



THE TOWER NEWSLETTER

VOLUME 164, NUMBER 8

LOVE GOD, LOVE NEIGHBOR, CHANGE THE WORLD

JUNE 24, 2018

RAPIDS: MANEUVERING TOUGH SPOTS ON THE RIVER

When you pass through the waters, I will be with you. Isaiah 43:2

If you've ever been on a fast river, you know it has swift currents and rapids. Life can also have its share of tough spots. We can lose our sense of purpose, forget to paddle together, struggle to support one another in the boat, and forget to listen to our Guide. In these very familiar Bible stories, Jesus offers an alternative way to maneuver the tough spots on the river. Join us as we explore these alternatives in our next sermon series, *Rapids: Maneuvering Tough Spots on the River*, June 29 - July 29. This series will coincide with our VBS series, *Rolling River Rampage*, held at PHUMC July 15 - 19 and at the St. Luke campus July 20 - 21.

June 29 & July 1

Matthew 4:18-25

Purpose

July 6 & 8

Luke 10:38-42

Acceptance

July 13 & 15

Luke 19:1-10

Joy

July 20 & 22

Luke 22:14-20

Rest

July 27 & 29

Matthew 28:16-20

Peace



VBS REGISTRATION IS NOW OPEN!
PHUMC.COM/VBS2018

Rebels, Dragons, and Saints: The Gospel in Film Worship Services

Friday, June 22, 6 pm - Sanctuary | Rev. Jeff Hampton | "Rootless" 2 Timothy 1:1-7

Sunday, June 24, 9 & 11 am - Sanctuary | Rev. Jeff Hampton | "Rootless" 2 Timothy 1:1-7

Sunday, June 24, 9 & 11 am - New Heights | Rev. Betsy Singleton Snyder | "Rootless" 2 Timothy 1:1-7

Sunday, June 24, 9:30 am - St. Luke Campus | Rev. Jay Clark | "Who Will Know?" Philemon 1:1-21

Mission u UMW Event Set For July 25 - 28

Mission u, a program of the United Methodist Women, is bringing a conference event to the University of the Ozarks in Clarksville July 25-28. Online registration deadline is July 1. Mission u is an opportunity to study current issues impacting society based on current mission study topics with particular attention to the responsibilities of women in fulfilling the mission work of the church. Participants grow in understanding the mission of the church in the current world context. Conference events are open to members and non-members of United Methodist Women.

Mission u events also include worship and singing, interest groups around current issues, mission projects, audiovisual presentations, and fellowship events. To learn more about the Clarksville event, visit <https://armissionu.weebly.com/> or contact Rev. Betsy Singleton Snyder at bssnyder@phumc.com.

St. Luke Food Pantry Items

The St. Luke campus food pantry has rapidly grown. We need these items in large quantities. Please drop off donations at the PHUMC campus and specify that items are for St. Luke Food Pantry.

Additional helpers are also needed to sack, assist in preparing the hot meals, and in visiting with our guests.

- Canned peaches, pears, mandarin oranges, fruit cocktail
- Pasta & pasta sauce
- Cereal
- Saltine crackers
- Canned meat, such as tuna, chicken, vienna sausage, and ravioli
- Canned vegetables, such as carrots, corn, sweet peas, white potatoes, tomatoes, and green beans
- Peanut Butter
- Pancake mix & syrup
- Rice
- Dry beans
- Boxed mac & cheese
- Bread

Items Needed for Camp Hope

Sleeping bags and backpacks are needed for children who are attending the first-ever Camp Hope at Camp Aldersgate.

Camp Hope is a national project of Women and Children First to help childhood survivors of domestic violence.

WCF has worked tirelessly to empower women and their children to live independently and free from domestic violence. WCF provides crisis intervention, safe shelter, social and legal advocacy, and support services.

For more info, contact Rev. Betsy Singleton Snyder by email at bssnyder@phumc.com or bring your items to PHUMC.

Donations For The Love Of A Child

Please donate any gently used baby or toddler equipment such as car seats, pack & plays, toys, or clothing items, etc., and take them to our Children's Learning Center and place in the collection bins there. These items are being collected to give to families with foster care babies and children, as well as to the children with needs at our St. Luke campus. The church has a mission called "For the Love of a Child," which was formed to better serve the needs of children in the foster care system and lower-income children in our community. If you have any questions about donations, please contact Kim McDonough at 501-831-4820 and Dale Fiske at 501-837-5306.

Thank you in advance for your generous donations.

phyouth Guatemala Team Collecting Donations

The phyouth Guatemala Team is collecting toys (beanie babies and hot wheels cars), sunglasses, and gently used or new shoes (size 9 and under that you can walk a mile in). Bring donations to the Welcome Center or place them in the collection boxes around the church by July 1.

For more information, contact jclark@phumc.com or 664-3600.

Recent Baptisms



NORA GATTIN & FAMILY



CLARE & CATHERINE OAKLEY
& FAMILY



BLAKE BOAZ GAISER & FAMILY



ADDISON MITCHELL & FAMILY



Join Us In Welcoming Shelby Brewer

Our new Director of Communications

We are pleased to welcome Shelby Brewer as the new Director of Communications. Born and raised in Bessie, Oklahoma, Shelby is the daughter of a retired Lutheran preacher, so she feels right at home at PHUMC. After attending high school in Fort Smith, she moved to Conway where she received a Bachelor of Arts degree in journalism with a minor in English from the University of Central Arkansas. Throughout her 20-year career in communications, she has held a variety of positions, including reporter and editor for local publications and communications specialist for nonprofits. Most recently, she served as the communications manager for the Arkansas Arts Council for almost 10 years.

Shelby loves living in downtown Little Rock. She describes herself as a writer, music lover, hopeless romantic, wine enthusiast, photographer, Arkansas explorer, nature worshiper, solo traveler, art supporter, sushi junkie, thrift store queen, and a self-proclaimed bunny expert. One of her goals is to increase the presence of PHUMC on its social media platforms by sharing engaging stories about its members, ministries, and missions. If you would like to share a story about how PHUMC has impacted your life, email sbrewer@phumc.com.

Primetimers & Friends Luncheon

Featuring *The Troubadours*

Thurs., Jun. 28, 11:30 a.m., Great Hall.



All are welcome to attend the monthly luncheon hosted by Primetimers. The June program will feature Buddy Villines and Steve Strickland of the "Troubadours," a 1960s folk music group from Siloam Springs High School Class of 1965. It will be a great stroll down memory lane! The cost of lunch is \$8 or you may bring your own lunch. Please call 664-3600 for reservations by noon, Tuesday, June 26, or sign up on the Connect Card.



Travel to Branson with the Primetimers & Friends September 6-7 for the musical "Samson" starring Isaiah Bailey. For more information, email bvillines@phumc.com or call (501) 978-0510.

Members and friends of Pulaski Heights United Methodist Church are cordially invited to a welcoming reception for Rev. Andreá Cummings on Sunday, July 8, 2018, 2:00 pm, in the St. Luke Fellowship Hall.



PRAYER REQUESTS

DEATHS: Our Christian sympathy is extended to Pam Raney and family in the death of her brother, Lloyd Davis; to Mark Saviers and family in the death of his father, Dr. Boyd Saviers; to Alice McCoy and Stacy Sells and families in the death of their aunt, Ruth Crews; and to Bryan Day and family in the death of his father, Raymond Day.

WE REJOICE IN THE BIRTH OF Graham Coleman Newhouse, child of Ellen and Gray Newhouse and grandchild of Bill and Cathy Spivey; and of Juniper Nyonoweh Wilson, child of Donnalie and Jerome Wilson.

WE REJOICE IN THE BAPTISM OF Addison Mary Mitchell, child of Jessica and Clint Mitchell; and of Blake Boaz Gaiser, child of Jordan and Michael Gaiser.

Pulaski Heights United Methodist Church
4823 Woodlawn
Little Rock, Arkansas 72205

NONPROFIT
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LITTLE ROCK, AR

Who Cares? We Do!

In-Touch Ministry

Report Joys/Concerns

Hospitalizations, Surgeries, Deaths, Births, Prayer Requests, Etc.

Call church office: (501) 664-3600

Text: (501) 529-0323

Email: phumc@phumc.com

Connect Card: Complete in worship



@pulaskiheightsunitedmethodistchurch



youtube.com/pulaskiheightsumc



Twitter: @pulaskiheights



Instagram: @phumchillcrest



@stlukecampus

Contact Information

Website: www.phumc.com • 664-3600
Fax: 664-4835 • Email: phumc@phumc.com

Church Office Hours:

Monday - Friday, 8:30 am - 4:30 pm

The church is also available seven days a week, beyond regular office hours, for special events or meetings. Call 664-3600 for more information.

Sunday School - 10:10-10:50 am

All Things Considered, M314 (all ages)

Argue Named for Dr. James Argue reconciling, M318 (ages 45+) "Fear of the Other" by Bishop Willimon

Beatitudes, M316 (ages 30-45+)

Bible Study, C239 (all ages) "Romans," Tim Fox

Coffee Talk, M313 (women all ages)

Deeper Connections, D371 (ages 20s-30s) Essential Questions

Fathomers, C235 (ages 55+)

Foundations, C236 (couples ages 20s-40s)

Journey, D366 (ages 20s-40s) "A Life Well Lived"

Koinonia Dialogue, C135 (ages 50+)

Newton Good News, M101 (ages 50+) "Life" by James Bryan Smith

G.I.F.T. Class, M308 (all ages)

Pairs and Spares, D277 East (young couples/singles) "Book of John"

Pop-Up Class, M304 (all ages) "How can you be a peace-maker in a troubled world?"

Roundtable, M312 (ages 50+) Reaping God's Justice

Tower, C237 (ages 40+) "John - The Synoptic Gospels"

Wesley reconciling, M320 All are welcome. Please come share your views.

(All youth meet at 10 am in the phyouth Assembly Area)

Early Christian Awareness (ECA) Infants/Toddlers, Norma Story Children's Building

June Lessons: Animals in the Water

Preschool Lions (ages 2-3), **Tigers** (ages 3-4), **Bears** (ages 4-5)

Grades K-6th, Rotation Sunday School

Malone Phone Class: Sundays at 3 pm by phone at home

Shepherd's Cove: Betty Gene Mann

M=Main Building

C=Christian Life Center (Great Hall)

D=Disciple Center (Wesley Hall, Youth)

S=Norma Story Children's Building

WEEKLY OPPORTUNITIES

SUNDAY

Baptism Orientation (Sanctuary) 10:10 - 10:50 am
(1st Sun.)

MONDAY

Midday Prayer (Chapel) 11 am - noon

PHkids Open Gym * (Great Hall) 11 am - 2 pm

Fit4Mom Fitness (C236) 5:45 pm

TUESDAY

Helping Hands (Wesley Hall) 9:30 am - 2:30 pm

Memory Loss Caregivers (C135) 1 - 2 pm (3rd Tues.)

Zumba Gold (Great Hall) 2 - 2:45 pm

Memory Loss Caregivers (C135) 5:30 - 6:30 pm
(2nd Tues.)

Yoga (C236) 5:30 - 7 pm

WEDNESDAY

Labyrinth (Wesley Hall) 8 am - 8 pm

Al Anon (C237) 5:30 - 6:30 pm

Chancel Choir Rehearsal (M110) 6:30 - 7:30 pm

THURSDAY

Primetimers Luncheon (Parlor) 11:30 am - 1 pm
(4th Thurs.)

Zumba Gold (Great Hall) 2 - 2:45 pm

Food Pantry & Community Meals (St. Luke

Campus) 5 - 7 pm

Men's Al Anon (C237) 7:30 - 8:30 pm

FRIDAY

PHUMC Book Club (C239) 7 - 8 am

PHkids Open Gym * (Great Hall) 3 - 6 pm

Parents' Night Out (Children's Building) 6 - 9 pm
(4th Fri.)

The Chapel is available Mon. - Fri., 8 am - 6 pm for personal prayer time.

*PHkids Open Gym is subject to change if other activities are scheduled.

FELLOWSHIP STATIONS FOR COFFEE & REFRESHMENTS
SUNDAYS FROM 8 - 11 AM | GATHERING HALL & WESLEY HALL LOBBY