOPP PARK, 3700 CEDAR HILL RD**  
**10:30 AM**, Kindersongs Concert • **11 AM**, Hunt begins  
Mission: Bring snack food items for the PHUMC Food Pantry  
Fun for children 5th grade and younger. In case of rain, location will be in the Great Hall.

**EASTER SUNDAY WORSHIP • APRIL 1** (Services will be broadcast on KATV Channel 7 at 7 & 10:30 am)  
**7 AM** • EASTER SUNRISE SERVICE • FIRST SECURITY AMPHITHEATRE  
**8:30, 9:45 & 11 AM** • SANCTUARY & NEW HEIGHTS WORSHIP  
**9:30 AM** • ST. LUKE CAMPUS WORSHIP

**LOVE HEALS**

**Becca Stevens**  
Episcopal Priest,  
Author, & Founder  
of Thistle Farms

Thistle Farms is a community of women who have survived trafficking, prostitution & addiction. Becca has been featured in the NY Times, ABC World News, NPR & PBS. She was a 2016 CNN Hero, a White House "Champion of Change" and the 2017 U of A Commencement Speaker.

**Saturday, April 7th**  
A "You Go, Girl" Lunch & Lecture for Women  
Great Hall @ Noon

**Sunday, April 8th**  
Guest Preacher  
PHUMC Sanctuary @ 9 and 11 am

Purchase Tickets Online @ [phumc.com/becca](http://phumc.com/becca)

Sponsored by the PHUMC Foundation  
Pulaski Heights United Methodist Church • 4823 Woodlawn



## Membership Matters

Are you interested in **knowing more** about PHUMC or becoming a **member**? If your answer is **yes**, **PHUMC Membership Matters Class** is just for **YOU!**

Join us **Sunday, February 25**, from **noon to 2 pm** in the **Parlor** for lunch, fellowship and learning more about PHUMC! Sign up by emailing [vlewis@phumc.com](mailto:vlewis@phumc.com) or by calling 664-3600. Childcare is available.

## BOOK STUDY



Sundays, March 4 - April 15 • 4 - 5:30 pm • C237  
Facilitated by Bev Villines and Karen Skarda

Sign up by Connect Card, at the Welcome Center or Connect Point



## Parenting Classes

### MOMS DEMAND ACTION: BE SMART

Tuesday, February 27 • 5:30-6:30 pm

### PREVENTING POWER STRUGGLES

Wednesday, March 14 • 5-8 pm

### BULLY PREVENTION

Wednesday, April 11 • 5-8 pm

### SETTING LIMITS WITHOUT GUILT

Wednesday, May 9 • 5-8 pm

### 10 STEPS TO POSITIVE DISCIPLINE

Tuesdays • September 4, 11, 18, and 25  
5:30-7:30 pm

All classes will be held in D371.

Register at [phumc.com/parenting](http://phumc.com/parenting), by Connect Card, at the Welcome Center or Connect Point.

## CRITICAL MASS!


### A Lenten Invitation from Your Senior Pastor

With the launch of our new St. Luke Children's Learning Center, we're off to a grand start at our second campus, located in Broadmoor. Now is the time to move to the next phase—offering vital worship. Yes, while Jesus said, "Where two or three gather in my name, there am I also," there is something powerful about coming together en masse to worship the living God. As your senior pastor, I invite you to do more than simply give up something for Lent. I invite you to prayerfully consider spending the entire Lenten season worshipping at St. Luke. Your presence will make a strong statement to the community that we are there to make a difference. Worship services in St. Luke's beautiful midcentury modern sanctuary begin every Sunday at 9:30 am with childcare provided.

Do something positive this Lenten season by contacting Rev. Jeremy Pressgrove at 733-3981 or [jpressgrove@phumc.com](mailto:jpressgrove@phumc.com) and letting him know you plan to join our St. Luke community in prayer and praise beginning Sunday, February 18.

God's peace,

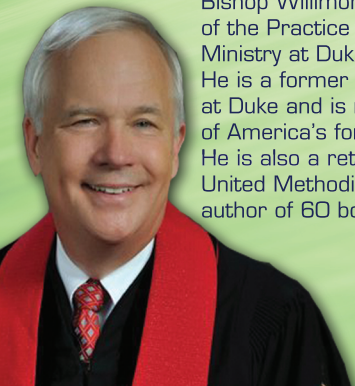
**Britt Skarda**  
Senior Pastor



## T.J. AND INEZ RANEY LECTURES

featuring

# Bishop William Willimon



Bishop Willimon is the professor of the Practice of Christian Ministry at Duke Divinity School. He is a former dean of the chapel at Duke and is regarded as one of America's foremost preachers. He is also a retired bishop in the United Methodist Church and the author of 60 books.

## PALM & PASSION WEEKEND

# MARCH 23-25

Pulaski Heights  
United Methodist Church

### Friday, March 23

Worship Service

"Thank God It's Friday"

6 pm - Sanctuary

Book signing and reception in the Gathering Hall following worship

### Saturday, March 24

Workshop and Luncheon

"Challenges of Preaching the Cross in a World that Wants to Make God Great Again"

Noon - Great Hall

Book signing in the Great Hall

### Sunday, March 25

Worship Services

9 & 11 am - Sanctuary

Simulcast in New Heights

9 am - "Which Parade?"

11 am - "Getting Ready for Jesus"

Book signing in the Welcome Center

10:10-10:50 am

## HILLCREST LENTEN SERVICES 2018

DATE	LOCATION	SPEAKER
February 16	PH Presbyterian	Rev. Scot Crenshaw
February 23	PH Christian	Rev. Jay Clark
March 2	PHUMC	Fr. John Marconi
March 9	PH Baptist	Rev. Britt Skarda
March 16	Holy Souls	Rev. Lynn Worthen
March 23	PH Baptist	Rev. Ruskin Falls

All services are 30 minutes at participating churches on Fridays at noon, followed by a light lunch. Make plans to join us as we unite during the Lenten season!

## EASTER FLOWERS

Colorful flowers will be purchased for Sanctuary and New Heights Worship services to celebrate the resurrection of Christ. To honor or memorialize a loved one (\$15), go to [phumc.com/easterflowers](http://phumc.com/easterflowers) or sign up by Connect Card. Names received by Friday, March 16, will be listed in the Easter bulletin. Make your check payable to PHUMC-Easter Flowers.

# PRAYER REQUESTS

**DEATHS:** Our Christian sympathy is extended to Carey Smith and family in the death of his mother, Judith Parker.

**WE REJOICE IN THE BIRTH OF** Lane Schell Grummer, child of Cory and Jacob Grummer and great-grandchild of Joann and Garth Martin; and David Aaron Mann, Jr., child of David Mann and Misty Goldman and grandchild of Karon and Bill Mann.

**OUR CONGRATULATIONS** to Sara Beth Edwards and Eric Engler on their recent marriage.

**Who Cares? We Do! In-Touch Ministry**  
Report Joys/Concerns  
Hospitalizations, Surgeries, Deaths,  
Births, Prayer Requests, Etc.

Call church office: (501) 664-3600  
Text: (501) 529-0323  
Email: phumc@phumc.com  
Connect Card: Complete in worship

**Parent's Night Out** FRIDAY, FEBRUARY 23  
6 - 9 PM  
CHILDREN'S BUILDING

Pre-registration required.  
Cost: \$20 per child or \$40 for families with  
three or more children.  
Call 666-5683 for more information.  
(Ages 6 weeks - 5th grade)

## WEEKLY OPPORTUNITIES

### SUNDAY

Baptism Orientation (Sanctuary) 10:10 - 10:50 am (1st Sun.)

### MONDAY

Midday Prayer (Chapel) 11 am - noon  
PHkids Open Gym \* (Great Hall) 11 am - 2 pm  
Fit4Mom Fitness (C236) 5:45 pm

### TUESDAY

Helping Hands (Wesley Hall) 9:30 am - 2:30 pm  
Memory Loss Caregivers (C135) 1-2 pm (3rd Tues.)  
Zumba Gold (Great Hall) 2 - 2:45 pm  
Memory Loss Caregivers (C135) 5:30 - 6:30 pm (2nd Tues.)  
Yoga (C236) 5:30 - 7 pm

### WEDNESDAY

Labyrinth (Wesley Hall) 8 am - 8 pm  
Al Anon (C237) 5:30 - 6:30 pm  
Chancel Choir Rehearsal (M110) 6:30 - 7:30 pm

### THURSDAY

Primetimers Luncheon (Parlor) 11:30 am - 1 pm (4th Thurs.)  
Zumba Gold (Great Hall) 2 - 2:45 pm  
Food Pantry & Community Meals (St. Luke Campus) 5 - 7 pm  
Men's Al Anon (C237) 7:30 - 8:30 pm

### FRIDAY

PHUMC Book Club (C239) 7 - 8 am  
PHkids Open Gym \* (Great Hall) 3 - 6 pm  
Parents' Night Out (Children's Building) 6 - 9 pm (4th Fri.)

### SATURDAY

Youth Basketball League (Great Hall) 8 am - 10 pm  
The Chapel is available Mon. - Fri., 8 am - 6 pm for personal prayer time.

\*PHkids Open Gym is subject to change if other activities are scheduled.

**Pulaski Heights United Methodist Church**  
4823 Woodlawn  
Little Rock, Arkansas 72205

NONPROFIT  
ORGANIZATION  
U.S. POSTAGE  
PAID  
PERMIT #738  
LITTLE ROCK, AR

### Contact Information

Website: www.phumc.com  
(501) 664-3600 Fax: (501) 664-4835  
Email: phumc@phumc.com  
Church Office Hours:  
Monday - Friday, 8:30 am - 4:30 pm



Watch us on YouTube!!  
youtube.com/pulaskiheightsumc



@pulaskiheightsunitedmethodistchurch



Twitter: @pulaskiheights  
Instagram: @phumchillcrest



## Sunday School - 10:10 am, Get Connected!

All Things Considered, M314 (all ages)  
Argue Named for Dr. James Argue reconciling, M318 (ages 45+) "The Faith of a Mockingbird"  
Beatitudes, M316 (ages 30-45+)  
Bible Study, C239 (all ages) "Genesis," Tim Fox  
Coffee Talk, M313 (women all ages)  
Deeper Connections, D371 (ages 20s-30s)  
Fathomers, C235 (ages 55+) "Alzheimers' Discussion," Priscilla Pitman  
Foundations, C236 (couples ages 20s-40s)  
Journey, D366 (ages 20s-40s)  
Koinonia Dialogue, C135 (ages 50+) "Love Heals," Bitsi Bonner  
Newton Good News, M101 (ages 50+) "The Parables of Paul"  
G.I.F.T. Class, M308 (all ages)  
Pairs and Spares, D277 East (young couples/singles)  
Pop-Up Class, M304 (all ages)  
Roundtable, M312 (ages 50+) "A Disciplined Faith," André Rollefson  
Tower, C237 (ages 40+) "Epic of Eden: Ruth," Harold Beckwith  
Wesley reconciling, M320 All are welcome. Please come share your views. "Morgan Freeman"

(All youth meet at 10 am in the phyouth Assembly Area)

Agape Class, D385 Youth with Special Needs, Carol Blann  
12th Grade, D368 Youth Bible Study, Leslie & Tim Taylor  
Grades 9th-11th, D379 Youth Bible Study  
Grades 7th-8th, D377 Youth Bible Study  
Confirmation, 6th Grade, phyouth Assembly Area, Rev. Jay Clark  
Early Christian Awareness (ECA) Infants/Toddlers, Norma Story Children's Building  
February Lessons: Family - Fisher-Price Little People, Snowflakes, Motions  
Preschool Lions (ages 2-3), Tigers (ages 3-4), Bears (ages 4-5) "Jesus Calms the Storm"  
Grades K-4th, Rotation Sunday School  
5th Grade, Bible Study

Malone Phone Class: Sundays at 3 pm by phone at home

M=Main Building  
C=Christian Life Center (Great Hall)  
D=Disciple Center (Wesley Hall, Youth)  
S=Norma Story Children's Building

**Fellowship Stations for Coffee & Refreshments**  
Sundays from 8 - 11 am | Gathering Hall & Wesley Hall Lobby