



THE TOWER NEWSLETTER

Volume 163, Number 38

Love God, Love Neighbor, Change the World

January 21, 2018

St. Luke Learning Center is Open!!

Renovation is not quite complete; however, we are so blessed to have space at PHUMC that on Monday, January 8, we decided to temporarily open the St. Luke Learning Center and Parent Resource Center on this campus. We are so thankful! We anticipate being at St. Luke in the coming days. In the meantime, we are getting to know each other as a staff and developing relationships with our children and their families. They are all so precious!



People desire to celebrate and help with St. Luke in many ways. If you are among them, I invite you to join us for our Dedication and Baby Shower of the St. Luke Learning Center and Parent Resource Center on Sunday, January 21, at 3 pm. If you haven't seen the renovated space, you have got to see it. It is beautiful! You will have an opportunity to give monetary donations and/or put in some sweat equity in the form of volunteer opportunities. There will be something rewarding for everyone!

Words cannot adequately describe the joy I have experienced watching this dream being realized. Praying for so long and resting in God's perfect timing is an experience that I shall remember in my ongoing prayer life. He will answer in His perfect time.

Thank you all for your prayers, encouragement, gifts, and time. Let's keep the momentum going! It has only just begun. Let us make this the model in our city of what it looks like to care for ALL of God's children.

In Him,

Courtney CarlLee
Executive Director
PHUMC Early Childhood Learning Centers

Worship Services

**Sermon Series: Gonna Lay My Burdens Down: Overcoming the Stigma of Mental Health
Addiction: Falling and Flying • Genesis 9:18-29**

Friday, January 19, 6 pm - Sanctuary • Rev. Britt Skarda

Sunday, January 21, 9 & 11 am - Sanctuary • Rev. Britt Skarda

(9 am service is broadcast Sunday on KATV, Channel 7 at 10:30 am)

Sunday, January 21, 9 & 11 am - New Heights • Rev. Betsy Singleton Snyder

Sunday, January 21, 9:30 am - St. Luke Campus • Rev. Belinda Price

Spiritual Formation

Ways to grow in the New Year! Invite your friends and neighbors to join us in these growing adventures. Contact Rev. Belinda Price at bprice@phumc.com or sign up by Connect Card.

THE POWER AND PRACTICE OF **Prayer**

Sundays • Jan. 21 - Feb. 25 • Parlor
4 - 5:30 pm, Facilitators: Carol Isom & Stacey Hightower

Your Retirement Quest

Creating and Living a Fulfilling Retirement

Sat., Mar. 10 • 8:30 - 12 pm • Wesley Hall

Sisters: Finding Balance

Sundays, Mar. 4 - Apr. 15 • 4 - 5:30 pm • C237

Facilitator: Bev Villines

Welcome NEW MEMBER



Carolyn Henry

ANNUAL CHILDREN'S COUNCIL AND PARENT MEETING

SUNDAY, JANUARY 21 • 12 - 1 PM, D277

Lunch and childcare will be provided. All plans for 2018 will be shared and questions answered. Sign up by Connect Card. Questions? Contact Cindy Burns at cburns@phumc.com

PRIMETIMERS AND FRIENDS LUNCHEON THURSDAY, JANUARY 25, 11:30 AM, GREAT HALL

Program by Rev. Betsy Singleton Snyder on her book "Stepping on Cheerios: Finding God in the Chaos and Clutter of Life"



For reservations go to phumc.com/primetimers or stop by the Welcome Center by noon Tuesday, January 23. Lunch cost: \$8 or bring your own



PHUMC Library Used Book Sale

Friday, January 26, 7 pm
&
Sunday, January 28
8:30 am - 1 pm
Gathering Hall

The library has great bargains on easy read, juvenile, and young adult books!

Let's "CAN" it for Souper Bowl Sunday!

Bring a can of soup to church Sunday, February 4, to support the PHUMC Food Pantry! Monetary donations are also welcome! (Homemade soup will not be sold.)



Membership Matters

Are you interested in knowing more about PHUMC or becoming a member? If your answer is yes, PHUMC Membership Matters Class is just for YOU!

Join us Sunday, January 21, from noon to 2 pm in the Parlor for lunch, fellowship and learning more about PHUMC! Sign up by emailing vlewis@phumc.com or by calling 664-3600. Childcare is available.



FOLLOW US ON INSTAGRAM!
[@phumchillcrest](https://www.instagram.com/phumchillcrest)

We have launched our new Instagram account—stay up-to-date with things happening at PHUMC!

FAMILY PROMISE

January 28 - February 4

Family Promise is a program that provides housing, meals and transportation for one week at our church. See volunteer opportunities below. Sign up by Connect Card, at the Welcome Center or Connect Point, or email gwenefird@att.net.

Sunday, January 28

- 11 am – 12:30 pm | Set up (6 - 8 volunteers - men, women and helpful children)
- 1 pm | Lunch for guests (number is not known until later.)
- 1 pm – 3:30 pm and 3:30 to 5:30 pm, Hosts (two per shift)

Sunday, January 28 – Saturday, February 3

- 6 pm | Dinner for Guests (all meals served in the One Way Café)

Monday, January 29 – Friday, February 2

- 5 - 6 pm | Hosts

Saturday, February 3

- 8:30 -10:30 am, 10:30 am – 12:30 pm, 12:30 pm – 5:30 pm | Hosts (planned activities)

Sunday, February 4

- 7:30 - 8:30 am | Take Down

Leadership for Family Promise:

- Meals – Barbara Barnett, barnettbarb@comcast.net or 580-4281
- Hosts – Billie and Tom Hatcher, billruth411@gmail.com
- Overnights – Gwen Efird, gwenefird@att.net or 666-8446
- Set up and Take down – Leslie May, leslie.may@novartis.com or 747-2138



Get the new year off to a healthy start by joining the Zumba Gold class in the Great Hall on Tuesday and Thursday from 2 – 2:45 pm. This low-impact exercise program is for everyone so bring friends along for the FUN. Donations are encouraged to help defray the cost of the program.

UPCOMING EVENTS

WOMEN & CHILDREN FIRST “WOMAN OF THE YEAR” GALA HONORING REV. BETSY SINGLETON SNYDER

Saturday, January 20, 7 pm, Grand Ballroom at the Marriott Hotel.

Cost: \$300. For more information go to wcfarkansas.org/woy or contact Julie Payne at 349-8547.

POP-UP SUNDAY SCHOOL

January 21, 28, and February 4

10:10 am, M304

The class will discuss the book *The Justice Calling: Where Passion Meets Perseverance* by Bethany Hoang. Drop-ins welcome! Contact Rod Lorenzen, lorenzenco@yahoo.com for questions.

BOARD OF STEWARDS MEETING

Monday, January 22 Wesley Hall

Dinner - 5:45 pm Board Meeting - 6 pm

We will vote on the proposed budget for 2018.

PARENT’S NIGHT OUT (Ages 6 wks. – 5th grade)

Friday, January 26

6 - 9 pm, Children’s Building

Pre-registration required. Cost: \$20 per child or \$40 for families with three or more children. Call 666-5683 for more information.

PHUMC HIKING ADVENTURES

Feb. 10 | 6 miles | Rating: moderate

Maintenance Hike - Our annual outing to keep this section of the Ozark Highlands Trail in the Richland Creek area in good shape. The work is easy and tools are provided. We will depart at 6 am and return after dark. For more information, contact George Regan at 835-7806 or gregan45@gmail.com.



PHUMC Confirmands Touring the Temple B’nai Israel — January 6



PHUMC Confirmands Touring the Islamic Center of Arkansas — January 7

Altar Flowers

Donating altar flowers is a way to honor a loved one, glorify God, and beautify the altar. If you would like to donate flowers, please contact Mary Smith at 978-0521 or msmith@phumc.com. The donation is \$150 per Sunday. Names of loved ones will be printed in the Sunday bulletin.

Dates available through December: January 21, 28; February 4; March 4, 11, 18, 25; May 6, 27; June 3, 10; July 1, 8, 22, 29; August 12; September 2, 9, 16; October 7, 21, 28; November 4, 11, 18, 25; December 2, 9, 16, 23, 30

Additional Parking at War Memorial Stadium - RIDE THE TROLLEY THIS SUNDAY!

- Park at War Memorial Stadium off Fair Park Blvd.
- The trolley runs from 7:30 am - 1 pm.
- The trolley stop is at Entrance 2 on Woodlawn. If uncertain, look for the trolley stop flag!



PRAYER REQUESTS

DEATHS: Our Christian sympathy is extended to Tim Van Dusen and family in the death of his niece, Isabel Van Dusen; to Rachel Shepherd and family in the death of her grandfather, Timothy Yancey, Sr.; and to Muffin Smith and family in the death of her father, Dr. Gilbert S. Campbell.

WE REJOICE IN THE BIRTH OF Joseph Walker Campbell, child of Katie and Mac Campbell and grandchild of Kathy and Fred Church.

Who Cares? We Do!

In-Touch Ministry

Report Joys/Concerns

Hospitalizations, Surgeries, Deaths, Births, Prayer Requests, Etc.

Call church office: (501) 664-3600

Text: (501) 529-0323

Email: phumc@phumc.com

Connect Card: Complete in worship

Emergency Pager: (501) 688-9533

Contact Information

Website: www.phumc.com

(501) 664-3600 Fax: (501) 664-4835

After Hours Emergency: (501) 688-9533

Email: phumc@phumc.com

Church Office Hours:

Monday - Friday, 8:30 am - 4:30 pm

WEEKLY OPPORTUNITIES

SUNDAY

Baptism Orientation (Sanctuary) 10:10 - 10:50 am (1st Sun.)

MONDAY

Midday Prayer (Chapel) 11 am - noon

PHkids Open Gym * (Great Hall) 11 am - 2 pm

Fit4Mom Fitness (C236) 5:45 pm

TUESDAY

Helping Hands (Wesley Hall) 9:30 am - 2:30 pm

Memory Loss Caregivers (C135) 1- 2 pm (3rd Tues.)

Zumba Gold (Great Hall) 2 - 2:45 pm

Memory Loss Caregivers (C135) 5:30 - 6:30 pm (2nd Tues.)

Yoga (C236) 5:30 - 7 pm

WEDNESDAY

Labyrinth (Wesley Hall) 8 am - 8 pm

AI Anon (C237) 5:30 - 6:30 pm

Chancel Choir Rehearsal (M110) 6:30 - 7:30 pm

THURSDAY

Primetimers Luncheon (Parlor) 11:30 am - 1 pm (4th Thurs.)

Zumba Gold (Great Hall) 2 - 2:45 pm

Food Pantry & Community Meals (St. Luke Campus) 5 - 7 pm

Men's AI Anon (C237) 7:30 - 8:30 pm

FRIDAY

PHUMC Book Club (C239) 7 - 8 am

PHkids Open Gym * (Great Hall) 3 - 6 pm

Parents' Night Out (Children's Building) 6 - 9 pm (4th Fri.)

SATURDAY

Youth Basketball League (Great Hall) 8 am - 10 pm

The Chapel is available Mon. - Fri., 8 am - 6 pm for personal prayer time.

*PHkids Open Gym is subject to change if other activities are scheduled.

Pulaski Heights United Methodist Church
4823 Woodlawn
Little Rock, Arkansas 72205

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Watch us on YouTube!!
youtube.com/pulaskiheightsumc



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Sunday School - 10:10 am, Get Connected!

All Things Considered, M314 (all ages)

Argue Named for Dr. James Argue reconciling, M318 (ages 45+) "The Faith of a Mockingbird"

Beatitudes, M316 (ages 30-45+)

Bible Study, C239 (all ages) "Genesis," Tim Fox

Coffee Talk, M313 (women all ages)

Deeper Connections, D371 (ages 20s-30s)

Fathomers, C235 (ages 55+)

Foundations, C236 (couples ages 20s-40s)

Journey, D366 (ages 20s-40s)

Koinonia Dialogue, C135 (ages 50+)

Newton Good News, M101 (ages 50+) "The Parables of Paul"

G.I.F.T. Class, M308 (all ages)

Pairs and Spares, D277 East (young couples/singles)

Pop-Up Class, M304 (all ages)

Roundtable, M312 (ages 50+)

Tower, C237 (ages 40+)

Wesley reconciling, M320 All are welcome. Please come share your views.

(All youth meet at 10 am in the phyouth Assembly Area)

Agape Class, D385 Youth with Special Needs, Carol Blann

12th Grade, D368 Youth Bible Study, Leslie & Tim Taylor

Grades 9th-11th, D379 Youth Bible Study

Grades 7th-8th, D377 Youth Bible Study

Confirmation, 6th Grade, phyouth Assembly Area, Rev. Jay Clark

Early Christian Awareness (ECA) Infants/Toddlers, Norma Story Children's Building

January Lessons: Animals - Horse, Cow, Doggie, Kitten

Preschool Lions (ages 2-3), **Tigers** (ages 3-4), **Bears** (ages 4-5) "Jesus and the Children"

Grades K-4th, Rotation Sunday School

5th Grade, Bible Study

Malone Phone Class: Sundays at 3 pm by phone at home

Sheperd's Cove: Daryl Coker

M=Main Building

C=Christian Life Center (Great Hall)

D=Disciple Center (Wesley Hall, Youth)

S=Norma Story Children's Building

Fellowship Stations for Coffee & Refreshments

Sundays from 8 - 11 am | Gathering Hall & Wesley Hall Lobby