

MLK Day of Service

Join us for the Marade and Service Project at St. Luke

We know vital congregations are involved in risk-taking service. They help one another, but they are committed to serving folks beyond the walls of the church.



That's one of the main reasons PHUMC has a second campus in the Broadmoor area, and that's why we will hold our second **MLK Service Day at our St. Luke campus on the observance of Dr. Martin Luther King, Jr.'s birthday, Monday, January 21, noon to 3 p.m.** We are partnering with a variety of friends and organizations to work together for the good of **all** the people in our community.

Above all, mission is not only about changing lives, it's about building relationships. As Bishop Richard Schnase notes, vital congregations "...put forth the effort to see that the people they serve feel respected, confirmed, confident and blessed, not dependent or helpless or indebted. They do mission with people of other cultures and not ministry to them; they don't view service as a one-way street, as if they hold all the answers and have all the resources and

are helping people who have nothing."

Rev. Dr. King's birthday is a great time to live out his words, "Everybody can be great...because anybody can serve."

Peace,

Rev. Betsy

MLK Day of Service Opportunities to Serve

Marade

The MLK Marade begins at Industrial Park, but there will be two PHUMC vans leaving the Lee Street parking deck at 7:45 a.m. and 9 a.m. Please sign up through a worship connect card or reach out to Gayle Fiser at gaylefiser@att.net

Service Project

St. Luke campus will be the site of service projects from noon to 3 p.m., Jan. 21. Show up between those hours and assist in several projects.

[Click here to sign up for project.](#)

Give

If you can't attend, please donate at either church campus by Sunday, Jan. 20, new or gently used books K-12th grade, and hygiene products for local high school students. Below is a list of items to bring!

Food Drive Items

Cereal – whole grain (individually packaged), peanut butter, canned meats (chicken, tuna) applesauce, canned beans, canned fruits or vegetables, crackers, granola bars, instant mashed potatoes, meals in a box (pasta, rice, kid friendly -soups), nuts, pasta, rice, soup, stew, and chili, pop tarts, oatmeal, boxed juices, fruit cups

Girl's Bags

Deodorant, soap or body wash, toothbrush, toothpaste, large comb, shampoo, lotion, face towel, maxi pads, and panty liners

Boy's Bags

Deodorant, soap or body wash, toothbrush, toothpaste, large comb, shampoo, lotion, and face towel



I Beg to Differ

LEARNING TO COMMUNICATE LIKE A CHRISTIAN

OUR JANUARY SERMON SERIES

THIS WEEK: IN THE SAME BOAT

January 18th and 20th
1 Corinthians 12:1-11

Sermon Series: I Beg to Differ: Learning to Communicate Like a Christian

In the Same Boat- Dr. Martin Luther King, Jr. once said of America's diversity, "We may have all come on different ships, but we're all in the same boat now." Likewise, the apostle Paul understands that the Body of Christ is, like creation, diverse by design. Working together, we, are a complex body that is not all the same, but a body nonetheless that needs to learn from and respect all the parts. Empathy must replace assumption that our experience is superior or of more value than someone else's. How often do you really listen to someone instead of talking about your experiences or yourself?

SAVE THE DATE



Mac-n-Cheese Lovers, food festival aficionados, event people, and anyone who wants to help raise money for local non-profits can be a part of our first Mac-n-Cheez Mania Food Festival.

The festival will be held at War Memorial Stadium in the concourse, Saturday, April 6th from 11 a.m. to 2 p.m.

The event is designed to enhance our church's recognition in the Greater Little Rock area, and to raise funds for local non-profits. The centerpiece of the festival is a cook-off in which teams prepare unique variations of mac-n-cheese in an outdoor setting and submit portions for judging, as well as public tasting. Winning teams receive cash prizes and trophies.

Two things to know for right now:

1) Come to the January 27th planning meeting after 11am worship
We need volunteers in several categories: cook teams, hospitality/outreach, promotion, money management.

2) Nominate a non-profit as beneficiary The PHUMC Mission Board invites our congregation to nominate non-profits involved in eradicating homelessness in the Greater Little Rock area. Please submit the name of the organization through our Worship bulletin connect card or by email at phumc@phumc.com. Proceeds from food festival will be split between the non-profits selected.

NEW EVENT

**Mac-N-Cheez Mania
Food Festival**

PLANNING MEETING

January 27
After 11am worship service

FAMILY PROMISE VOLUNTEERS

PHUMC will be hosting our first Family Promise in 2019
January 27th - February 3rd

Family promise is a wonderful opportunity for providing assistance to families who are currently in need of shelter, meals and encouragement.



**Tuesday, January 22, 2019
at 2:30 PM – 3:30 PM CST
Pulaski Heights United
Methodist Church - Parlor**

Alzheimer's Arkansas is partnering with UAMS and PHUMC to host a Caregiver Q&A with Dr. Mark Brody about dementia, Alzheimer's disease, and helpful tips for caregivers!

You can join us in person at Pulaski Heights United Methodist Church, submit your questions before to info@alzark.org, or ask live on Facebook as we broadcast the Q&A on [Alzheimer's Arkansas Facebook page](#). Comment on Facebook with any questions you may have and we will try to answer them during this session!

Host Times Available

- 1) **Sunday afternoon** – 3:30 PM - 5:45 PM
- 2) **Evening coverage** – 5 PM to 6 PM
Monday through Saturday
- 3) **Dinner** – 5:45 PM - 7 PM
Sunday through Saturday.
- 4) **Saturday** – 8:30 -10:30 AM, 10:30 AM - 12:30 PM, 12:30 – 5:30 PM
Activities –volunteers needed
- 5) **Overnight** – 7 PM - 7 AM
Sunday through Saturday night.
(Saturday Morning until 8:30 AM)

Volunteers may sign up at Welcome Desk or email gwenefird@att.net

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*Life's most persistent
and urgent question
is: What are you
doing for others?*”

–Martin Luther King Jr.

To Alleviate Hunger and
Support PHUMC Food Pantry

Soup is \$15 per quart

Place your order in the Welcome Center or the Welcome Desk outside Wesley Hall

*Orders being taken each Sunday from 9am to Noon on January 20th and 27th.
Pick up orders on Sunday Feb 3rd in the kitchen.*



PREACHING THIS WEEK

SANCTUARY SERVICES

Friday - Rev. Britt Skarda
Sunday - Rev. Britt Skarda

NEW HEIGHTS SERVICES

Rev. Jay Clark

ST. LUKE CAMPUS SERVICE

Rev. Andrea Cummings

Pulaski Heights United Methodist Church
4823 Woodlawn
Little Rock, Arkansas 72205

NONPROFIT
ORGANIZATION
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WEEKLY SERVICE TIMES

SANCTUARY SERVICES

Friday at 6:00 p.m.

Sunday at 9:00 & 11:00 a.m.

NEW HEIGHTS SERVICES

Sunday at 9:00 & 11:00 a.m.

SUNDAY SCHOOL @ PHUMC

Sunday at 10:00 a.m.

ST. LUKE CAMPUS SERVICE

Sunday at 9:30 a.m.



@pulaskiheightsunitedmethodistchurch



youtube.com/pulaskiheightsumc



Twitter: @pulaskiheights



@stlukecampus

St. Luke Campus • 6401 W. 32nd St. • Little Rock, AR 72204

Contact Information

Website: www.phumc.com • (501) 664-3600
Fax: 664-4835 • Email: phumc@phumc.com

Church Office Hours:

Monday - Friday, 8:30 a.m. - 4:30 p.m.

The church is also available seven days a week, beyond regular office hours, for special events or meetings.

ANNOUNCEMENTS

GET THE SCOOP ON UPCOMING EVENTS & OPPORTUNITIES FOR FELLOWSHIP

CHURCH OFFICE, CLC-WOODLAWN, and CLC-ST. LUKE WILL BE CLOSED Mon. Jan. 21st, in observance of the Martin Luther King Jr. Holiday. All of the regularly scheduled events are cancelled with the exception of the MLK Day of Service event and youth basketball.

ADVENTURES IN THE ARTS SPRING REGISTRATION enrollment and lessons began Jan. 7. We offer lessons in piano, voice, violin, guitar, visual arts, and much more! Contact Mary Smith, 978-0522, msmith@phumc.com or www.adventuresinthearts.org for more information. Lessons are held at PHUMC.

JAN. 24 - PRIMETIMERS AND FRIENDS MONTHLY LUNCHEON. Thurs., Jan. 24, 11:30 a.m., Great Hall. The program will feature Karen and Jay Clark. The cost of the lunch is \$8 or you are welcome to bring your own sandwich. Reservations are due by Noon, Tue. Jan. 22.

HELPING HANDS RESPITE CARE PROGRAM. Tues., 9:30 a.m. – 2:30 p.m., Wesley Hall. Start the year with love in your heart and caring moments to share with our clients. Choose your “Tuesday” of the month or what we would love is to see you on a regular basis. Call Bev Villines at 664-3600 or 978-0510 to discuss this wonderful opportunity and to sign-up.

RANEY SERIES PRESENTS REV. DR SAM WELLS AND THE ST. MARTIN'S VOICES on March 1-3rd. PHUMC is pleased to announce our 2019 Raney Lecture Series featuring Rev. Dr Sam Wells from St. Martin-in-the-Fields, London, England. Complete event details will be announced in the following weeks!

Joys and Concerns

DEATHS: Our Christian sympathy is extended to Tammy Thompson and family in the death of her sister-in-law, Kay Beaton; to Rev. Aubrietta Jones and family in the death of her father, Don Jones; to Lou Sanders and family in the death of his brother, Jack Walker Sanders; to Heather McCastlain and family in the death of her mother, Leila Davenport; and to Jerry Barnett and family in the death of his mother, Sonya Gunn.

WE REJOICE IN THE BIRTH of Hadley Monroe Simmons, child of Lauren and John Simmons.



We Rejoice in the Baptism of

Harriet (Hattie) Speed Whiteside, child of Lucy and Quinten Whiteside