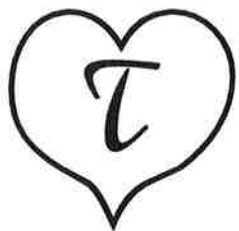
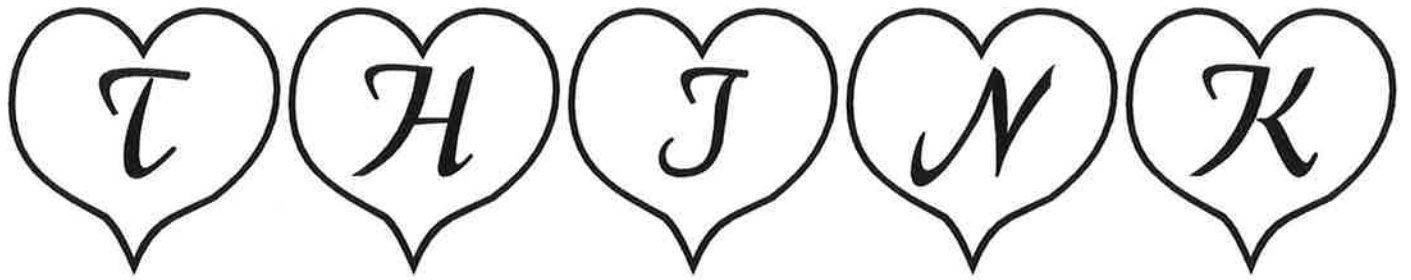


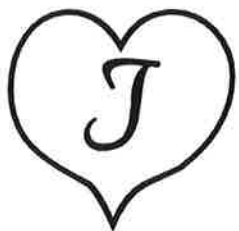
Before you speak:



- Is it true?



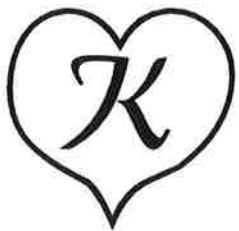
- Is it helpful?



- Is it inspiring?



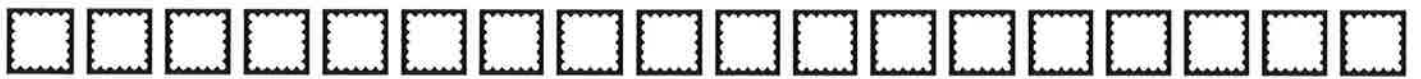
- Is it necessary?



- Is it kind?

Before you speak:

THINK



T

- Is it true?

H

- Is it helpful?

I

- Is it inspiring?

N

- Is it necessary?

K

- Is it kind?