



# THE TOWER NEWSLETTER

Volume 163, Number 25

Love God, Love Neighbor, Change the World

October 22, 2017

## Primetimers and Friends Trip to Branson



Begin your holiday season with Primetimers (our active seniors group) and their "Not Quite Ready for Primetime" friends as we travel to Branson, Missouri, on November 30 to see "The Miracle of Christmas," the seasonal musical at the beautiful Sight & Sound Theatre. We will travel via Little Rock Tours bus with our favorite driver, Charley, departing PHUMC on Thursday, November 30, at 8:30 am. We plan to arrive at the Best Western Center Pointe Inn around noon for a light lunch and brief rest prior to heading to the theater for the 3:30 pm matinee performance. There are a number of restaurants in the neighborhood of the hotel for dinner. Following a hot breakfast, we will return to Little Rock on Friday, December 1, arriving between 2 – 3 pm.

The cost of this trip is \$125 per person, double occupancy, and \$175 for single occupancy. This includes bus snacks, hotel accommodations, and the play admission cost. Lunches en route and the evening meal are at the expense of the traveler.

I hope you will consider traveling with this group. Our previous trips – to Branson and Crystal Bridges Museum of American Art – have been a lot of fun with great fellowship. Reservation forms are available at the Welcome Center and are due no later than Sunday, November 5. For additional information, please contact me at 978-0510 or via email at [bvillines@phumc.com](mailto:bvillines@phumc.com).



LET'S GO "ON THE ROAD AGAIN"!!!!

Bev Villines  
Director of PHUMC Foundation & Older Adult Ministries

### **Worship Services - Sermon Series, *Lies We Tell About God***

**"Not Everyone Is a Real Child of God" • *Matthew 9:9-13***

**Friday, October 20, 6 pm - Sanctuary • Rev. Britt Skarda**

**Sunday, October 22, 9 & 11 am - Sanctuary • Rev. Britt Skarda**

**(9 am service is broadcast Sunday on KATV, Channel 7 at 10:30 am)**

**Sunday, October 22, 9 & 11 am - New Heights • Rev. Betsy Singleton Snyder**

**Sunday, October 22, 9:30 am - St. Luke Campus • Rev. Jeremy Pressgrove**



## Catholic High School for Boys Schola Cantorum

Hear this 19-voice a cappella choir at the Primetimers and Friends Luncheon on Thursday, October 26, in the Great Hall.

Fellowship begins at 11:30 am followed by a buffet lunch, devotional and fabulous program.



The cost of lunch is \$8 or bring your own.  
Call 664-3600 to make your reservations by noon Tuesday,  
October 24. Hosted by the Fathomers Class.

**PULASKI HEIGHTS UNITED METHODIST CHURCH**

**FREE SAFE AND FUN EVENTS!**

**HALLOWEEN CARNIVAL**  
OCTOBER 29 • 3-5 PM  
GAMES • PICTURES • PRIZES • CASH WALK  
FOOD/DRINK WILL BE AVAILABLE FOR PURCHASE  
4823 WOODLAWN  
LITTLE ROCK • HILLCREST

**TRUNK TREAT<sup>®</sup>**  
OCTOBER 31 • 5-7 PM  
GAMES • CANDY • FUN  
ST. LUKE CAMPUS • 6401 W. 32<sup>ND</sup>  
LITTLE ROCK • BROADMOOR

**WEAR YOUR COSTUMES AND JOIN US!**

**PULASKI HEIGHTS**  
United Methodist Church  
[www.phumc.com](http://www.phumc.com)

## UPCOMING EVENTS

### EVENTS

#### MEMORY LOSS CAREGIVER SUPPORT GROUPS

PHUMC offers two Memory Loss Caregiver Support Groups and would welcome you as a facilitator either on a regular basis or as a backup. The groups meet on the second Tuesday from 5:30 - 6:30 pm and the third Tuesday from 1 - 2 pm in Room C135 across from the kitchen. For more information, please contact Bev Villines at 978-0510 or [bvillines@phumc.com](mailto:bvillines@phumc.com).

**FREE ZUMBA GOLD CLASSES AT PHUMC**  
Tuesdays & Thursdays, 2 - 2:45 pm, Great Hall  
Donations accepted. For ages 60 and up.

### PHUMC FOUNDATION

#### WILLING FRIENDS SOCIETY LUNCHEON

Sunday, November 5, noon, Great Hall

Featured speaker: Rev. Dr. Clayton Smith, executive pastor of Generosity Church of the Resurrection, Leawood, Kansas. RSVP by Thursday, November 2, to 664-3600. Guests are welcome. Childcare available upon request.

### PHKIDS

#### PARENTS' NIGHT OUT

Friday, October 27, 6 - 9 pm, Children's Building

Ages 6 weeks—5th grade. Pre-registration is required. Please sign up at the church or Children's Welcome Center. Cost is \$20 per child or \$40 per family with two or more children.

### SPIRITUAL FORMATION

#### POP-UP SUNDAY SCHOOL

October 29, November 5 and 12 in M304, 10:10 am

The class will discuss *The Book of Forgiving* by Desmond Tutu and Mpho Tutu. Drop-ins welcome! Contact Rod Lorenzen at [rlorenzen@yahoo.com](mailto:rlorenzen@yahoo.com) if you have questions.

## HarvestFest, PHUMC, and Open Book Project

The book sale and benefit at HarvestFest in Hillcrest was a success! The Little Rock Public Education Foundation is grateful to Pulaski Heights United Methodist Church for providing volunteers and sponsoring the booth to support the *Open Book Project*, which provides books for teachers' classroom libraries in the Little Rock School District which otherwise are not able to spend thousands of dollars to build libraries. We know from research and experience that when you provide kids with books they WANT to read, many of them WILL read—and this is how we will improve achievement across the district and help build lifelong learners and readers.



*Wholehearted Learning*, which sells Barefoot Books for fundraisers such as this, donated all online sales to this benefit.

So far, this benefit has raised enough money to support 1-2 classroom libraries at Henderson Middle School and Wakefield Elementary (depending upon book costs), but they need so much more. Please consider making a donation to the LR Public Education Foundation to help us reach more students at the most needy schools.



Thank you again for your help and for caring for the students in our schools who need it most.

Sincerely,

Ginny Blankenship

## COMMUNITY NEWS

Visit the PHUMC Community Page for registration and details about the events:  
[phumc.com/community](http://phumc.com/community)

**ARKANSAS HOUSE OF PRAYER PRESENTS  
 1-DAY FALL CONTEMPLATIVE RETREAT**  
 Saturday, November 4, 9 am - 4 pm  
 20900 Chenal Parkway

Registration: \$75, includes mid-day meal. Go to [arkansashouseofprayer.org](http://arkansashouseofprayer.org) to register.

**PULASKI HEIGHTS CHRISTIAN CHURCH 90<sup>TH</sup>  
 ANNIVERSARY**

Sunday, November 5, 10:30 am worship followed by a barbecue lunch at 12:15 pm  
 Join PH Christian Church as they celebrate 90 years of congregational life and 25 years of an Open and Affirming Ministry. RSVP to 663-8149 or [lrphcc@gmail.com](mailto:lrphcc@gmail.com).



Amy & Chris Benton



Jo DeWitt



Dustin Goad

## MISSION OPPORTUNITIES

### MISSION BOARD ACCEPTING APPLICATIONS FOR MICRO-GRANTS AND 2018 SPECIAL OFFERINGS

The PHUMC Mission Board is accepting applications for small grants and recipients of the church's 2018 Special Offerings. Each month, PHUMC highlights a special mission. If you are involved in a service or outreach organization that you would like to nominate, you may find an application form on our website at [phumc.com/misiongrants](http://phumc.com/misiongrants). The applications for these requests will be due October 30, 2017. Make sure that you specify whether you are seeking a special offering or micro-grant. For more information, contact Rev. Betsy Singleton Snyder at [bssnyder@phumc.com](mailto:bssnyder@phumc.com).

### PHUMC WILL HOST FAMILY PROMISE

**October 29 - November 5**

We have done well covering the dinners and also the hosts from 5 – 6 pm. There is a need for 7 pm – 7 am coverage for Wednesday and Saturday nights. We also could use one more person on Sunday night. Setup and take down could also use a few more people. Please prayerfully consider if you could help fill any of these needs. Our church has done very well with Halloween costumes. We have plenty and the children will enjoy the Halloween Carnival. Family Promise is a successful program that allows families to gain opportunities to meet their own needs. You will be blessed when you are a part of this mission. -- Gwen Efird

### INGATHERING

**Saturday, November 18, 8 am - noon**

For registration and more, visit [phumc.com/ingathering](http://phumc.com/ingathering). Please consider donating if you have not already done so. Instructions and lists of contents for Hygiene Kits and Flood Buckets are available at the Welcome Center or Connection Point in Wesley Hall. Financial contributions are welcome (make checks payable to PHUMC and earmark "UMCOR").

**Ingathering reports, volunteer hours, and financial contributions are due Tuesday, October 31.** Please email reports to [gwenefird@att.net](mailto:gwenefird@att.net) or place in the "Ingathering" folder on the pick-up table. Thank you to all reporters for providing this important information for the Annual Conference.

### PHUMC FOOD PANTRY Item of the Month: Macaroni and Cheese

Bring donations to church to help our neighbors in need. Place items in the collection boxes outside Wesley Hall and the Parlor.

### NEW FOOD PANTRY OPERATION HOURS!!

Monthly on 1st Wednesdays from 8:30 - 9:30 am beginning November 1.

**SAVE THE DATE!**  
**PHUMC Rings the Bell**  
**(for the Salvation Army)**  
**Saturday, December 2**

Sign up today at the Welcome Center or Connect Point in Wesley Hall.

*It is a humbling experience to "ring the bell" for the Salvation Army. You actually witness the community pulling together to help others. We experienced all ages, races, and income groups giving from the heart during this special season.*

Cynthia and Jeff Hampton  
 and Carole Ann Provin

### Parenting Workshop

#### 10 Steps to Positive Discipline

Join us on a month-long journey as we learn ways to parent and discipline effectively across a variety of ages and personalities.

- Discover the revolutionary discipline techniques of Dr. Becky Bailey, creator of Conscious Discipline
- Understand what your child is saying- power struggles
- Recognize the role accountability, control and assertiveness play in your parenting role
- Identify techniques to discipline with love while building your relationship with your child

**Where:** Wednesdays  
November 1, 8, 15 and 29

**Time:** 5:30 – 7:30 pm

**Where:** PHUMC, D371

**Who:** Parents and caregivers with children of all ages

Please sign up at the Welcome Center near the Sanctuary or the Connection Point in Wesley Hall.  
**\*\*Childcare provided with a reservation\*\***

# PRAYER REQUESTS

**DEATHS:** Our Christian sympathy is extended to J.R. Nash and family in the death of his former wife, Dianna Kaye Nash; and to Stacey Carr and family in the death of her grandfather, Troy P. Mouzy.

**WE REJOICE IN THE BIRTH OF** Nora Grace Gattin, child of Allyson and Ryan and grandchild of Stacy Sells and Tim Gauger and Lee and Christi Pittman.

## Who Cares? We Do!

*In-Touch Ministry*

**Report Joys/Concerns  
Hospitalizations, Surgeries, Deaths,  
Births, Prayer Requests, Etc.**

Call church office: (501) 664-3600

Text: (501) 529-0323

Email: phumc@phumc.com

Connect Card: Complete in worship

Emergency Pager: (501) 688-9533

**Pulaski Heights United Methodist Church**  
4823 Woodlawn  
Little Rock, Arkansas 72205

NONPROFIT  
ORGANIZATION  
U.S. POSTAGE  
PAID  
PERMIT #738  
LITTLE ROCK, AR

## Contact Information

Website: [www.phumc.com](http://www.phumc.com)

(501) 664-3600 Fax: (501) 664-4835

After Hours Emergency: (501) 688-9533

Email: [phumc@phumc.com](mailto:phumc@phumc.com)

**Church Office Hours:**

Monday - Friday, 8:30 am - 4:30 pm



Watch us on YouTube!!  
[youtube.com/pulaskiheightsumc](http://youtube.com/pulaskiheightsumc)



@pulaskiheightsunitedmethodistchurch

@pulaskiheights



**THE TOWER NEWSLETTER.** If you would like to receive the church newsletter hot off the presses via email instead of regular mail, please send your name and email address to [pr@phumc.com](mailto:pr@phumc.com).

## Firearms Prohibited at PHUMC

Jesus said, "Blessed are the peacemakers, for they will be called children of God." (Matthew 5:9). To that end, The United Methodist Church urges congregations to advocate for laws that prevent or reduce gun violence. For your safety, carrying a handgun or any type of firearm is prohibited in any of our church facilities.

## WEEKLY OPPORTUNITIES

### SUNDAY

Baptism Orientation (Sanctuary) 10:10 - 10:50 am (1st Sun.)

PHkids Open Gym \* (Great Hall) 12:30 - 2:30 pm

### MONDAY

PHkids Open Gym \* (Great Hall) 11 am - 2 pm

Midday Prayer (Chapel) 11 am - noon

Fit4Mom Fitness (C236) 5:45 pm

### TUESDAY

Helping Hands (Wesley Hall) 9:30 am - 2:30 pm

PHkids Open Gym \* (Great Hall) 5 - 8 pm

Yoga (C236) 5:30 - 7 pm

Memory Loss Caregivers (C135)

5:30 - 6:30 pm (2nd Tues.)

1 - 2 pm (3rd Tues.)

### WEDNESDAY

AI Anon (C237) 5:30 - 6:30 pm

Men's Basketball Open Gym (Great Hall) 6 - 8 pm

Chancel Choir Rehearsal (M110) 6:30 - 7:30 pm

### THURSDAY

Labyrinth (Wesley Hall) 8 am - 8 pm

Men's AI Anon (C237) 7:30 - 8:30 pm

Men's Over 40 Basketball (Great Hall) 6 - 7:30 pm

Contact Rod Lorenzen (663-3253, [lorenzenco@yahoo.com](mailto:lorenzenco@yahoo.com))

Primetimers Luncheon (Parlor)

11:30 am - 1 pm (4th Thurs.)

### FRIDAY

PHUMC Book Club (C239) 7 - 8 am

PHkids Open Gym \* (Great Hall) 3 - 6 pm

Parents' Night Out (Children's Building)

6 - 9 pm (4th Fri.)

The Chapel is available Mon. - Fri., 8 am - 6 pm for personal prayer time.

\*PHkids Open Gym is subject to change if other activities are scheduled.

## Sunday School - 10:10 am, Get Connected!

All Things Considered, M314 (all ages)

Argue Named for Dr. James Argue reconciling, M318 (ages 45+) "Faith of a Mockingbird"

Beatitudes, M316 (ages 30-45+) "The Art of Neighboring"

Bible Study, C239 (all ages) "Genesis," Tim Fox

Coffee Talk, M313 (women all ages) "Untethered Soul"

Deeper Connections, D371 (ages 20s-30s) "The Art of Neighboring"

Fathomers, C235 (ages 55+)

Foundations, C236 (couples ages 20s-40s) "What's Your Story?"

Journey, D366 (ages 20s-40s)

Koinonia Dialogue, C135 (ages 50+) "Strong Was Her Faith"

Newton Good News, M101 (ages 50+) "God Is Love"

G.I.F.T. Class, M308 (all ages) "Ephesians," Mike Shannon

Pairs and Spares, D277 East (young couples/singles) "Book of Acts"

Pop-Up Class, M304 (all ages) "Making Sense of God: An Invitation to the Skeptical"

Roundtable, M312 (ages 50+) "God's Covenant With David," Christian Harris

Tower, C237 (ages 40+) "Lies We Believe About God"

Wesley reconciling, M320 All are welcome. Please come share your views.

(All youth meet at 10 am in the phyouth Assembly Area)

Agape Class, D385 Youth with Special Needs, Carol Blann

12th Grade, D368 Youth Bible Study, Leslie & Tim Taylor

Grades 9th-11th, D379 Youth Bible Study

Grades 7th-8th, D377 Youth Bible Study

Confirmation, 6th Grade, phyouth Assembly Area, Rev. Jay Clark

Early Christian Awareness (ECA) Infants/Toddlers, Norma Story Children's Building

October Lessons: Noah's Ark, Raindrops

Preschool Lions (ages 2-3), Tigers (ages 3-4), Bears (ages 4-5) "David and Abigail"

Grades K-4th, Rotation Sunday School

5th Grade, Bible Study

Malone Phone Class: Sundays at 3 pm by phone at home

M=Main Building

C=Christian Life Center (Great Hall)

D=Disciple Center (Wesley Hall, Youth)

S=Norma Story Children's Building

## Fellowship Stations for Coffee & Refreshments

Sundays from 8 - 11 am | Gathering Hall & Wesley Hall Lobby