

Deadline to Nominate Recipients for Special Offerings and Grants Is Approaching

October 22 is the deadline to nominate a recipient for a special offering or a mini-grant in 2019. The applications are on the homepage of our website at phumc.com/missiongrantsapp.

Each year, PHUMC selects a set number of special offerings. The Mission Board examines the applications for funds, and decides how they will be dispersed.

Applying for both a special offering and an endowment mini-grant does not mean you will receive both. For more information, contact Rev. Betsy Singleton Snyder at bssnyder@phumc.com.

Volunteers Needed for Family Promise

PHUMC helps support the mission of Family Promise of Pulaski County, an affiliate of the national Family Promise network. This ministry's mission is to help homeless and low-income families achieve sustainable independence through a community-based response.

PHUMC is a host church, which means that we open our doors and provide food and shelter for homeless families on a quarterly basis. While the families stay in our building for a week, Family Promise provides case management to help the families become self-sufficient.

We are in need of volunteers to help during the week of Oct. 28-Nov. 4. We need people to help with room set-up, provide meals, and serve as afternoon and overnight hosts.

If you are interested in serving, please contact Gwen Efird at gwenefird@att.net and Rev. Betsy Singleton Snyder at bssnyder@phumc.com.

Seeking Volunteers for Food Festival



April 6 is the date of our first Mac 'N' Cheez Mania Food Festival at War Memorial Stadium!

We are recruiting volunteers in all capacities, as well as sponsors and cooks to join the teams. Contact Rev. Betsy Singleton Snyder at bssnyder@phumc.com for more information about volunteering.

The festival will raise money for local non-profits and will feature a cook-off in which teams prepare unique variations of mac-n-cheese. The teams will consist of professional chefs and amateurs. Cash prizes and trophies will be awarded. Other activities, such as a kid zone, petting zoo, food trucks, etc., are planned.

FOOD OF THE MONTH: Soup



Our PHUMC pantry ministry appreciates your support! Please bring your donations to the church and place them inside the collection boxes outside Wesley Hall and the Parlor.

Upcoming Events

FAITH AND RACE: COVENANTAL RESTORATION

Oct. 7-Nov. 11, Sundays, 5:30-7 p.m., Room C236, No cost. No need to register.

MOXIE MATTERS

Monday, Oct. 8, 7 p.m. Robinson Performance Hall. Featuring Jen Hatmaker and Nichole Nordeman. Tickets: www.moxiematterstour.com.

DINNER WITH FRIENDS

Monday, Oct. 8, 5:30 p.m. The Butcher Shop, Little Rock. For more info, call Becky at (501) 416-3730.

UMW CIRCLE OF HOPE

Monday, Oct. 8, 11:45 a.m., Parlor. Austin Bailey, a volunteer for Moms Demand Action, will be the speaker. Register: (501) 664-3600.

FREE CONTINUING EDUCATION WEBINAR: 2018 HEALTHCARE LAW UPDATE

Thursday, Oct. 11, 11 a.m.-1 p.m., Room C135. Sponsored by the Arkansas Geriatric Education Collaborative. Register: (501) 664-3600.

HOG PARKING

Saturday, Oct. 13. \$20 to park your car at the church. Funds benefit phyouth mission work.

THERAPY DOG RECOGNITION

Sunday, Oct. 14, 11 a.m. worship services.

JUBILATION JAZZ PERFORMANCE

Sunday, Oct. 14, 9 & 11 a.m. worship services in the sanctuary.

NEW UMW GROUP MEETING

Wednesday, Oct. 17, 7 p.m., home of Mary Steele at 28 Wingate, Little Rock. RSVP to Mary Steele at (501) 680-5145.

SLIDE (SENIORS LEARNING AND INFORMATION DAY FOR EVERYONE)

Wednesday, Oct. 17, 9 a.m.-noon. Gathering Hall and Main Floor classrooms. Register: (501) 664-3600.

AARP SMART DRIVER COURSE

Monday, Oct. 22, 9 a.m.-1 p.m., Room C236. \$15 for AARP members; \$20 for non-members. Register: (501) 664-3600.

PRIMETIMERS AND FRIENDS MONTHLY LUNCHEON

Thursday, Oct. 25, 11:30 a.m., Great Hall. Featuring Judy Adams of Catering to You. Register: (501) 664-3600.

LOST FORTY MISSION MIXER

Thursday, Oct. 25, 6-8 p.m., Wesley Hall. Register: (501) 664-3600.

JUSTICE TEAM MEETING

Monday, Oct. 29, 5:30-6:30 p.m., Room C236. Register: (501) 664-3600.

Save The Date!



Join the Primetimers and Friends for their monthly luncheon on Thursday, Oct. 25, in the Great Hall. The program is "Her Story: Catering to You" featuring Judy Adams,

owner of Catering to You.

The program will start with a lunch buffet at 11:30 a.m. Cost is \$8 for lunch, or you may bring your own. Deadline for reservations is noon, Tuesday, Oct. 23. Sign up via the Connect Card, in the reception areas, or by calling the church office at (501) 664-3600.

SLIDE With Us!

A wide array of classes will be offered for seniors at SLIDE (Senior Learning and Information Day for Everyone) on Wednesday, Oct. 17, from 9 a.m.-noon in the Gathering Hall and Main Floor classrooms.

Some of the classes offered include "Fraud Against Seniors," "Silver Alert," Smart 911/MEMS," "Immunization Awareness," "Drug Take Back," and "ICan - Telephone Assistance for hearing impaired." Several groups will have information booths, such as the PHUMC Hiking Club, Home Helpers, Alzheimer's Arkansas, CareLink, and the Central Arkansas Library System. A flu shot clinic will also be available.

There will also be ZumbaGold and Drums Alive! exercise demonstrations. Door prizes will be awarded every hour. This is a free event, but food pantry donations are encouraged. Register by calling (501) 664-3600.

Racism Class Offered Through November

Racism and oppression have a long and painful past and present. It is an open aching human wound that reflects a fracture in our relationship with God. Please join us in this free class as we find hope for healing.

Faith and Race: Covenantal Restoration

Led by PHUMC laity and clergy. Oct. 7-Nov. 11, Sundays, 5:30-7 p.m., Room C236.

There is no need to register. For more information, email Rev. Belinda Price at bprice@phumc.com. Childcare is available upon request.

Wanted: Bell Ringers

We invite you to participate in a favorite PHUMC tradition, "PHUMC Rings the Bell" on Saturday, Dec. 1. Volunteers will have the opportunity to ring the bell throughout Little Rock to assist the Salvation Army in their Christmas collection.

Sign-up will begin on Sunday, Oct. 28, in the Gathering Hall. For more information, call Meredith Kemper at (501) 912-5148 or Paula Watson at (501) 225-7575.

Free Driver Safety Course Set for Oct. 22

Do you need to sharpen your driving skills? We are hosting an AARP Smart Driver Course on Monday, Oct. 22, from 9 a.m.-1 p.m. in Room C236. The class is \$15 for AARP members and \$20 for non-members.

Participants will learn:

- Defensive driving techniques
- Proven safety strategies
- New traffic laws and rules of the road

There are no tests to pass. Reservations are required. Register via the Connect Card, at the reception areas, or by calling (501) 664-3600. For more information, email Bev Villines at bvillines@phumc.com.

Donations Needed for "For The Love Of A Child" Program

Our "For The Love of a Child" mission program was formed to serve the needs of children in the foster care system and lower-income children in our community.

We currently have a need for baby items, such as pack and plays, high chairs, strollers, and toddler and baby clothes. You may place donations in collection bins at the Children's Learning Center at PHUMC. Or, to schedule a pick up, please call Kim McDonough at (501) 831-4820 or Dale Fiske at (501) 837-5306.

Mix and Mingle at Our Mission Mixer!



Please join us for our Lost Forty Mission Mixer on Thursday, Oct. 25, from 6-8 p.m. in Wesley Hall

at our PHUMC campus.

Enjoy tasty fare and libations from Lost Forty Brewing, excellent fellowship with mission leaders, and learn about service projects in which you can take part!

This event is for people who want to discover the ways they can serve God and neighbor beyond the church walls. Space is limited, so please call (501) 664-3600 to add your name(s) to the guest list.

Childcare will be available on the PHUMC campus during this event, but advance reservations are required. For allergy safety, please provide a meal for your child beforehand or bring one with you. Deadline to sign up is Tuesday, Oct. 23. For more info, email bssnyder@phumc.com.

PRAYER REQUESTS

OUR CONGRATULATIONS to Joya Hampton and Wes Anderson in their recent marriage, and to Garrett Simpson and Evans Thalheimer in their recent marriage.

Pulaski Heights United Methodist Church
4823 Woodlawn
Little Rock, Arkansas 72205

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Contact Information

Website: www.phumc.com • (501) 664-3600
Fax: 664-4835 • Email: phumc@phumc.com

Church Office Hours:

Monday - Friday, 8:30 a.m. - 4:30 p.m.

The church is also available seven days a week, beyond regular office hours, for special events or meetings.

WEEKLY OPPORTUNITIES

SUNDAY

Baptism Orientation (Sanctuary) 10:10 - 10:50 a.m.
(1st Sunday of the month)

MONDAY

Midday Prayer (Chapel) 11 a.m. - noon
phkids Open Gym * (Great Hall) 11 a.m. - 2 p.m.
Fit4Mom Fitness (C236) 5:45 p.m.

TUESDAY

Helping Hands (Wesley Hall) 9:30 a.m. - 2:30 p.m.
Memory Loss Caregivers (C135) 1-2 p.m. (3rd Tues.)
Zumba Gold (Great Hall) 2 - 2:45 p.m.
Memory Loss Caregivers (C135) 5:30 - 6:30 p.m. (2nd Tues.)
Yoga (C236) 5:30 - 7 p.m.

WEDNESDAY

Labyrinth (Wesley Hall) 8 a.m. - 8 p.m.
AI Anon (C237) 5:30 - 6:30 p.m.
Chancel Choir Rehearsal (M110) 6:30 - 7:30 p.m.
AA (C237) 7-8 p.m.

THURSDAY

Primetimers Luncheon 11:30 a.m. - 1 p.m. (4th Thurs.)
Zumba Gold (Great Hall) 2 - 2:45 p.m.
Food Pantry & Community Meal (St. Luke Campus) 5 - 7 p.m.
Men's AI Anon (C237) 7:30 - 8:30 p.m.

FRIDAY

PHUMC Book Club (C239) 7 - 8 a.m.
phkids Open Gym * (Great Hall) 3 - 6 p.m.
Parents' Night Out (Children's Building) 6 - 9 p.m. (4th Fri.)

The Chapel is available Mon. - Fri., 8 a.m. - 6 p.m. for personal prayer time.

*phkids Open Gym is subject to change if other activities are scheduled.

Sunday School - 10:10-10:50 am

All Things Considered, M314 (all ages)

Argue Named for Dr. James Argue M318 (ages 45+) "The Wesleyan Way"

Beatitudes, M316 (ages 30-45+)

Bible Study, C239 (all ages) "Romans," Tim Fox

Coffee Talk, M313 (women all ages)

Deeper Connections, D371 (ages 20s-30s) "Anything Can Happen"

Fathomers, C235 (ages 55+) "Generations"

Foundations, C236 (couples ages 20s-40s)

Journey, D366 (ages 20s-40s) "The Case for Christ"

Koinonia Dialogue, C135 (ages 50+) "Being United Methodist"

Newton Good News, M101 (ages 50+) "The Good and Beautiful Life"

G.I.F.T. Class, M308 (all ages)

Pairs and Spares, D277 East (young couples/singles) "Book of John"

Pop-Up Class, M304 (all ages) "Everything Happens for a Reason"

Roundtable, M312 (ages 50+) "God Created Family"

Tower, C237 (ages 40+) "A Crazy Holy Grace"

Drop-In Class, Moderated by Betsy Singleton Snyder.

Wesley M320 All are welcome. Please come share your views.

(All youth meet at 10 a.m. in the phyouth Assembly Area.)

Early Christian Awareness (ECA) Infants/Toddlers, Norma Story Children's Building

October Lessons: Noah's Ark

Preschool Lions (ages 2-3), **Tigers** (ages 3-4), **Bears** (ages 4-5)

Grades K-5, Rotation Sunday School

Grades 6-12, phyouth Sunday School

Malone Phone Class: Sundays at 3 p.m. by phone at home

Shepherd's Cove:

M=Main Building

C=Christian Life Center (Great Hall)

D=Disciple Center (Wesley Hall, Youth)

S=Norma Story Children's Building

FELLOWSHIP STATIONS FOR COFFEE & REFRESHMENTS
SUNDAYS FROM 8 - 11 A.M. | GATHERING HALL & WESLEY HALL LOBBY