



THE TOWER NEWSLETTER

Volume 163, Number 16

Love God, Love Neighbor, Change the World

August 21, 2016

Growing in Faith for the Sake of the World

We live in confusing and complex times. To be a disciple of Christ today means the same as it has always meant – being at work in the world, helping to heal the broken places that break God’s heart as well as our own. As the church we are sent by Christ into the world, and our spiritual life is not for our own personal piety, but for the sake of the world. Growing in faith and growing closer to God helps equip us to do God’s work for the sake of the world.

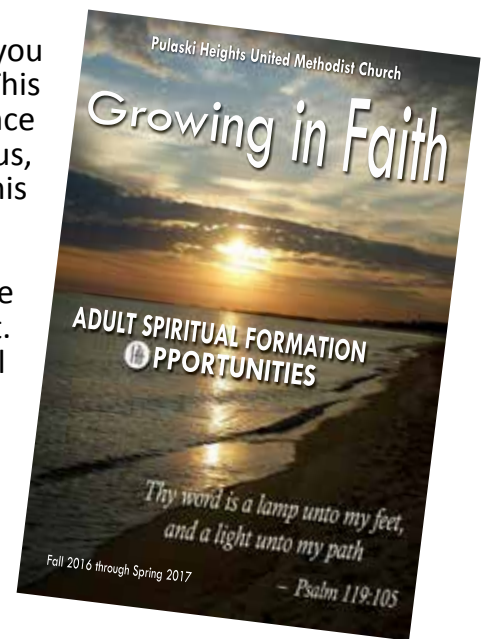
As we enter a new year of learning, fellowship, and prayer, I invite you to make your spiritual life a priority for the sake of the world. This fall we have some tremendous opportunities to seek God’s guidance as we discuss important topics: interfaith issues, the politics of Jesus, parenting, and money management. Facilitated by great teachers, this fall’s line-up for *Sunday Night Live* is a great one.

To learn more about these opportunities, please pick up a copy of the ***Growing in Faith: Adult Spiritual Formation Opportunities*** booklet. They are available around the church and online. In this book, you will find not only *Sunday Night Live* classes but many other opportunities throughout the year to grow as disciples. I hope that you will find a topic that interests you and join others as we seek together that knowledge and understanding that will help draw us closer to Christ for the sake of the world.

You may register for a class at the Welcome Center, on the Connect Card, or online at PHU. Childcare is available. If you have any questions, please contact me at bprice@phumc.com or 978-0531.

Blessings!!

Belinda Price
Pastor of Welcoming and Spiritual Formation



Worship Services | Sermon Series: World Class Christians

Training and Straining | 1 Corinthians 9:24-27

Friday, August 19, 6:00 pm - Sanctuary | Rev. Jeff Hampton

Sunday, August 21, 9:00 & 11:00 am - Sanctuary | Rev. Britt Skarda
(Broadcast Sunday on KATV Channel 7 at 10:30 am)

Sunday, August 21, 9:00 & 11:00 am - New Heights | Rev. Betsy Singleton Snyder

Sunday, August 21, 9:30 am - St. Luke Campus | Rev. Jeff Hampton



BACK 2 SCHOOL BASH


SUNDAY, AUGUST 21
BIG ROCK FUN PARK
11411 BASELINE RD.
5:00 - 7:30 P.M.

I ♥ phyouth


GO KARTS, BUMPER BOATS, BATTING CAGES,
MINI-GOLF...AND MORE!!
FOOD, FUN, AND WORSHIP! FREE!!
YOUTH GRADES 6-12...JOIN US & INVITE FRIENDS!

Primetimers August Luncheon to feature David Miller
Thursday, August 25, 11:30 am, Parlor


Sign up at phumc.com/primetimers by Noon Tuesday, August 23



David Miller's weekly big band radio program, "Swingin' Down the Lane," has been on the air for 32 years. It is currently broadcast on over 40 National Public Radio stations including KUAR FM 89.1 in Little Rock plus commercial stations in Hamburg, Germany and Perth, Australia.



PHUMC Fall Women's Retreat
October 14-16, 2016



This year's theme is "Finding the Extraordinary in the Ordinary". The total cost of the retreat is \$185 (double occupancy) with the registration fee portion of \$75 due by this Sunday, August 21. The remainder may be paid by October 2. If you have any questions call or email Rev. Belinda Price at bprice@phumc.com or 978-0531. Register TODAY at the Welcome Center, by Connect Card or at phumc.com/retreat.

CPR /AED Training at PHUMC

What if a person you love was choking or having a heart attack or allergic reaction? Wouldn't you want someone to save their life? What if someone needed your help? Would you be willing and able to step forward?

During the month of September, Dr. Karen Konarski-Hart will be onsite at PHUMC teaching CPR, AED, choking and EpiPen response for those wishing American Heart Association certification. The level of training will be for Heart Saver, the usual level for non-health professionals who have oversight over anyone. This is the required level for child or elder care givers and any staff who chaperone church activities off site or who are on duty during church or public functions. The certification is for 2 years and can be used for employment outside of the church such as baby-sitting or camp counselor. The classes will be open to any church member and are especially recommended for ushers, greeters and other volunteers who supervise church activities or head committees.


The classes are limited in size so sign up early. Cost will be \$65 which includes the required workbook and certification card. The classes will be offered on September 8, 11, 15 and 18 from 1-4 pm. To sign up, please call the church office at 501-664-3600.

Karen Konarski-Hart is a Chiropractic Physician and EMT in private practice in Hillcrest. She also holds a Master of Science in Disaster Preparedness and Emergency Management, is leader of the Pulaski County Medical Reserve Corps and serves on the AR1-Disaster Medical Assistance team.

PHUMC MUSIC/ARTS MINISTRY

WESLEY KIDS OPEN HOUSE | AUGUST 28 | 9 AM - 12 NOON | RM. M119

Wesley Kids is a children's choir open to grades K-5 and participates in worship services throughout the year. Questions? Contact Jim Maase at 978-0520 or Cindy Burns at 978-0511.




TOUGH WEEK? WANT TO BEGIN YOUR WEEKEND WELL? JOIN US FOR WORSHIP IN THE SANCTUARY EVERY FRIDAY AT 6 PM. PERFECT FOR PEOPLE WITH BUSY LIVES AND HECTIC WEEKENDS. THIS WEEKLY SERVICE INCLUDES A MESSAGE OF HOPE AND HOLY COMMUNION. CHILDCARE PROVIDED.



Rev. Katye Dunn representing PHUMC at the Philander Smith College Church Fair held Sunday, August 7.

PHUMC MISSIONS: CHANGING THE WORLD

SPECIAL OFFERING THIS SUNDAY, AUGUST 21 Better Beginnings Community Development Center

The UMC based organization helps increase diversity, equality and justice by rebuilding lives and restoring communities, including an Empowerment Center in Little Rock. Please consider making a generous gift to support this great effort. Envelopes for this purpose are located in the pews. Make checks payable to PHUMC with "BBCDC" on the memo line.

LOUISIANA FLOODING RELIEF. More than 20,000 people have been displaced from homes along with damage to churches due to flooding. Please support relief efforts with a gift to the United Methodist Committee on Relief at umcor.org or make checks payable to PHUMC and earmark Louisiana flooding/UMCOR.



SUNDAY NIGHT LIVE

**SUNDAY NIGHT LIVE CLASSES
FALL TERM
SEPTEMBER 11 - OCTOBER 16
5:30 - 6:45 PM**

A multi-generational experience for adults, youth, and children for 9-weeks.

CHRISTIAN MUSLIM DIALOGUE, RM. C236
Led by Rev. Susan Sims Smith and Sophia Said

CONSCIOUS PARENTING, RM. C237
Led by Kate Runder

JESUS FOR PRESIDENT, RM. PARLOR
Led by Bryan Day and Buddy Villines

FINANCIAL PEACE UNIVERSITY, RM. C135
5:30 - 7:00 pm, September 11-November 13
Led by Charlie Case

Classes will be available for children and youth. Childcare available.

WEEKLY SPIRITUAL FORMATION OPPORTUNITIES

ENNEAGRAM, RM. PARLOR
Wednesdays, September 14 - December 7
10 am - Noon (12 weeks)

ENNEAGRAM FOR MEN, RM. PARLOR
Wednesdays, September 14 - December 7
6 - 8 pm (12 weeks)

FINANCIAL PEACE UNIVERSITY, RM. C135
Wednesdays, September 14 - December 7
6:00 - 7:30 pm (9 weeks)

Register for classes by Connect Card or go to phumc.com/spiritualformation

PAYSINGER HUNGER SUMMIT

September 10, 2016
Pulaski Heights United Methodist Church
9:30 am - 4:00 pm

This summit will include training and informational sessions designed to engage clergy and laity in three key areas of the 200,000 Reasons initiative. Cost: \$15. Volunteers are needed throughout the day for various activities and shifts. Go to phumc.com/paysinger for details or sign up to volunteer by Connect Card.

Tutors Needed

*If a child can read, they can learn.
If they can't read, then every study becomes a struggle.*



PHUMC has a long history of supporting the students of Wakefield Elementary by serving as reading tutors. Providing individual attention can help a child to advance with their reading and can increase their sense that education is important. To become a tutor does not require prior teaching experience; it simply requires volunteers who enjoy reading and working with children.

If you would like to learn more about our tutoring program at Wakefield or with other public schools, contact Brenda Mize at

Membership Matters

Join us **Sunday, August 28** from **Noon to 2 pm** in the **Parlor** for lunch, fellowship and learning more about PHUMC! Sign up by calling the church office at 664-3600 or emailing Sara Strickland at sstrickland@phumc.com. Childcare is available.

COMMUNITY NEWS

SAVE THE DATE

**2016 ALZHEIMER'S ARKANSAS
Little Rock Walk/Stroll at the Zoo**
SEPTEMBER 24, LITTLE ROCK ZOO
8:30 AM, walk begins

Family-friendly event, no registration fee - participants who donate at least \$25 will receive a commemorative t-shirt while supplies last. Join the PHUMC Team! Sign up at the Welcome Center or call Bev Villines at 978-0510.

Inurned in Columbarium Garden
Robert Lee Newton, Jr.
August 3, 2016

PRAYER REQUESTS

DEATHS: Our Christian sympathy is extended to the family of Byron House, Jr. in his recent death; to Linda Jones and family in the death of her aunt, Shirley Johnson; to Syd Orton and family in the death of his sister, Billie Faries; to Debbie Hayes and family in the death of her father, AJ Dodson; and to Emily Erkel and family in the death of her father, Hank Erkel.

MARRIAGE: Our congratulations to Morgan "Crenshaw" and Chudi Ikeorha in their recent marriage; and to Bishop Ken and Elaine Hicks on the occasion of their 70th wedding anniversary.

Who Cares? We Do!

In-Touch Ministry

Report Joys/Concerns

Hospitalizations, Surgeries, Deaths, Births, Prayer Requests, Etc.

Call church office: 501.664.3600

Text: 501.529.0323

Email: phumc@phumc.com

Connect Card: Complete in worship

Emergency Pager: 501.688.9533

Yes, it's HOT outside...but PHUMC has indoor wellness activities JUST for YOU! Check the classes, dates, and times below along with other recurring events. Call 664-3600 for more information.

SUNDAY

Baptism Orientation (Sanctuary) 10:10 - 10:50 am (1st Sun.)
PHkids Open Gym *(Great Hall) 12:30 - 2:30 pm

MONDAY

PHkids Open Gym *(Great Hall) 11:00 am - 2:00 pm
Midday Prayer (Chapel) 11:00 - 12:00 pm

TUESDAY

Helping Hands (Wesley Hall) 9:30 am - 2:30 pm
Zumba Gold (Great Hall) 2:00 - 2:45 pm
PHkids Open Gym *(Great Hall) 5:00 - 8:00 pm
Yoga (Rm. C236) 5:30 - 7:00 pm
Memory Loss Caregivers (C135)
5:30 - 6:30 pm (2nd Tues.)
1:00 - 2:00 pm (3rd Tues.)

WEDNESDAY

Cancer Friends Support Group (C236) 5:00 pm (2nd Wed.)
AI Anon (C237) 5:30 - 6:30 pm
Men's Basketball Open Gym (Great Hall) 6:00 - 8:00 pm
Chancel Choir Rehearsal (M110) 6:30 pm - 7:30 pm

THURSDAY

Labyrinth (Wesley Hall) 8:00 am - 8:00 pm
Zumba Gold (Great Hall) 2:00 - 2:45 pm
Men's AI Anon (C237) 7:30 - 8:30 pm
Primetimers Luncheon (Parlor)
11:30 am - 1:00 pm (4th Thurs.)

FRIDAY

PHUMC Book Club (C239) 7:00 - 8:00 am
PHkids Open Gym *(Great Hall) 3:00 - 6:00 pm
Parents' Night Out (Children's Building)
6:00 - 9:00 pm (4th Fri.)

The Chapel is available Mon. - Fri., 8:30 am - 4:30 pm for personal prayer time.

*PHkids Open Gym is subject to change if other activities are scheduled.

Pulaski Heights United Methodist Church
4823 Woodlawn
Little Rock, Arkansas 72205

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LITTLE ROCK, AR

Contact Information

Website: www.phumc.com
(501) 664-3600 Fax: (501) 664-4835
After Hours Emergency: (501) 688-9533
Email: phumc@phumc.com
Church Office Hours:
Monday - Friday, 8:30 am - 4:30 pm

The church is also available seven days a week, beyond regular office hours, for special events or meetings. Call 664-3600 for more information.

[facebook.com/pulaskiheightsmethodist](https://www.facebook.com/pulaskiheightsmethodist)

twitter.com/pulaskiheights

Watch us on YouTube!!
[youtube.com/pulaskiheightsumc](https://www.youtube.com/pulaskiheightsumc)

Please email Tower announcements 4 weeks prior to an event to pr@phumc.com

Sunday School - Get Connected! 10:10 am

All Things Considered, M314 (all ages)

Argue (Named for Dr. James Argue), (reconciling) M318 (ages 45+) "Revival," Mark Wilson

Beatitudes, M316 (ages 30-45+)

Bible Study, C239 (all ages) "Genesis," Tim Fox

Christian Fellowship, M304 (ages 60+) "God Prunes and Grafts," Cecil Malone

Coffee Talk, M313 (women all ages)

Deeper Connections, D371 (20s-30s)

Dietz Dialogue, C135 (ages 70+) "Disappointment with God," Randy Garcia

Fathomers, C235 (ages 55+)

Foundations, C236 (couples ages 20s-40s) "Parables from the Backside"

Journey, D366 (ages 20s-40s)

Koinonia, M307 (ages 50+) "Do Not Live Afraid"

Newton Good News, M101 (ages 50+)

Pairs and Spares, D277 East (young couples/young singles)

Roundtable, M312 (ages 50+) "God Prunes and Grafts," Andrè Rollefson

Tower, C237 (ages 40+)

Wesley, (reconciling) M320 All are welcome. Please come share your views.

Young Adults, M311 (ages 20-35)

(All youth meet at 10 am in the phyouth Assembly Area for fellowship before class)

Agape Class, D385 Youth with Special Needs, Carol Blann

12 Grade, D368 Youth Bible Study, Leslie & Tim Taylor

9-11 Grades, D379 Youth Bible Study

7-8 Grades, D377 Youth Bible Study

Confirmation, 6th Grade, phyouth Assembly Area, Rev. Jay Clark

Early Christian Awareness (ECA) Infants/Toddlers, Norma Story Bldg.

August Lessons: Jungle Animals - Monkey, Elephant, Giraffe

Preschool Lions (age 2-3), **Tigers** (age 3-4), **Bears** (age 4-5) "Gentleness"

K-4th Grade, Rotation Sunday School

5th Grade, Bible Study

Malone Phone Class: Sundays at 3 pm by phone at home

M=Main Building

C=Christian Life Center (Argue Great Hall/gym/Fellowship Central)

D=Disciple Center (Wesley Hall, Youth)

S=Norma Story Children's Building

Fellowship Stations for Coffee & Refreshments

Sundays from 8 - 11 am

Gathering Hall & New Heights Lobby