



PULASKI
HEIGHTS
United Methodist Church

THE TOWER NEWSLETTER

Volume 163, Number 41

Love God, Love Neighbor, Change the World

February 11, 2018

LENTEN SPECIAL EDITION

Lent 2018: Prayer, Fasting and Almsgiving

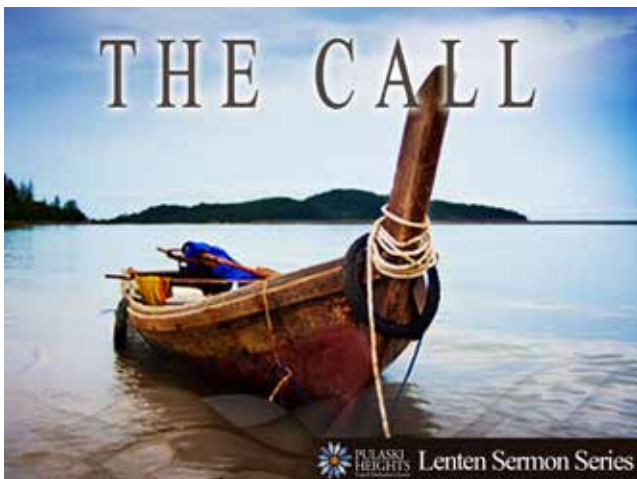
The forty days of Lent call all of us to follow Jesus into the wilderness by engaging in the three traditional Lenten practices of prayer, fasting, and almsgiving. Prayer is engaging in intimate conversation with God, fasting allows God to fill our deepest spiritual hunger, and almsgiving affords us the blessing of providing for the material needs of Christ's body, the Church. This edition of the Tower offers a wonderful road map for making this annual journey to the cross more meaningful through worship, study and mission at Pulaski Heights United Methodist Church. Please take advantage of these offerings.



Let me share with you one opportunity for almsgiving. Through the generosity of an anonymous donor, a \$100,000 matching gift has been gifted to our congregation to create an Emergency Reserve Fund for occasional operating budget needs at Pulaski Heights UMC. With the dramatic growth of our church, including the addition of a second campus, this is a major need in terms of maintaining a strong foundation for present and future generations. Even before this column goes to print, a \$5,000 contribution has been received by our finance office. Your gifts may be designated to PHUMC, earmarked Emergency Reserve Fund, and sent to our finance office.

Thank you for being faithful to Jesus through your prayers, fasting, and almsgiving.

Britt Skarda
Senior Pastor



The Call: Paul's Journey from Darkness to Light

What would lead a first-century rabbi to travel for thousands of miles, by sea and land, only to be beaten, imprisoned, shipwrecked, snakebit, and ultimately beheaded for his faith? It was a call that turned Saul's life upside down, and created the man whose influence on Christianity was second only to Jesus. Join us and explore the amazing call of the Apostle Paul.

February 16 & 18 — *Called to Follow*

February 23 & 25 — *Called to Go*

March 2 & 4 — *Called to Suffer*

March 9 & 11 — *Called to Love*

March 16 & 18 — *Called to Give*

March 23 - 25 — *Raney Lectures*

March 30 & April 1 — *Called to Resurrection*

Worship Services

Sermon Series: Gonna Lay My Burdens Down: Overcoming the Stigma of Mental Health

Grief: The Shadow of Loss • Luke 7:11-17

Friday, February 9, 6 pm - Sanctuary • **Rev. Britt Skarda**

Sunday, February 11, 9 & 11 am - Sanctuary • **Rev. Britt Skarda**

(9 am service is broadcast Sunday on KATV, Channel 7 at 10:30 am)

Sunday, February 11, 9 & 11 am - New Heights • **Rev. Betsy Singleton Snyder**

Sunday, February 11, 9:30 am - St. Luke Campus • **Rev. Jeremy Pressgrove**

PULASKI HEIGHTS UNITED METHODIST CHURCH LENTEN AND EASTER EVENTS /SERVICES

ASH WEDNESDAY • FEBRUARY 14

7 - 8 AM, IMPOSITION OF ASHES

NOON & 6 PM, WORSHIP SERVICES WITH IMPOSITION OF ASHES — SANCTUARY
(Childcare available at the noon and 6 pm services)

"MASS IN G" by Franz Schubert • SUNDAY • MARCH 4

9 & 11 AM • Chancel Choir, Soloists, Strings and Organ — SANCTUARY

PALM/PASSION WEEKEND • MARCH 23-25 • RANEY LECTURES

FRIDAY, MARCH 23 — 6 PM • WORSHIP — SANCTUARY

SATURDAY, MARCH 24 — RANEY LECTURES WORKSHOP AND LUNCHEON — GREAT HALL • TIME - TBA

SUNDAY, MARCH 25 — 10:10 - 10:50 AM • PHKIDS PALM SUNDAY RE-ENACTMENT

9 & 11 AM • SANCTUARY & NEW HEIGHTS WORSHIP

9:30 AM • ST. LUKE CAMPUS WORSHIP

MAUNDY THURSDAY • MARCH 29

NOON — SANCTUARY *(30-minute worship service followed by a light lunch - childcare available)*

5:30 - 6:30 PM — ST. LUKE CAMPUS FELLOWSHIP HALL *(community meal and communion service)*
Special Communion services in memory of Jesus' Last Supper with His disciples

GOOD FRIDAY • MARCH 30 • NOON & 6 PM • SANCTUARY

"Stations of the Cross" - A service which depicts the final hours of Jesus' life - childcare available

EASTER EGG HUNT • SATURDAY, MARCH 31 • 10:30 AM, KINDERSONGS CONCERT • 11 AM, HUNT BEGINS

ALLSOPP PARK, 3700 CEDAR HILL RD • Mission: Bring snack food items for the PHUMC Food Pantry
Fun for children 5th grade and younger. In case of rain, location will be in the Great Hall.

EASTER SUNDAY WORSHIP • APRIL 1 *(Services will be broadcast on KATV Channel 7 at 7 & 10:30 am)*

7 AM • EASTER SUNRISE SERVICE — FIRST SECURITY AMPHITHEATRE

8:30, 9:45 & 11 AM — SANCTUARY & NEW HEIGHTS WORSHIP

9:30 AM • ST. LUKE CAMPUS WORSHIP

9:45 AM • SUNDAY SCHOOL

Lenten devotionals are available at the Welcome Center, Connect Point and in the Narthex.



is excited to present

Keith Lawrence

Your Retirement Quest Workshop

May be perfect for you! Ages 40 & over

Saturday, March 10

8:30 am - Noon

Pulaski Heights United Methodist Church
4823 Woodlawn • Little Rock, Arkansas 72205

1

Learn from successful retirees about what is crucial to having a rich, full life in retirement

2

Break away from five myths that get in the way of living the life of your dreams

3

Assess your current state of preparedness for a fulfilling retirement

Ready to prepare for your future? Then Sign up NOW! Attendance is limited.

Registration Fee: \$25 single or \$40 couple (breakfast and materials included)

Register at phumc.com/yrq or at the PHUMC Welcome Center.
For more information, call 664-3600. Childcare available by reservation.

Registration and payment deadline is
Monday, March 5.

Your Retirement Quest Workshop

What do you want to be when you grow up? This is not a question answered by the time we are 20, 30, or even 60. I'm 61 and still have people I look up to who are 20 years older than me. I often say, "I want to be like them when I grow up." What gives them their vibrancy, faith, and zest for life? Whatever it is, I want it too!

Retirement is not an automatic, easy or effortless thing that just happens. It is a lifelong journey, a quest that takes preparation.

Britt and I were fortunate to be able to attend this seminar a few months ago and it was encouraging and eye-opening. It gave us tools to help us discover what our bonus years should look like. It is not the same for everyone, but we can all set goals and dream of a future where we can be fulfilled and a blessing to others.

We look forward to joining you on this quest!

With joy and anticipation,

Karen Skarda

CRITICAL MASS!

A Lenten Invitation from Your Senior Pastor

With the launch of our new St. Luke Children's Learning Center, we're off to a grand start at our second campus located in Broadmoor. Now is the time to move to the next phase—offering vital worship. Yes, while Jesus said, "Where two or three gather in my name, there am I also," there is something powerful about coming together en masse to worship the living God. As your senior pastor, I invite you to do more than simply give up something for Lent. I invite you to prayerfully consider spending the entire Lenten season worshipping at St. Luke. Your presence will make a strong statement to the community that we are there to make a difference. Worship services in St. Luke's beautiful midcentury modern sanctuary begin every Sunday at 9:30 am with childcare provided.

Do something positive this Lenten season by contacting Rev. Jeremy Pressgrove at 733-3981 or jpressgrove@phumc.com and letting him know you plan to join our St. Luke community in prayer and praise beginning Sunday, February 18.

God's peace,

Britt Skarda
Senior Pastor

EASTER FLOWERS

Colorful flowers will be purchased for Sanctuary and New Heights Worship services to celebrate the resurrection of Christ. To honor or memorialize a loved one, go to phumc.com/easterflowers or sign up by Connect Card. Names received by Friday, March 16, will be listed in the Easter bulletin. Make your check payable to PHUMC-Easter Flowers.

HILLCREST LENTEN SERVICES 2018

DATE	LOCATION	SPEAKER
February 16	PH Presbyterian	Rev. Scot Crenshaw
February 23	PH Christian	Rev. Jay Clark
March 2	PHUMC	Fr. John Marconi
March 9	PH Baptist	Rev. Britt Skarda
March 16	Holy Souls	Rev. Lynn Worthen
March 23	PH Baptist	Rev. Ruskin Falls

All services are 30 minutes at participating churches on Fridays at noon, followed by a light lunch. Make plans to join us as we unite during the Lenten season!



TALK SAVES LIVES

Sunday, February 18
5:30 pm, Wesley Hall

Come and be a part of a community-based presentation that covers the general scope of suicide, the research on prevention, and what people can do to fight suicide. Sign up by Connect Card, or contact Mary Meacham, Mary.afsp.ar@gmail.com, for details.

UPCOMING EVENTS

MISSIONS

GUATEMALA MEDICAL MISSION OUTREACH 2018 INFORMATION SESSIONS

Sunday, February 11, noon and Monday, February 12, 6:30 pm, C237

Learn about this mission outreach and volunteer opportunities. Trip dates: Medical, Dental, and Youth Teams, July 28 – August 5; Surgery Team; July 12 – 22.

SPIRITUAL FORMATION

POP-UP SUNDAY SCHOOL

February 18, 25 and March 4
10:10 am, M304

The class will discuss the book *Gilead: A Novel* by Marilynne Robinson. Drop-ins welcome! Contact Rod Lorenzen, lorenzenco@yahoo.com, for questions.

BOOK STUDY — SISTERS: FINDING BALANCE BY BECCA STEVENS

Sundays, March 4 - April 15, 4 - 5:30 pm, C237

The group will be facilitated by Bev Villines and Karen Skarda. Sign up by Connect Card or at the Welcome Center.

WORSHIP & ARTS

Adventures in the Arts Registration is open.

Lessons are offered in piano, organ, voice, violin, guitar and much more at PHUMC. Contact Mary Smith, 978-0522 or aia@phumc.com for more information.

Welcome NEW MEMBERS



Maggie Turner



Laura Burkett (pictured with her fiancé Richard Blank who is a member)



Caroline and Mark Holt

PRAYER REQUESTS

DEATHS: Our Christian sympathy is extended to the family and friends of Dorothy Aldridge in her recent death and to Terry Pollock & Family in the death of his nephew, Joe Pollock.

Who Cares? We Do! In-Touch Ministry
Report Joys/Concerns
Hospitalizations, Surgeries, Deaths,
Births, Prayer Requests, Etc.

Call church office: (501) 664-3600
Text: (501) 529-0323
Email: phumc@phumc.com
Connect Card: Complete in worship
Emergency Pager: (501) 688-9533

RECENT BAPTISM



Katherine Louis Groce with her parents Trey and Amanda Groce and brother William Groce

WEEKLY OPPORTUNITIES

SUNDAY

Baptism Orientation (Sanctuary) 10:10 - 10:50 am (1st Sun.)

MONDAY

Midday Prayer (Chapel) 11 am - noon
PHkids Open Gym * (Great Hall) 11 am - 2 pm
Fit4Mom Fitness (C236) 5:45 pm

TUESDAY

Helping Hands (Wesley Hall) 9:30 am - 2:30 pm
Memory Loss Caregivers (C135) 1- 2 pm (3rd Tues.)
Zumba Gold (Great Hall) 2 - 2:45 pm
Memory Loss Caregivers (C135) 5:30 - 6:30 pm (2nd Tues.)
Yoga (C236) 5:30 - 7 pm

WEDNESDAY

Labyrinth (Wesley Hall) 8 am - 8 pm
AI Anon (C237) 5:30 - 6:30 pm
Chancel Choir Rehearsal (M110) 6:30 - 7:30 pm

THURSDAY

Primetimers Luncheon (Parlor) 11:30 am - 1 pm (4th Thurs.)
Zumba Gold (Great Hall) 2 - 2:45 pm
Food Pantry & Community Meals (St. Luke Campus) 5 - 7 pm
Men's AI Anon (C237) 7:30 - 8:30 pm

FRIDAY

PHUMC Book Club (C239) 7 - 8 am
PHkids Open Gym * (Great Hall) 3 - 6 pm
Parents' Night Out (Children's Building) 6 - 9 pm (4th Fri.)

SATURDAY

Youth Basketball League (Great Hall) 8 am - 10 pm
The Chapel is available Mon. - Fri., 8 am - 6 pm for personal prayer time.

*PHkids Open Gym is subject to change if other activities are scheduled.

Pulaski Heights United Methodist Church
4823 Woodlawn
Little Rock, Arkansas 72205

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Watch us on YouTube!!
[youtube.com/pulaskiheightsumc](https://www.youtube.com/pulaskiheightsumc)



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Twitter: @pulaskiheights



Instagram: @phumchillcrest

Contact Information

Website: www.phumc.com
(501) 664-3600 Fax: (501) 664-4835
Email: phumc@phumc.com
Church Office Hours:
Monday - Friday, 8:30 am - 4:30 pm

Sunday School - 10:10 am, Get Connected!

- All Things Considered**, M314 (all ages)
- Argue** Named for Dr. James Argue reconciling, M318 (ages 45+) "The Faith of a Mockingbird"
- Beatitudes**, M316 (ages 30-45+)
- Bible Study**, C239 (all ages) "Genesis," Tim Fox
- Coffee Talk**, M313 (women all ages)
- Deeper Connections**, D371 (ages 20s-30s)
- Fathomers**, C235 (ages 55+) "Alzheimers' Discussion," Priscilla Pitman
- Foundations**, C236 (couples ages 20s-40s)
- Journey**, D366 (ages 20s-40s)
- Koinonia Dialogue**, C135 (ages 50+) "Love Heals," by Becca Stevens
- Newton Good News**, M101 (ages 50+) "The Parables of Paul - Vessels in the King's House," Ch. 4
- G.I.F.T. Class**, M308 (all ages)
- Pairs and Spares**, D277 East (young couples/singles)
- Pop-Up Class**, M304 (all ages)
- Roundtable**, M312 (ages 50+) "A Disciplined Faith," Joe Teeter
- Tower**, C237 (ages 40+) "Epic of Eden: Ruth," Gordon Wilbourn
- Wesley** reconciling, M320 All are welcome. Please come share your views. "Morgan Freeman"

(All youth meet at 10 am in the phyouth Assembly Area)

- Agape Class**, D385 Youth with Special Needs, Carol Blann
- 12th Grade**, D368 Youth Bible Study, Leslie & Tim Taylor
- Grades 9th-11th**, D379 Youth Bible Study
- Grades 7th-8th**, D377 Youth Bible Study
- Confirmation, 6th Grade**, phyouth Assembly Area, Rev. Jay Clark
- Early Christian Awareness (ECA)** Infants/Toddlers, Norma Story Children's Building
- February Lessons:** Family - Fisher Price Little People, Snowflakes, Motions
- Preschool Lions** (ages 2-3), **Tigers** (ages 3-4), **Bears** (ages 4-5) "The Four Friends"
- Grades K-4th**, Rotation Sunday School
- 5th Grade**, Bible Study

Malone Phone Class: Sundays at 3 pm by phone at home

M=Main Building
C=Christian Life Center (Great Hall)
D=Disciple Center (Wesley Hall, Youth)
S=Norma Story Children's Building

Fellowship Stations for Coffee & Refreshments
Sundays from 8 - 11 am | Gathering Hall & Wesley Hall Lobby