

FAMILY PROMISE

PHUMC participates in the Family Promise Program several times throughout the year by hosting homeless families for a week at our church. Thanks to all our volunteers, the June session was very successful. We hosted four happy families!

The Family Promise families live at PHUMC for a week, arriving Sunday afternoons through 7:00 a.m. the following Sunday. Sunday school rooms are transformed into a "home" for each family. We appreciate phyouth for being willing to allow Family Promise guests to use the One Way Café for meals and recreation.



Families in the Family Promise program have limited time. Their desire is to work and find permanent housing. From 5:00 p.m. to 7:00 a.m. they are at PHUMC. Breakfast and dinner are provided by our PHUMC members and lunch is made available by the PHUMC Food Pantry. Monday through Friday, the families go to the Family Promise Center located at Second Baptist Church in downtown Little Rock. Families do the normal everyday activities during the day i.e. work, school, and other activities.

Many of our volunteers have served repeatedly, session after session. We appreciate their willingness to be a part of this important mission, however, we would love for others to become involved – particularly on Saturdays. Saturday mornings usually consist of families taking care of laundry and other personal concerns – the afternoon is a wonderful time for hosts to assist with activities away from the church. We took the families to War Memorial playground and the children had a great time fishing. They caught 58 fish! Just imagine Saturday activities any child would enjoy – picnics, going to Pinnacle Mountain, ballgames, movies. We hope to have PHUMC families take this on as a family mission. Limited funds will be available to assist with the cost.

One more 2015 Family Promise mission opportunity will be held the week of October 18-25. Will you consider involving your family in this significant mission at PHUMC? Please keep Family Promise in your prayers.

Thank you,

Gwen Efird Family Promise PHUMC Coordinator

Worship Services | Sermon Series - Dare to Dream: Creating a God-sized mission for your life Friday, July 24, 6:00 pm | Discover Your Birthright, Ephesians 4:1-16 | Rev. Britt Skarda Sunday, July 26, 9:00 & 11:00 am - Sanctuary | Discover Your Birthright, Ephesians 4:1-16 | Rev. Britt Skarda

Sunday, July 26, 9:00 & 11:00 am - Sanctuary | Discover Your Birthright, Ephesians 4:1-16 | Rev. Britt Skard. (Broadcast Sunday on KATV Channel 7 at 10:30 am)

Sunday, July 26, 9:00 & 11:00 am, New Heights | Discover Your Birthright, Ephesians 4:1-16 | Rev. Jacob Lynn

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PRIMETIMERS LUNCHEON JULY 23, 11:30 AM - PARLOR

Program by Kathy Webb, Executive Director of the Arkansas Hunger Relief Alliance on "Hunger: A Solvable Problem." Ms. Webb has received numerous awards locally and nationally for her advocacy in alleviating hunger. She is an active United Methodist, a member of the Little Rock City Board of Directors, and a past member of the Arkansas House of Representatives. Make reservations at phumc.com/primetimers or call 664-3600 by noon Tuesday, July 21. All are welcome!

Willing Friends To Be Honored by PHUMC Foundation

The PHUMC Foundation will host an appreciation luncheon on Sunday, August 16 for members of the Willing Friends Society, PHUMC members who have remembered the church in their wills. These promised gifts will help ensure the future of our beloved church in perpetuity. If you have questions about becoming a Willing Friend, please call Rev. Lynn Lindsey, 978-0510. All are welcome to attend the luncheon where Mack McLarty and Skip Rutherford will be the featured speakers. Those who are not Willing Friends are asked to pay \$10 for lunch. Reservations are due by Thursday, August 13. Members as of July 18 are as follows:

Don Adams **Judy Adams Dorothy Aldridge** Elise Argue Jim Argue Karen Baker Barbara Barnett Jerry Barnett Karen Barnwell David Bartlett Nancy Bartlett Paul Bash Mike Bauer Mary Frances Bell Connie Bennett Ed Bennett Keith Billingsley Tracy Billingsley Mary Lou Billingsley Ginger Blackmon Thomas Blackmon Sylvia Borchert Topper Borchert Paul Bowen Mary Boyce **Bettye Bransford Betsy Branton** Bill Browning Helen Buchanan Cindy Burns **Kevin Burns** Kaay Burris George Campbell Crata Castleberry Jay Clark Karen Clark Bill Cobb Karen Cobb

Daryl Coker

Charlie Coleman Patti Coleman Carol Core Mac Core Louise Covington Luna Craver Donna Davis Sarah Davis **Betsy Day Bryan Day Kearney Dietz** Pat Dillahunty Laura Doramus Mark Doramus Ben Duggan Jean Duggan Katye Dunn Robert Dunn Susan Dunn Anne McAdams Dvke **Bob East** Cynthia East Mary Kay East Kathleen Ederle Walter Ederle Gene Efird Gwen Efird **Emily Erkel** Andy Fair Dixie Fair Jimmy Faulkner Ceile Faulkner Leslie Fendley R. T. Fendley Sheb Fisher Rick Fleetwood Jane Ann Fortenberry Maxine Fortenberry

Pat Fulmer

Dumas Garrett Tori Garrett Dee Garrison Glenda Gazette Marshall Gazette Dottie Gill Ken Gill **Judy Goss** Pat Goss **Barnett Grace** Greer Grace Elizabeth D. Gray Beth Greene Bill Greene Gena Gregory Joe Gregory Georgiana Gunn Helen Hall **Erle Hammans** Cynthia Hampton Jeff Hampton Sara Harrison Billie Hatcher Tom Hatcher Margaret Hatchett Leo Hauser Bo Hawk Sunny Hawk Elaine Hicks Kenneth Hicks Barbara Hoover Jan Hundley Randal Hundley Pam Hunter Jim Irwin Judy Irwin **Brooks Jackson** Mary Lou Jackson

Katherine Jefferson

Angie Johnson Jordan Johnson **Audrey Jones** John Jones Julie Jones Jennifer Kidd Lane Kidd Laura Lampley Troy Lampley Leslie Lee Mark Lee Stephanie Liechty Lynn Lindsey Wayne Lindsey Jim Maase **Betty Malone** Cecil Malone Bill Mann Karon Mann **Ernestine Martin Garth Martin** Joann Martin Cathie Matthews Leon Matthews Jim McClelland Pat McClelland Donna McLarty Mack McLarty Carolyn McLeod George McLeod Richard Meyer Nancy Milbourn Elizabeth Minton Elsie Minton Brenda Mize Freda Mobley Lloyd Mobley Jim Monk

Lynn Monk

Janice Montgomery Barbara Moore Mack Moore Tom Moore **Dot Morey** Jim Morse **Bill Nichols** Lisa Nichols **Aubrey Nixon** Freddie Nixon Vic Nixon Tony Owens Amy Palmer Jeff Palmer Mary Pierson Sarah Jane Polk Mike Porta Virginia Porta Mary Powers **Robert Powers** Mary Ruth Price-Brown Jan Sullivan Marty Rhodes Tricia Rhodes Beth Rice Ted Rice André Rollefson Louise Rollefson Billie Rutherford Skip Rutherford **Cathy Sanders** Lou Sanders Mark Saviers Vicki Saviers Jennifer Schueck Patrick Schueck **Bob Sells** Georgia Sells Stacy Sells

Jennifer Shannon

Stephanie Simonton-Atchley Britt Skarda Karen Skarda Cathy Slater John Slater Andi Smith Carey Smith Nancy Smith Wanda L. Smith Carolyn Spradley Jim Spradley Laura Spradley Mark Spradley Marlane Stakemiller Ed Strohm Judy Strohm **Betty Stuckey** Charles Sullivan Ann Teeter Joe Teeter Tyler Thompson Scott Trotter Carol Vick **Beverly Villines Buddy Villines** Alan Warrick **Boots Warrick** Jay White Laura White Gordon Wilbourn Penny Wilbourn **Sharon Williams** Fann Woodward

Mike Shannon

YOUTH 2015

Youth 2015, a national United Methodist Church event for grades 6 - 12, is held every four years. This year, the gathering was June 24-28 in Orlando, Florida and hosted 5,000 youth and their leaders from around the United States. Below are reflections from a few of our phyouth.

Youth 2015 was an awesome experience and I am so grateful that I had the chance to go! The whole theme of youth 2015 is to go on, in other words to me it meant to go on with your faith, dig a little deeper into your relationship with God, and build a strong foundation with love, grace, happiness, etc. At the beginning of Youth 2015 I would sit through the worship, workshops, Bible studies, etc. trying to grasp hold of what this message or theme Youth 2015 was trying to say. Weirdly enough it finally clicked the first day I went to Disney. I got to experience a fun time but also the joy of being happy and just being there with my youth group. After I left the park that night I realized that I want to go on living a life with the attitude of a Christian. I realized that I need to take that extra step into my faith and trust God with His plans He has for me. Overall Youth 2015 was a great experience filled with forming friendships, having fun, and taking another step into your faith. I am so incredibly blessed that I got the opportunity to experience this event.

- Cate Sink

I had so much fun at Youth 2015!! It was so cool to be worshipping Jesus with people from all over the country. It was an incredibly humbling and life-changing experience. It really pushed me to "Go On" in my relationship with Christ and grow deeper in my faith. I can't wait to see where my new knowledge takes me.

- Sarah Hymel

My experience at youth 2015 was outstanding to say the least. Everything from the worship to the concerts to the exhibits were both eye-opening, exciting, and fun. I met so many people from places that I never thought I would have friends from, and experienced so many new things I never would have experienced without going to Youth 2015. There were amazing speakers, bands, poets, and workshops every day. I learned so much about my faith and learned a lot about works of piety and mercy. I met lots of people through my small group and, although I didn't know them very personally, the conversations I had with them will continue to help me grow in faith. The workshops I attended were amazing. Some days I found it hard to choose which workshop to go to because there were so many that sounded interesting and fun. One that really stood out to me was one about poverty. It was an interactive workshop where we made decisions with a group for a 13-year-old girl who's family was in poverty. It was such an eye-opening experience. I also grew a lot closer with my own youth group. When I saw the list a couple months ago, I only knew a couple people very well. After going on this trip and sharing this unforgettable experience with them, I feel like I have 26 new best friends. We created lots of inside jokes, shared lots of laughs, made a lot of memories, and really bonded with each other. And we also got to share the experience of Disney World for a couple days. Youth 2015 was amazing to say the least, and it was definitely an experience that will continue to help me grow in my faith and that I will never forget.

- Lauren Berry





CARING WHEELS

Seeking drivers to assist in transporting members to doctor appointments. Call 664-3600 if interested.

MEMORY LOSS CAREGIVERS' SUPPORT GROUP

Seeking a co-facilitator for the group. The next training is September 11 and no cost because of our Alzheimer's Arkansas affiliation. Contact Bev Villines at 350-5053 for details.

NURSING HOME VISITATION

Would you like an amazing volunteer opportunity? PHUMC Nursing Home Visitation Ministry is seeking volunteers to visit with residents at least once a month. For more information contact Donna Davis, 400-2233.

Fall Women's Retreat at Subjaco • October 16 - 18, 2015

Our theme is "Open the Door: Dreams, Decisions, and Delight." Retreat Leader, Rev. Helen Stegall and quilter, Barbara Carlson, will be our guides as we open to God's grace. The retreat will begin Friday evening at 7:00 p.m. and end around noon on Sunday. Cost: \$200 double occupancy. Registration fee of \$75 is due by August 23 – remainder may be paid by October 1. Contact Rev. Belinda Price at 978-0531 or email bprice@phumc.com for more information. Stop by the Welcome Center to register.

PRAYER REQUESTS

DEATHS: Our Christian sympathy is extended to Emese Boone and family in the death of her father, Steve Lehoczky; and to Susie Glover and family in the death of her aunt, Minnie "Carol" Eubank.

Who Cares? We Do! **In-Touch Ministry** Report Joys/Concerns Hospitalizations, Surgeries, Deaths, Births, Prayer Requests, Etc.

Call church office: 501.664.3600

Text: 501.529.0323

Email: phumc@phumc.com Connect Card: Complete in worship **Emergency Pager: 501.688.9533**

SAVE THE DATE! Alzheimer's Arkansas Across Arkansas "A FAMILY AFFAIR" **OCTOBER 3**

LITTLE ROCK ZOO

Service Times

Friday

Sanctuary Worship (traditional, casual) 6:00 pm

Sunday

Sanctuary Worship (traditional) 9:00 & 11:00 am **New Heights Worship** (contemporary) 9:00 & 11:00 am **Sunday School** 10:10 - 10:50 am

Contact Information

Website: www.phumc.com (501) 664-3600 Fax: (501) 664-4835 After Hours Emergency: (501) 688-9533 Email: phumc@phumc.com

Church Office Hours: Monday - Friday, 8:30 am - 4:30 pm **Pulaski Heights United Methodist Church** 4823 Woodlawn Little Rock, Arkansas 72205

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Please email Tower announcements 4 weeks prior to an event: pr@phumc.com or submit Communications Request Form to: http://phumc.com/prrequest.

facebook.com/pulaskiheightsmethodist



twitter.com/pulaskiheights



Watch us on YouTube!! youtube.com/pulaskiheightsumc

Sunday School - Get Connected! 10:10 am

All Things Considered, M314 (all ages)

Argue (Named for Dr. James Argue), (reconciling) M318 (ages 45+) "Celebration of Discipline," Mackey Yokem

Beatitudes, M316 (ages 30-45+) "Making Sense of the Bible"

Bible Study, C239 (all ages) "Acts of the Apostles," Tyler Thompson **Christian Fellowship**, M304 (ages 60+) "God Shows Clemency," Gene Altenburger

Deeper Connections, D371 (20s-30s)

Dietz Dialogue, C135 (ages 70+) "Vanishing Grace," Kearney Dietz

Fathomers, C235 (ages 55+) Rev. Jay Clark Foundations. C236 (couples ages 20s-40s)

Journey, D366 (ages 20s-40s)

Koinonia, M307 (ages 50+) "What's So Amazing About Grace?" John Roberts

Newton Good News, M101 (all ages) Adult Series Bible Study

Receiving Grace, M313 (young adults)

Roundtable, M312 (ages 50+) "God Shows Clemency," Christian Harris

Tower, C237 (ages 40+) "Dare to Dream"

Wesley, (reconciling) M320 All are welcome. Please come and share your views.

Young Adults, M311 (ages 20-35)

Agape Class, D385 Youth with Special Needs, Carol Blann

11-12 Grades, D379 Youth Bible Study, John Jones and Charlie Coleman

9-10 Grades, D375 Youth Bible Study, Jim Faulkner and Tim Taylor

7-8 Grades, D377 Youth Bible Study

Confirmation, 6th Grade, D368 Rev. Jay Clark

Early Christian Awareness (ECA) Infants/Toddlers, Norma Story Bldg.

July Lessons: Jungle Animals - Monkey, Elephant, Giraffe

Preschool Lions (age 2-3), Tigers (age 3-4), Bears (age 4-5)

K-4th Grade, Rotation Sunday School

5th Grade, Bible Study

Malone Phone Class: Sundays at 3 pm by phone at home

Shepherd's Cove: Nancy or David Bartlett

M=Main Building C=Christian Life Center (Argue Great Hall/gym/Fellowship Central)

D=Disciple Center (Wesley Hall, Youth) S=Norma Story Children's Building



Fellowship Central

Sundays from 8 - 11 am Welcome Center & New Heights Lobby Coffee, Refreshments, Wi-Fi and more!!