

Pulaski Heights United Methodist Church

# THE TOWER NEWSLETTER

Volume 161, Number 41

February 15, 2015

## RITUALS

*"Remember, you are dust..."*

The many wonderful greetings I received this past weekend on the occasion of my birthday included a card from PHUMC member and friend Betty Gene Mann. The front of the card posed the provocative question: *"Know what happens when you eat healthy food, take lots of vitamins, exercise regularly, and quit drinking?"* With baited breath I eagerly opened the card to find the answer: *"You die anyway, so enjoy some birthday fun while you can!"* Ah! Truer words were never spoken!

*"Memento, quia pulvis es, et pulverem revertiris – Remember, you are dust and to dust you will return."* Once again we find ourselves confronted with the ancient season of Lent, those forty days of prayer, fasting and self-denial that prepare us spiritually for the Resurrection of Jesus Christ on Easter Sunday. Ash Wednesday marks the beginning of Lent. With its ritualistic imposition of ashes, Ash Wednesday calls us to face our own mortality.



Some brands of Christianity only express one dimension of life—happy. Rock bands, pulsating music, Starbucks and cool worship leaders in tight-fitting jeans sing and celebrate without any consideration for the deeper questions of human existence. Personally, I need to address these deeper matters of life and death. I need to be reminded that my time on earth is limited. I need rituals. You need rituals. We all need rituals.

Join us in the Sanctuary on Wednesday, February 18, at 7 a.m., 12 noon or 6 p.m. for one of three *Ash Wednesday* services as we face our mortality by entering the wilderness with Jesus. Childcare is provided for the noon and 6 p.m. services.

*"Memento, quia pulvis es, et pulverem revertiris – Remember, you are dust and to dust you will return."*

Britt Skarda  
Senior Pastor

### FAT SUNDAY PANCAKE LUNCH

Sunday, February 15  
12 Noon in the Great Hall

Menu includes: pancakes, sausage, bacon, orange juice, milk, and coffee!  
Trolley hours extended until 2 pm.

Donations will be accepted to benefit  
Shepherd's Hope Neighborhood Health Center  
(A ministry of Oak Forest UMC)



Join us for good food and fellowship!

ASH WEDNESDAY SERVICES



February 18  
7 am, 12 noon, 6 pm  
in the Sanctuary

7 am service will be led by phyouth.  
Childcare available at noon & 6 pm only.

BOARD OF STEWARDS MEETING



MONDAY, FEBRUARY 23  
WESLEY HALL, 5:45 PM

Our 2015 budget will be discussed during this meeting. Join us for fellowship and dinner (\$8.50). Please sign up by Connect Card during worship or email [phumc@phumc.com](mailto:phumc@phumc.com) by Wed., Feb. 18. Child care is available.



**Worship Services** Sermon Series | The Power of Words | *"Words Written"* - James 3:1-12

Friday, February 13, 6 pm & Sunday, February 15, 9 am and 11 am - Sanctuary | Rev. Jacob Lynn  
(Broadcast Sunday on KATV Channel 7 at 10:30 am)

Sunday, February 15, 9 am and 11 am, New Heights | Rev. Britt Skarda

## PHUMC Foundation Announces Estate Gift From Don Morey

Appreciation is expressed to the late Don Morey and his widow, Dorothy Morey, for their generosity in designating the Foundation as beneficiary on two of Don's insurance policies. Don, who died on October 10, 2014, joined PHUMC along with his wife in 1990. He and Dorothy were married 65 years. They met as young people at Winfield UMC at a United Methodist Youth district meeting and were active members of Oak Forest UMC until joining PHUMC. Don's life revolved around his family, church, school, and Boy Scouts. At PHUMC he was active with the Board of Stewards, Dietz Dialogue Class, and Helping Hands. He was also a PHUMC "office angel" – helping to stuff envelopes or whatever else was needed.



Dorothy said that Don took out these particular insurance policies to protect the family when they had young children. In later years he wanted to give something special to the church and he and Dorothy decided to make the church the beneficiary on both policies. Dorothy and children, Donna Morey and Rev. Mike Morey, have requested that Don's estate gift of \$7,401.43 go to the Cokenour Endowment, an endowment of the Foundation. Income from the Cokenour Endowment is used for college scholarships for those who wish to enter the ministry or another church-related profession. The Foundation is grateful for that important decision which will make an impact in countless lives in perpetuity.



## Update

### TEMPORARY STREET CLOSING

Woodlawn will be closed from Spruce St. to Monroe St. beginning Mon., Feb. 9 through Fri., Feb. 13 - and possibly the following week as well.

Wesley Kids Children's Choir and PHUMC Music Ministries present

# The Tale of 3 Trees

A Delightful Musical for Children  
written by Dave Clark & Jayne Thompson

**FRIDAY, FEBRUARY 13, 2015 AT 6:00 PM**  
Sanctuary, Pulaski Heights United Methodist Church  
Woodlawn and Lee Streets, Little Rock, AR

## Guatemala Mission Team Information Session

Thurs., Feb. 19, 6:30 pm, Parlor

Trip dates: Medical Team, August 1-8

Trip dates: Surgery Team, August 8-16

For more information contact Jon Allen, Team Leader, at allenjonk@gmail.com.

## CONGREGATIONAL CARE MINISTRY TRAINING SESSIONS

Sunday, March 1 & 8

Rm. C236, 12 noon - 1:30pm

If you know someone who would like to join us, please ask them to come with you. A light lunch will be provided. For more information, contact Rev. Jeff Hampton at jhampton@phumc.com. Make your reservations by calling 664-3600 by Thursday, Feb. 26 and Mar. 5.

## CPR/Defibrillator Ministry Training

Thursday, February 12

1 - 3 pm, Rm. C236

(Sponsored by Caring Ministry Network)

This training is for those interested in becoming a part of the CPR/Defibrillator Ministry. The training will be conducted by Karen Konarski-Hart. If interested, please call 664-3600 or email phumc@phumc.com to sign-up for the training class. For questions, contact Bill Mann, bmann@littlerock.org.

## Primetimers February Luncheon

Thursday, February 26, 11:30 am, Parlor



Program by vocalist and PHUMC member, Veena Akama-Makia presenting "Valentine Songs by Veena"

## Membership Matters

Are you interested in **knowing more** about PHUMC or becoming a **member**? If your answer is **yes**, **PHUMC Membership Matters Class** is just for **YOU!**

Join us **Sunday, February 15** from **Noon to 2 pm** in the **Parlor** for lunch, fellowship and learning more about PHUMC! Sign up by calling the church office at 664-3600 or emailing Sara Strickland at sstrickland@phumc.com. Childcare is available.



- ♦ *Religion and Science: Pathways to Truth*
- ♦ *The Call of the Psalms: A Spiritual Companion for Busy People*
- ♦ *St. Peter's B-List: Contemporary Poems Inspired by the Saints*
- ♦ *Revival: Faith as Wesley Lived It*
- ♦ *Man and His Symbols*
- ♦ *The Reason for God: Belief in an Age of Skepticism*
- ♦ *Learning to Walk in the Dark*
- ♦ *Misfits: the Church's Hidden Strength*
- ♦ *The Gnostic Gospels of Jesus*

The Clarice Johnson Media Center is located in the Children's Building on the 3rd floor (Rm. D373). Hours of operation: Sundays and Tuesdays, 9am - Noon.

## HILLCREST LENTEN SERVICES 2015

Theme: "The Pilgrim Road"

Date	Location	Speaker
February 20	Pulaski Heights Baptist	Erik Polmeier
February 27	Pulaski Heights Presbyterian	Randy Hyde
March 6	Pulaski Heights United Methodist	Tom Marks
March 13	Our Lady of Holy Souls	Ruskin Falls
March 20	Pulaski Heights Presbyterian	Britt Skarda
March 27	Pulaski Heights Christian	Jay Clark

All services are 30 minutes at participating churches on Fridays at 12 noon, followed by a light lunch. Make plans to join us as we unite during the Lent season!



# SHAKE-IT-UP LENT

Many of our Adult Sunday School Classes will be "Shaking-It-Up" through the Sundays of Lent, beginning Feb. 22. Classes are pairing up to study "Give Up Something Bad for Lent," by Rev. James Moore. This book will complement our Lenten Preaching Series "Give It Up." This is a fun way to study together and get to know each other. Classes are getting excited and you won't want to miss. If you don't have a Sunday School Class, please pick any class and come and participate in this Lenten Study. Questions, email Belinda Price at bprice@phumc.com.

## OPPORTUNITIES

### SUNDAY

**Fellowship Central (Welcome Center/NH Lobby)**  
8:00 - 11:00 am  
**Wesley Kids Choir Rehearsal (M119)**  
9:00 - 10:00 am  
**Baptism Orientation (Sanctuary)**  
10:10 - 10:50 am (1st Sun.)  
**phuyouth Group (Youth Area/Wesley Hall)**  
5:30 - 7:15 pm  
**Senior High Bible Study (D379)**  
7:15 - 8:30 pm

### MONDAY

**PHkids Open Gym (Great Hall)**  
11:00 am - 2:00 pm  
**Midday Prayer (Chapel)** 11:45 am  
**Youth Basketball League (Great Hall)**  
5:30 - 10:00 pm  
**Pack 12 Cub Scouts (D366)**  
6:00 - 7:00 pm

### TUESDAY

**Helping Hands (Wesley Hall)** 9:30 am - 2:30 pm  
**Zumba Gold (Great Hall)** 2:00 - 2:45 pm  
**Youth Basketball League (Great Hall)**  
5:30 - 10:00 pm  
**Yoga (Rm. C236)** 5:30 - 7:00 pm  
**Memory Loss Caregivers (D366)**  
5:30 - 6:30 pm (2nd Tues.)  
1:00 - 2:00 pm (3rd Tues.)  
**Venture Crew 8 - Boy Scouts (D387)**  
6:30 - 8:30 pm

### WEDNESDAY

**Cancer Friends Support Group (C236)**  
5:00 pm (2nd Wed.)  
**Wesley Girls Handchimes Rehearsal (M119)**  
5:15 - 6:00 pm  
**Youth Basketball League (Great Hall)**  
5:30 - 10:00 pm  
**Chancel Choir Rehearsal (M110)**  
6:00 pm  
**phuyouth Small Groups (Youth Area)**  
6:30 - 7:30 pm

### THURSDAY

**Labyrinth (Wesley Hall)** 8:00 am - 8:00 pm  
**Zumba Gold (Great Hall)** 2:00 - 2:45 pm  
**Youth Basketball League (Great Hall)**  
5:30 - 10:00 pm

### FRIDAY

**PHUMC Book Club (C235)**  
7:00 - 8:00 am ("When Religion Becomes Lethal")  
**PHkids Open Gym (Great Hall)**  
3:00 - 8:00 pm  
**Parents' Night Out (Children's Building)**  
6:00 - 9:00 pm (4th Fri.)

### SATURDAY

**Youth Basketball League (Great Hall)**  
8:00 am - 10:00 pm

## NURSING HOME VISITATION

PHUMC Nursing Home Visitation Ministry is seeking volunteers to visit with residents at nursing homes and assisted living centers at least once a month. For more information contact Donna Davis, 400-2233.



We need YOU to be a part of our new **CHURCH DIRECTORY!!**

**DATES: March 3-7  
March 17-21  
March 24-28**

Each family will receive a complimentary 8x10 portrait and directory for participating

**Schedule your appointment TODAY at phumc.com!**

A representative will also be in the Welcome Center on Sundays for scheduling.

## Crafting PHriends Friday, February 20 6-9 pm, Rm. C236

Bring your crafting ideas and supplies and join us for a night of crafting and fellowship. Why? Because everything is more fun in community! Register for childcare by February 15.

## President of Hendrix College to Visit Pulaski Heights UMC on March 8

President William M. Tsutsui is the president and professor of history at Hendrix College. He previously served as dean of Dedman College and Humanities and Sciences at Southern Methodist University from 2010 to 2014. He holds degrees from Harvard, Oxford, and Princeton universities.



An award-winning classroom teacher, Tsutsui is the author or editor of eight books. He has received Fulbright, ACLS, and Marshall fellowships, and was awarded the John Whitney Hall Prize of the Association for Asian Studies in 2000 and the William Rockhill Nelson Prize for Non-Fiction in 2005. His teaching and research focus on the business, environmental, and cultural history of twentieth-century Japan.

A meet-and-greet barbecue luncheon will be in the Great Hall at noon on March 8. All of invited including Hendrix College alumni, parents, and friends! If you would like to attend, please RSVP to 877-208-8777 or email RSVP@hendrix.edu.



### Congratulations PHUMC!

Our blood donation goal was 15 and we collected 19 at 127%!!  
Because of our efforts, we were able to save up to 57 LIVES!!

**A BIG THANK YOU to all who donated!**

## Souper Bowl Sunday February 1



Happy volunteers working to get soup packages together for the Food Pantry's Souper Bowl Sunday fundraiser.

## PRAYER REQUESTS

**DEATHS:** Our Christian sympathy is extended to Lee Pittman and family in the death of his brother-in-law, Robert Burch; to Matt Toland and family in the death of his stepfather, Joe Shinn; to family and friends of Ethel Roescheise in her recent death.

**RECENT HOSPITALIZATIONS:** (Jan. 28-Feb. 3) Phil Brissey, Tim Britt, Kennedy Djimpe, William Gillum, Cathie Matthews, Rebecca Rather, August Richter, Jerry Sullivan.

**WE REJOICE IN THE BIRTH OF** Richard Gregory Day Jr., child of Barbara LaGasse Day and Greg Day, grandchild of Helen-Ann Hill; Elizabeth Rose Ablondi, child of Christine and Aaron Ablondi and grandchild of Janice and David Elrod; Madeline Rose Gregory, child of Jenny and Wade Gregory.

### Who Cares? We Do!

*In-Touch Ministry*

Report Joys/Concerns

Hospitalizations, Surgeries, Deaths, Births, Prayer Requests, Etc.

Call church office: 501.664.3600

Text: 501.529.0323

Email: [phumc@phumc.com](mailto:phumc@phumc.com)

Connect Card: Complete in worship

Emergency Pager: 501.688.9533

## United Methodist Women Group Meeting

- **Mary & Martha UMW** will meet Mon., Feb. 16, 1 p.m., Rm. C135. Hostesses are Erma McNeill and Audrey Jones. Program by *Our House*.

## Service Times

### Friday

Sanctuary Worship (*traditional, casual*)  
6:00 pm

### Sunday

Sanctuary Worship (*traditional*)

9:00 & 11:00 am

New Heights Worship (*contemporary*)

9:00 & 11:00 am

Sunday School

10:10 - 10:50 am

### Contact Information

Website: [www.phumc.com](http://www.phumc.com)

(501) 664-3600 Fax: (501) 664-4835

After Hours Emergency: (501) 688-9533

Email: [phumc@phumc.com](mailto:phumc@phumc.com)

Church Office Hours:

Monday - Friday, 8:30 am - 4:30 pm

Pulaski Heights United Methodist Church  
4823 Woodlawn  
Little Rock, Arkansas 72205

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LITTLE ROCK, AR

Please email Tower announcements 4 weeks prior to an event: [pr@phumc.com](mailto:pr@phumc.com) or submit Communications Request Form to: <http://phumc.com/prrequest>.

[facebook.com/pulaskiheightsmethodist](https://facebook.com/pulaskiheightsmethodist)



[twitter.com/pulaskiheights](https://twitter.com/pulaskiheights)



Watch us on YouTube!!  
[youtube.com/pulaskiheightsumc](https://youtube.com/pulaskiheightsumc)



## Sunday School - Get Connected! 10:10 am

All Things Considered, M314 (all ages)

Argue (Named for Dr. James Argue), (reconciling) M318 (ages 45+) "Living the Questions," DVD/Discussion

Beatitudes, M316 (ages 30-45+) Hymn - "Amazing Grace," Pat Goss

Bible Study, C239 (all ages) "Free Will," Jan Cottingham

Christian Fellowship, M304 (ages 60+) "Serving Neighbors, Serving God"

Deeper Connections, D371 (20s-30s)

Dietz Dialogue, C135 (ages 70+) "Making Sense of the Bible," Kearney Dietz

Disciple Bible Study Class, D277 (all ages) "The Called People: Covenant," Mary Lewis Dassinger

Fathomers, C235 (ages 55+) "Repentance in the Biblical Tradition: John, Jacob & Jesus," Rev. Vic Nixon

Foundations, C236 (couples ages 20s-40s) *Seizing the Moments* by James Moore

Journey, D366 (ages 20s-40s)

Koinonia, M307 (ages 50+) "Heroes, Rogues and the Rest," Kathy Roberts

Newton Good News, M101 (all ages) "The Story"

Receiving Grace, M313 (young adults) "Wired Word"

Roundtable, M312 (ages 50+) "Serving the Least," André Rollefson

Tower, C237 (ages 40+) Mark Spradley

Wesley, (reconciling) M320 All are welcome. Please come and share your views.

Young Adults, M311 (ages 20-35)

Agape Class, D385 Youth with Special Needs, Carol Blann

11-12 Grades, D379 Youth Bible Study, John Jones and Charlie Coleman

9-10 Grades, D375 Youth Bible Study, Jim Faulkner and Tim Taylor

7-8 Grades, D377 Youth Bible Study

Confirmation, 6th Grade, D368 Rev. Jay Clark

Early Christian Awareness (ECA) Infants/Toddlers, Norma Story Bldg.

January Lessons: Horse, Cow, Doggie, Kitten

Preschool Lions (age 2-3), Tigers (age 3-4), Bears (age 4-5) "Feeding 5,000"

K-5th Grade, Rotation Sunday School, Story Bldg. Meet in Rm. S350, then classes.

Malone Phone Class: Sundays at 3 pm by phone at home

M=Main Building

C=Christian Life Center (Argue Great Hall/gym/Fellowship Central)

D=Disciple Center (Wesley Hall, Youth)

S=Norma Story Children's Building



## Fellowship Central

Sundays from 8 - 11 am

Welcome Center & New Heights Lobby  
Coffee, Refreshments, Wi-Fi and more!!