

Growing in Christ

The Tower

Weekly Newsletter and Bulletin

www.phumc.com

Volume 156, Number 39

February 7, 2010

SIMULATION

Recently, I was invited to Little Rock Air Force Base with three other people, including Church Administrator Larry Sweet, to fly a C-130. Truthfully, we didn't really fly one of those large airplanes, but "piloted" a C-130 simulator for a few minutes under the watchful eye and guidance of a real pilot trainer. Amazingly, it looked and felt very real. We could see the runway and feel the bumps as we taxied, experience the acceleration at take-off and response when we pulled back on the yoke for takeoff, the aircraft tilt as we turned to see a simulated sunrise and familiar land marks around the air base. Cockpit gauges indicated altitude, speed and a hundred other things to guide us. None of us crashed, although some of our landings were a bit rough! Larry actually flew the simulator under the I-430 bridge!



Simulators can reproduce weather, wind and emergency situations, thus increasing the skill of pilots, perhaps saving lives and aircraft. It is also cost-saving, much cheaper than actually flying a C-130. And, for me, a great experience!

Faith, of course, cannot be simulated any more than life itself. But we can learn from the experience of trusted mentors, the teachings of Holy Scripture and the example of Jesus, our Savior, "the way, the truth and the life."

Grace and Peace,

Rev. Victor H. Nixon
Senior Pastor



The Sacrament of Holy Communion will be served during worship services this weekend.

Haiti Relief

To donate to recovery efforts in Haiti, you may give to the United Methodist Committee On Relief (UMCOR). All donations go to the emergency relief. UMCOR's overhead is covered through other giving. Make a check out to PHUMC. Mark it "Haiti" or "Advance 418325" and bring it to church or mail it. The Arkansas Conference Fund is #462. More information is online at www.phumc.com, where updates are posted daily.

Souper Bowl Sunday - February 7

Bring a can of soup for the Food Pantry. Youth will be collecting cans, checks and cash. Open possibilities for our neighbors in need.



Pulaski Heights United Methodist Church

Little Rock, Arkansas

501-664-3600; emergency: 688-9533

Worship Services

Sanctuary

Friday, February 5, 6 p.m.

and Sunday, February 7

8:15 & 10:30 a.m.

Luke 5:1-11

"Following Jesus"

Sermon Series: This We Believe

Rev. Victor H. Nixon

Sunday, February 7

10:30 a.m.

Wesley Hall

Luke 5:1-11

"Game Day"

Sermon Series: The Big Game

Rev. Andrea Allen

Childcare is provided for all services.

The labyrinth is open Tuesdays and Thursdays, 8 a.m. to 8 p.m. for quiet prayer walks and meditation.

Russian Guest

Dr. Bruce Hargrave with the Theological Seminary of the United Methodist Church in Moscow, Russia will be at PHUMC on Sunday, February 14. All are welcome to a reception for Dr. Hargrave at 2 p.m. in the church parlor. This event is a great opportunity to learn about the progress of Methodism in Russia and to hear an update on our sister church in Ekaterinburg. Invite friends and please sign up at the reception desk.

For more information on missions at PHUMC. see page 7.

Christian Formation

District Teacher Training

Arkansas Conference, Central District Teacher Training will be February 7, 12:30 to 4 p.m. at First United Methodist Church, Jacksonville. Katie Shockley, C.M.M. of Shockley Studies, will lead the main training session and the session for adult teachers. Rod Hocott, Minister of Youth and Young Adults, will lead the youth teacher training. Donna Hendricks, Director of Christian Education at FUMC Jacksonville, will lead the children's training and Elaine Wolff, formerly of Pathfinders, will lead the training for special needs. Also, Lisa Buffum will preview Disciple Bible Study online.

The registration deadline was February 1. For last-minute registration availability, contact Donna Hendricks at 501-982-8176.

PHUMC Women's Retreat Feb. 19-22 - Mt. Eagle. "Finding Hope," facilitated by Rev. Harriett Akins-Banman. Join us for this intentional time away for growing in faith and enjoying rich fellowship. Guaranteed: Laughter, conversation, inspiration, worship, natural beauty, silence, chocolate and more! Contact Rev. Harriett for more information.

Movies with an Edge

Feb. 7 *Born Into Brothels* Poverty
Feb. 14 *David and Layla* Religious Differences
Feb. 21 *Hotel Rwanda* Ethnic Conflict
Feb. 28 *Whale Rider* Gender

All are invited. All movies will be in the Children's Theater at 3 p.m. Popcorn!

How to Read the Bible

For All It's Worth

All are invited to this class led by Ryan Owsley. The book "How to Read the Bible for All It's Worth" by Gordon D. Fee and Douglas Stuart is a study for everyone who has wanted to understand the Bible more and grasp the meaning of scripture for everyday living in the 21st Century. This is not a book-by-book of the Bible study but rather an overview of the writings found in the scripture offering a deeper knowledge of the Bible as a whole. For more information, contact Ryan Owsley. Classes meet Sundays Feb. 21 - May 9 (skipping Easter April 4) 3:30 - 5:30; child-care available upon request. Books will be available at the church.

The next CREDO class will be offered in April during the Sunday School hour. CREDO is designed for visitors and new members seeking to know more about their own faith and beliefs of the United Methodist Church.

Season of Lent

Seeking To Be Found

Lent begins with Ash Wednesday Feb. 17. This year our theme is "Seeking To Be Found". In addition to the Ash Wednesday and Holy Week services that carry us to Easter's celebration, the following studies and worship opportunities will guide us through the 40 day journey of Lent and to a deeper experience of being found by God's gracious love. Sign up by calling the church at 664-3600 or emailing Rev. Harriett at hakinsbanman@phumc.com.

• **Ash Wednesday** services Feb. 17 at 7 a.m. (Youth led), 12 noon and 6 p.m.

• Mondays, Feb. 22 - April 12 (skipping April 5) 6 p.m. - 7:30 p.m., *24 Hours That Changed the World* by Adam Hamilton, leader - Greg Taylor

• Tuesdays, Feb. 23 - April 6 (women's class) 9 a.m. - 10:30 a.m., *24 Hours That Changed the World* by Adam Hamilton, leader - Rev. Harriett & Martha Sharp

• Wednesdays, Feb. 24 - March 24; 12 noon - 1 p.m., A Study of the Bishops' Document: *Caring for Creation*, leader - Rev. Roy Smith (bring your lunch)

• Thursdays, Feb. 18 - March 25, 6 p.m. - 7:30 p.m., *Praying Through Lent*, leaders - Rev. Harriett, Michael Ekbladh, Greg Taylor. Experience and learn about different ways of praying and Taize worship. The prayer style teaching and Taize worship will be offered alternately on these Thursdays, beginning with a labyrinth walk on Feb. 18. Watch for details about each offering.)

• **Palm Sunday** worship services Friday, March 28, at 6 p.m., and Sunday, March 30, 8:15 and 10:30 Sanctuary and 10:30 New Heights

• **Maundy Thursday** services April 1, 12 noon and 6 p.m.

• **Good Friday** services April 2, 12 noon and 6 p.m.

• 22nd annual **Community Easter Sunrise Service** at the River, April 4, 7 a.m.

• **Easter** services at PHUMC April 4 - 8:30 a.m., 9:45 a.m., 11 a.m. in the sanctuary; 10:30 a.m. in New Heights

Several Adult Sunday School classes will also be studying *24 Hours That Changed the World* as well as a Lenten Sunday School class offered Feb. 14 - April 11, skipping April 4. Books for the Adam Hamilton study will be available at the church.

UMW

UNITED METHODIST WOMEN

• **UMW Circle of Hope** will meet Monday, Feb. 8, at 11:45 a.m. in the church parlor. Betsy Mowery will speak on Interfaith Hospitality Network (IHN). Lunch will be served. Guests are welcome. Please bring a friend! Call Pam Raney at 224-5033.

• **UMW Ernestine McKinney Group** will meet Monday, Feb. 8, at 7 p.m. at the home of Louise Fox, 89 Kingspark, for a devotion offered by Pat Crane. "Last Lecture" will be the program presented by Mary Boyce and Bitsi Bonner. Kathryn Woods is co-hostess.

Cancer Friends

Cancer Friends invites all to a special Valentine's Musical Luncheon, Wednesday, February 10, at 11:30 a.m. in Wesley Hall for fellowship, followed by lunch and a musical program. Martha Ann Edwards, piano and keyboard instructor at UALR for 20 years, will lead us in all the old songs we love to sing. Martha Ann currently teaches classical and jazz piano from her home studio.

Martha Ann will be joined by song leader Lew Elmore, former choir director at Winfield and Trinity UM Churches. These ladies will touch your heart and spirit with their most excellent gift of music.

Bring a friend or your favorite valentine to hear and sing beautiful music at this Cancer Friends uplifting, special program. We promise that you will have fun. Reservations 664-3600 \$8.50 by noon Monday, Feb 8.

Please Pray For ...

DEATHS : Our Christian Sympathy goes to Angy Yeager-Bock and family in the death of her father, Jack Yeager; to Katrina Kelso and family in the death of her mother, Dorothy Kelso; to Marshall Gazette and family in the death of his aunt, Jacquelyn Morgan; to Gerald Cound and family in the death of his mother, Lue Rhea Stuart; and to Joe Gillespie and family in the death of his nephew, Gary Cope.

HOSPITALIZED (January 20-26): Barbara Baber, Mary Drake, Paula Gilmer, Stewart Hughes, Ruby Huntzicker, Phyllis McGrew, Larry Pinion, Alvin Reap, Jo Renshaw, Cora Smith, Mag Thurmond, Jim Tucker

MARRIAGE: Our congratulations to Tim Hicks & Brooke Cyphers on their recent marriage.

Children's Ministries

ECA (Early Christian Awareness) Feb. 7. Sunday School at 9:15 a.m. - FAMILY is the theme for February. Visual aids will include Fisher Price Little People. Children will sing "I Love My Family," "God Made You, God Made Me," and the Barney song.

Lions, Tigers, Bears (ages 2-5) - Feb. 7 Sunday School at 9:15 a.m. "Jesus Heals Peter's Mother-In-Law" is the lesson - Jesus teaches me to care about people when they are sick. *Jesus healed everyone who was sick.*

(Luke 9:11)

Jan. 10 - Feb. 14 - K-4th graders will enjoy a fabulous rotation learning about Jonah!

January 10 - May 23 - our 5th-graders will have the wonderful blessing of being in a Bible study taught by Mark Doramus! This class will meet in S357 by the movie room on the top floor of the children's building. 5th-graders, grab your Bibles, come to Sunday School and finish your last year in the Children's Division strong by being part of the great class led by Mark Doramus.

Parents Night Out!!!!

Parents, take time for yourself while your children have a BLAST! The children have so much fun! Two dates in February!

Friday, February 5, 6-9 p.m.

Saturday, February 20, 4-8 p.m.

also March 5, April 9, May 7

Cost is \$15 for one child, \$5 for each additional child with a \$25 maximum per family. Laura and Troy Lampley are the wonderful directors with an outstanding staff. To register fill out a form available at the front desk with a check.

Created by God - human sexuality class for 5th-graders - Feb. 19 & 20 with a mandatory parent meeting Feb. 16. Cost is \$40.00.

Feb. 16 Parent Meeting: 6:30 to 8:30 p.m.

Feb. 19: 6 to 9 p.m.

Feb. 20: 9 a.m. to 5:45 p.m.

This class is available to the first 20 5th-graders who register. Mail a check made out to PHUMC to Cindy Burns, 4823 Woodlawn, LR 72205. The cost includes a book, instructions and lunch on Saturday.

Caring for Creation

The Rev. Canon Sally G. Bingham will be keynote speaker at the 3rd annual **Caring for Creation Conference**, April 15-18, at Mount Sequoyah Methodist Retreat Center. She is founder and president of The Regeneration Project, focused on its Interfaith Power and Light (IPL) campaign, a religious response to global warming that includes 10,000 congregations in 30 states. Arkansas is #30. Rev. Harriett Akins-Banman will offer a session at the weekend retreat. For registration information, see Scharmél at church.

New Heights Contemporary Worship

Sunday at 10:30 a.m. in Wesley Hall
with the New Heights Praise Band

SCRIPTURE Luke 5:1-11

Once while Jesus was standing beside the lake of Gennesaret, and the crowd was pressing in on him to hear the word of God, he saw two boats there at the shore of the lake; the fishermen had gone out of them and were washing their nets. He got into one of the boats, the one belonging to Simon, and asked him to put out a little way from the shore. Then he sat down and taught the crowds from the boat. When he had finished speaking, he said to Simon, 'Put out into the deep water and let down your nets for a catch.' Simon answered, 'Master, we have worked all night long but have caught nothing. Yet if you say so, I will let down the nets.' When they had done this, they caught so many fish that their nets were beginning to break. So they signalled to their partners in the other boat to come and help them. And they came and filled both boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, 'Go away from me, Lord, for I am a sinful man!' For he and all who were with him were amazed at the catch of fish that they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. Then Jesus said to Simon, 'Do not be afraid; from now on you will be catching people.' When they had brought their boats to shore, they left everything and followed him.

The Word of God for the people of God.

Thanks be to God.

Lay Reader: Tom Hatcher

Liturgist: Jay Clark

SERMON "Game Day" *Sermon Series: The Big Game*

Rev. Andrea Allen



New Heights Worship Now on K-Hits 96.5 FM

The New Heights contemporary worship service is now broadcast live every Sunday morning, 10:30 to 11:30 a.m. on K-Hits 96.5 FM. The broadcast reaches thousands of listeners in the central Arkansas area. In addition to the live worship service, listeners will hear twice-daily inspirational messages from Rev. Vic Nixon, senior pastor, advertisements promoting the New Heights worship service, and weather reports brought to listeners by Pulaski Heights United Methodist Church. K-Hits is our new partner in ministry. Your donations to Broadcast Ministries make this possible. Please pray that our new effort to reach out is a big hit!

Your Church Staff is here to serve you!

Charles Crutchfield, Bishop, Arkansas Area, The United Methodist Church
Philip L. Hathcock, Central District Superintendent
Victor H. Nixon, Senior Pastor, 978-0517
Jeffery B. Hampton, Associate Pastor, Caring Ministries, 978-0532
Harriett Akins-Banman, Associate Pastor, Christian Formation, 978-0531
Andrea Allen, Associate Pastor, Preaching and Evangelism, 978-0530
Kenneth Hicks, Retired Bishop in Residence, 978-0537
Lynn W. Lindsey, Director, PHUMC Foundation / Columbarium, 978-0510
Larry Sweet, Administrator, 978-0501
Jay Clark, Minister to Youth and Families, 978-0538
Cindy Burns, Director of Children's Ministries, 978-0511
Kristie Finney, Associate Director of Children's Ministries, 978-0535
Courtney Frizzell, Children's Learning Center (pre-school & after-school), 978-0527
James Maase, Director of Music and the Arts, Organist, 978-0520
Michael Ekbladh, Associate Director of Music, 978-0521
Rodney Wallace, Associate Organist, 978-0534
Mary Boyce, Associate Director, Adventures in the Arts, 978-0522
Dustin Coats, Director of Contemporary Music, 978-0534
Mary Lewis Dassinger, Director of Missions, 978-0529
Scharmél Roussel, Communications Director, 978-0516

February 7, 2010

5th Sunday
after Epiphany

THE WORSHIP OF GOD

Large print hymnals and
hearing enhancement
devices are available
from ushers.

+All are invited to stand if they wish.

Please turn off cell phones.

PRAISE OF GOD

CALL TO WORSHIP BELL PEAL

GREETING AND OPENING PRAYER Rev. Nixon

PRELUDE "Priere a Notre-Dame" *Suite Gothique* Op. 25
Leon Boellmann

+PROCESSIONAL HYMN 421 "Make me a Captive, Lord"

HEARING GOD'S WORD

+ GOSPEL Luke 5:1-11 New Testament
The Word of God for the people of God.
Thanks be to God.

SERMON "Following Jesus" Rev. Nixon
Sermon Series: This We Believe

RESPONDING TO GOD'S WORD

HYMN 344 "Lord, You Have Come to the Lakeshore"

JOYS AND CONCERNS Rev. Akins-Banman

CONGREGATIONAL PRAYER

*God of all, we pray for persons everywhere who are hurting in
body, mind or spirit. May they be encouraged by the love of oth-
ers, and by the presence and love of Christ. Amen.*

INVITATION TO HOLY COMMUNION

PRAYER OF CONFESSION

*Merciful God,
We confess that we have not loved you with our whole heart.
We have failed to be an obedient church.
We have not done your will, we have broken your law,
we have rebelled against your love,
we have not loved our neighbors,
and we have not heard the cry of the needy.
Forgive us, we pray. Free us for joyful obedience,
through Jesus Christ our Lord. Amen.
All pray in silence.*

WORDS OF PARDON AND FORGIVENESS

Hear the good news: Christ died for us while we were yet sin-
ners; that proves God's love toward us.
In the name of Jesus Christ, you are forgiven!
*In the name of Jesus Christ, you are forgiven!
Glory to God. Amen.*

+THE PEACE

The Peace of Christ be with you.
And also with you.

OPPORTUNITIES FOR GROWING IN FAITH Dr. Hampton
Members and guests, please register your attendance.

OFFERTORY PRAYER *As forgiven and reconciled people,
let us offer ourselves and our gifts to God.*

OFFERTORY *Offerings may be placed in collection plates
for ushers to bring forward.*

8:15 "Sing With Jubilation!" Jerry Estes
10:30 "Let All Mortal Flesh Keep Silence" Gustav Holst

+PRESENTATION OF OFFERINGS WITH DOXOLOGY 94
*Communion elements are brought to the Lord's table
with our tithes and offerings.*

*Praise God, from whom all blessings flow;
Praise God, all creatures here below: Alleluia! Alleluia!
Praise God, the source of all our gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit. Holy Spirit! Alleluia! Alleluia! Alleluia!*

+THE PRAYER OF GREAT THANKSGIVING Rev. Nixon
The Lord be with you
and also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give
thanks to you, Almighty God, creator of heaven and earth.

*Before the mountains were brought forth, or you had formed the
earth, from everlasting to everlasting, you alone are God.*

You created light out of darkness and brought forth life on the earth.
You formed us in your image and breathed into us the breath of
life. When we turned away, and our love failed, your love remained
steadfast.

*You delivered us from captivity, made covenant to be our sovereign
God, and spoke to us through your prophets.*

And so with your people on earth and all the company of heaven we
praise your name and join their unending hymn:



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might.



Heav-en and earth are full of your glo - ry. Ho - san - na in the



high - est. Bless - ed is he who comes in the name of the



Lord. Ho - san - na in the high - est.

Holy are you, and blessed is your Son Jesus Christ, in whom you
have revealed yourself, our light and our salvation. You sent a star to
guide wise men to where the Christ was born; and in your signs and
witnesses, in every age and through all the world, you have led your
people from far places to his light.

*By the baptism of his suffering, death, and resurrection you gave birth
to your Church, delivered us from slavery to sin and death, and made
with us a new covenant by water and the Spirit.*

On the night in which he gave himself up for us, he took bread, gave thanks to you, broke the bread, gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me."

When the supper was over he took the cup, gave thanks to you, gave it to his disciples, and said:

"Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith.



Christ has died, Christ is ris - en, Christ will come a - gain!

Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood.

By your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory, and we feast at his heavenly banquet.

Through your Son Jesus Christ, with the Holy Spirit in your holy Church, all honor and glory is yours, Almighty God, now and forever.



A - men, a - men a - men.

THE LORD'S PRAYER

*Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
As we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, forever.
Amen.*

SHARING OF THE BREAD AND CUP MUSIC FOR COMMUNION

"The King of Love My Shepherd Is" arr. Vicki Hancock Wright

CONGREGATIONAL PRAYER AFTER RECEIVING

God of grace, we give you thanks for this taste of love given to us in the bread and cup. We pray that this simple feast sustain us for the work and ministry you called us to do in the world. In the name of Christ our brother and Savior. Amen.

SENDING FORTH

INVITATION TO CHRISTIAN DISCIPLESHIP Rev. Nixon

+HYMN 593 "Here I Am, Lord"

+RESPONSE FOR NEW MEMBERS

We rejoice to recognize you as a member of Christ's Holy Church and we welcome you to Pulaski Heights United Methodist Church. With you we renew our vows to uphold it with our prayers, our presence, our gifts, our service and our witness.

+BENEDICTION Rev. Nixon

+BENEDICTION RESPONSE 143

*And God will raise you up on eagle's wings,
Bear you on the breath of dawn,*

*Make you to shine like the sun,
And hold you in the palm of God's hand.*

+POSTLUDE "Choral" Suite Gotthique Leon Boellmann

ALTAR GUILD: Mary Lee Robinson, Nancy Banks, Glenda Gazette, Vadena Lunsford

LAY READERS: Karen Baker, 8:15; Brenda Mize, 10:30

USHERS: John Bufford, Helen Buchanan, Dickie Lunsford, Kim Spaulding, 8:15; Patty Smith, Dan Keeley, Joe Gregory, John Jones, Bob Sells, 10:30

CHOIRS: Energizers Choir, Cornerstone Ensemble, 8:15; Sanctuary Choir, 10:30. James Maase, director of music and arts; Michael Ekbladh, associate director of music and arts; Rodney Wallace, associate organist. Musical texts are printed by permission of Church Copyright Licensing International #1544693.

THE FLOWERS are given to the glory of God and in honor of Madison Akins-Banman's 13th birthday by Mike Banman and Harriett Akins-Banman.

STEPHEN MINISTERS will be in the back of Shamblyn Chapel following each of today's services for those with prayer requests.



APPRECIATION goes to Ray & Laverne Schaap, Trey & Leslie Schaap, Fae Seay, Jack & Judy See and Bob & Georgia Sells for pledges and contributions to Broadcast Ministries, which provide for webcasting today's services from the Sanctuary and Wesley Hall at www.phumc.com; for televising the Sanctuary service at 10:30 a.m. on KATV with closed captioning for the hearing impaired; and for broadcasting New Heights on Sundays at 10:30 a.m. from K-Hits 96.5 FM.

SOUND TECHNICIANS: Rachel Garrett, Bob Worthington. Hearing enhancement devices are available from ushers.

CHILDREN'S WORSHIP PACKETS are available from ushers.

FRIDAY SABBATH casual in Sanctuary, 6 - 7 p.m. with childcare. Katy Visonhaler, Altar Guild; Martin Maner, lay reader; Rev. Hampton, liturgist

THE NEW HEIGHTS contemporary worship service Sunday in Wesley Hall with New Heights Band praise music, weekly at 10:30. Tom Hatcher, lay reader; Jay Clark, liturgist

TO GIVE to church ministries, make your check out to PHUMC and drop it in the collection plate.

See page 3 for a list of staff members.

WELCOME TO GUESTS

We welcome those of you visiting today. We invite you to participate fully in the worship and activities of our church. Please sign the registration pads, including your address and telephone numbers so that we may personally welcome you.

If you are without a church home, you are invited to join the PHUMC family. You may indicate your desire to join by coming forward during the closing hymn, visiting with a pastor after the worship service or calling Rev. Andrea Allen at 664-3600 during the week.

Memorials, Honoraria

Gifts have been received for the glory of God, The Archives, Haiti Relief and UMCOR.

MEMORIALS

Donice Bowen by Bruce & Susan Eddy
Chloe Deane Branscum by Luna Craver
Ernie Butler by Anita Benafield, Emily & Jim Burrow, Charlie & Patti Coleman, Luna Craver, George & Irene Davis, John & Kathy Roberts, Lou & Cathy Sanders, Carol, Bob & Mark Snelson, Cleifton & Lindsey Vaughan
Sam Dixon-Head of UMCOR, by Bishop & Mrs. Charles Crutchfield
Peggy Fitzhugh by Bo & Sunny Hawk
Pete Hoover by Chucki & Curt Bradbury, Mr. & Mrs. Lunsford Bridges, Leon & Roxanne Catlett, Dr. Frederick Church, Charlie & Patti Coleman, Kate & Sam Cooke, Marcelline Giroir, Joe & Gena Gregory, Bo & Sunny Hawk, Alex & Catherine Ruth Kelly, Mr. & Mrs. Ray Koone, John & Martha Ann Kooistra, Cherry Light, Diane & Fletcher Lord, Mangan Holcomb Partners, Mr. & Mrs. William R. Millard, Officers, Directors, & Staff of Metropolitan National Bank, John & Leslie Monroe, The Pyne Companies of Colorado, Mr. & Mrs. Cooper Riley, J. N. & K. B. Roberts, Yvonne Rubenstein & Lee Rogers, Lou & Cathy Sanders, Warren & Martha Stephenson, Judy Waller
Dorothy Kelso by Lou & Cathy Sanders, Jack & Roselyn Stanley
Lane Lovett by Sue Clark, Charlie & Patti Coleman, Bo & Sunny Hawk
Hal Moody by Jeanne Akins, Isabel Cochran, Alice Gregory, Joe & Gena Gregory, Don & Cathy Field Hicks, Dr. Charles W. Fowler, Mrs. W. S. Miller, Jr., Katrina Weyland, Robert & Nell Wilson, Bill & Melba Yates
Thelma Talbot by Rebecca P. Miller
Sandy Turner by Leon & Roxanne Catlett, Bo & Sunny Hawk.

HONORARIA

Allen & Sherry Bird by Scharmell Roussel
The marriage of **Jessica Dean & Blake Rutherford** by Scharmell Roussel
Jerry Floyd by Tyler Thompson
Martha Sue Jeffries by the Morey Family
Jo Knight by the Morey Family
Betty Malone by Tyler Thompson
Ernestine Martin by Tyler Thompson
Dot Morey by Pat Barnard
Dot Morey's 80th Birthday by Lou & Cathy Sanders
Carolyn Stiles by Tyler Thompson

In Memoriam

Dorothy Kelso
Joined PHUMC April 21, 1953
Joined Church Triumphant Jan. 20, 2010

Youth Ministries

Sundays

8:15 a.m. Worship
9:15 a.m. Sunday School
10:30 a.m. Worship
3:30 p.m. Handbells
4:30 p.m. Cornerstone Choir
5:30 p.m. Youth Fellowship

Tuesdays

6:30 p.m. Bible Study for Youth
7:15 p.m. Cross Training Worship

Basketball season continues.

Mondays - Thursdays, 6-10 p.m.
Saturdays, 8 a.m. - 10 p.m.

Coming Up...

Feb. 7 - Super Souper Bowl Sunday
Feb. 14 - Newlywed Game Night (love & sex discussion)
Feb. 17 - Ash Wednesday Service
Feb. 26-28 - VERITAS in Hot Springs - Jumpstart Your Heart!
June 2-6 - Choir Tour

YOUTH OFFICE 978-0538

Dear Church Family,

It is with great pride I let you know that a member of our youth ministry staff, Katye Dunn, has been selected by the South Central Jurisdiction to be a delegate to the 2nd annual Global Young People's Convocation and Legislative Assembly to be held in Berlin, Germany this July. This is an event that happens every four years in an effort to bring together youth, young adults, and those that work with those groups together to worship and enter into conversation about the future of our denomination. Part of the time is dedicated to voting on legislation that will be taken to the 2012 General Conference of the UMC. Katye will serve as one of 25 young adults from the United States. The Arkansas Conference is very fortunate to have four of the jurisdiction's 12 voting delegates. In addition to Katye being a delegate, I am part of the planning committee for this event because of my Board membership with the Division on Ministry with Young People of the General Board of Discipleship.

If you would like to help Katye out with airline miles or know someone who has miles available to help cut the cost of this event - please contact the PHUMC Youth Office at your earliest convenience. Travel will need to be booked soon. I appreciate your thoughtfulness and prayers as we address the issues of the United Methodist Church.

Peace,
Jay Clark
Youth Minister

PHUMC Foundation

Contributions have been received for the glory of God

MEMORIALS

Ernie Butler by Marie Erwin, Cathie Matthews, Penny & Gordon Wilbourn
Pete Hoover by Judy & Don Adams, Marie Erwin, Kevin & Janece Hiegel, Martha & French Hill, Lynn & Julie Marshall, Cathie Matthews, Robin Orsi, Josie & Jim Osborne, Jill & Edward Penick III, Tracy & Renee Smith
Sandy Turner by Lynn & Julie Marshall

Second Sunday Seminars

February 21, March 14

Presentations by attorney, CPA,

financial planner, and insurance experts
9:15-10:15 in the Great Hall
Breakfast provided - no charge

The second seminar in the Financial Health series sponsored by the PHUMC Foundation will be a presentation on Basic Financial Planning. Presenters will be Jay White, Financial Planner, and Richard Mann, CPA, who will offer basics and strategies that will help promote financial health.

The seminar will be held Sunday, February 21, in the Great Hall, 9:15-10:15 a.m. A continental breakfast will be served. The seminar is a gift to the church family and there is no charge. All are welcome - members and guests alike. Sunday School classes may sit together at reserved tables. Questions - Rev. Lynn Lindsey, 664-3600.

Trip to Greece

All interested in the Educational Opportunities Trip to Greece, Nov. 4-14, are invited to a meeting on February 16, at 6 p.m. Wayne and Lynn Lindsey will serve as trip hosts for this group focusing on the "Journeys of Paul". Lynn and Wayne have traveled with Educational Opportunities twice - once to the Holy Land and the "Journeys of Paul" trip to Greece. The cost of \$2,500 includes airfare, lodging, guides, entrance fees, transportation, and most meals.

The advantages of this type of trip include the following:

- Experiencing the Biblical stories in the places in which they took place
- Deepening faith with fellow Christians
- Learning about different customs and cultures
- Experiencing the adventures of travel in the security of an established travel company

The Lindseys promise that you will have "the time of your life"! If you have questions about the trip, please contact Rev. Lynn Lindsey, 664-3600.

Primetimers

Primetimers On The Go Again

Primetimers will visit the "World of the Pharaohs" exhibit at the Arkansas Arts Center on Friday, February 12. We'll meet at the church at 10:30, enjoy a Dutch treat lunch at Wendy's, and then drive in church vans to the Arts Center. We will return no later than 2 p.m. Cost: \$5 for lunch; \$14 for the exhibit and \$3 for headphones. Please call the church office for reservations by Tuesday, February 9. Questions: Rev. Lynn Lindsey - 664-3600.

Primetimers Ministry Needs Van Drivers

PHUMC's ministry to and with members and guests over 55 years in age is called Primetimers. They are a wonderful group of men and women who enjoy many activities, including learning, having fun together and travel. The Travel Committee has planned nine wonderful outings for 2010; transportation will be needed for these and for the monthly luncheon meetings. Some of our faithful van drivers have passed the age of 70 that has been set by our insurance carrier, and we are in need of new drivers. Many of the outings only last 2 - 3 hours. If you can spare a few hours occasionally to drive some great seniors, please call Rev. Lynn Lindsey, 664-3600.

Music Notes

Cornerstone Youth Choir Tour: June 2-6

Come one, come all!!! This year's choir tour takes us to the beautiful island of Galveston, Texas with stops in Shreveport, Houston and Dallas. *A Season to Celebrate* by Allen Pote has already proven to be a hit with the congregation. You may recall the 'three wisemen' from Winter Peace and Epiphany Sunday. These 'wisemen' will appear again in *A Season to Celebrate*. More than only singers, we need youth who enjoy staging, props, audio/video and lighting. If you are interested, please contact Michael Ekbladh at mekbladh@phumc.com or 978-0521. Let's make this a season to celebrate!!!

Carnegie Hall: Hogs in New York! November 18-22

The time is upon us - 9 months and counting until Carnegie Hall for "Saints for All Seasons." Many of you have already signed up for this incredible trip. Michael Ekbladh is working diligently to create a musical experience that will be uplifting and inspirational. Our next meeting will be Sunday, February 28, 5:40 p.m. The second \$200 deposit is due to the music office by February 22. Come read through the music and meet all the folks headed to "The Big Apple."

Missions

● To donate to recovery efforts in Haiti, you may give to the United Methodist Committee On Relief (UMCOR). All donations go to the emergency relief. UMCOR's overhead is covered through other giving. Make a check out to PHUMC. Mark it "Haiti" or "Advance 418325" and bring it to church or mail it.

● **Dr. Bruce Hargrave** with the United Methodist Theological Seminary in Moscow, Russia, will be our guest at a reception at church February 14, 11:30 a.m. All are welcome.

● PHUMC will host homeless families through Interfaith Hospitality Network (IHN) February 14-28. We love our guests! To help, call 664-3600. Volunteers are needed. If you or your Sunday school class wants to participate, then please let the reception desk know and your name will be passed on to one of the coordinators: Susan Chafin, Betsy Mowery, Suzanne McCormick.

● Put on your walking and running shoes! Miles For Missions is Saturday, April 17. Thank you to Madeline Floyd and Alicia Hughes for coordinating this annual event.

● **Food of the Month:** CHILI. Bring donations to church for the Food Pantry.

● Read Deborah Bell's comments on **Human Relations Day** at www.phumc.com. Look under "Mission+Service."

● **Guatemala Mission Trip 2010:** May 29 - June 6 - surgical and medical team. Over the next few months we are collecting items for our neighbors in Central America. As you travel, shop and clean, please keep these needs in mind. Items may be dropped off at church for the mission closet: Soap, shampoo, lotion, toothbrush, toothpaste for health kits (collect travel size toiletries from hotels as you travel); Sunglasses (new or gently used); Ball caps and visors (new or gently used); Crayons; Small toys - Beanie Babies, matchbox cars, balls (new or gently used); Suitcase / duffel bag on wheels (used); Ziploc bags (snack, sandwich, quart, or gallon)

● A **Disaster Response Team** from PHUMC will respond to tornadoes and floods more immediately than ever before. Anyone age 14 and over with a desire to serve may join by completing a form at the receptionist desk. Or go to www.phumc.com to download a form, complete it, return it to church.

● **Emergency Relief:** To give to disaster relief in the Philippines, Samoa, or Indonesia, make a check out to PHUMC, mark it UMCOR disaster relief in the lower left corner, and drop it in the collection plate. United Methodist Committee On Relief is responding with water, food, blankets and many forms of loving care through mission outreach.

Notices

● **Online Giving** to ministries of the church is back up and running. Go to www.phumc.com and click on "give" in the upper left corner. We make it simple and easy.

● **Dinner with Friends:** Olive Garden, Feb. 18, 6:30 p.m.

● **Adventures in the Arts** has limited openings for students in violin, piano and guitar studios. If interested in lessons, please call Mary Boyce at 978-0522 or Jim Maase at 978-0520.

● **Men's Al-Anon** meeting every Thursday at 7:30 p.m. in room C237

● **DVD** copies of worship services: \$10 each. Order forms are at the reception desk.

● **Webcasts:** www.phumc.com

● **RSS feeds:** www.phumc.com for church news as it happens

● In case of **bad weather** or a serious outbreak of a contagious illness, the church may be closed. All events may be cancelled. Watch television, listen to radio, check your e-mail, visit www.phumc.com, and wait for a phone message with updated information. Before risking a trip to church, call 664-3600 to make sure a scheduled event has not been cancelled. If you get a recorded message weekdays between 8:30 and 4:30, then the church is closed. The church website at www.phumc.com will be your primary source of correct, updated information.

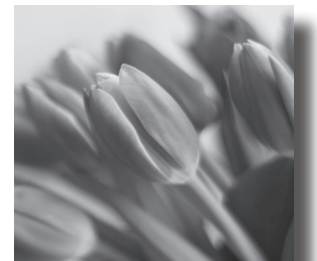
Second Sunday Supper

February 14, 5 to 7:30 p.m.

The Marriage Enrichment Council will present "I Do! I Do!" Sweethearts of all ages are invited to a romantic evening of entertainment, a delicious dinner and a chance to win a free night at The Peabody Hotel! Selections from the Broadway musical "I Do, I Do," which focuses on the relationship of one couple through 50 years of marriage, will be provided by New York trained American Musical and Dramatic Academy troupers Jay and Karen Clark. We are blessed with such talent in our congregation!

Also, learn more about love languages as you and your spouse create more and better ways to connect with each other.

Join us for this celebratory evening by calling the church office (664-3600) by Wednesday, February 10, to make your reservations. Cost is \$20 per couple. Childcare is available free of charge but is limited, so please sign up early. Please bring a sack lunch for your child.



UPCOMING OPPORTUNITIES

- **SOUPer Bowl Sunday, Feb. 7**
Bring cans of soup or cash donations for the Food Pantry.
- **Cancer Friends Luncheon, Feb. 10**
See page 2 for details.
- **I Do! I Do! - Feb. 14.** See page 7.
- **Dr. Bruce Hargrave** from United Methodist Seminary in Moscow - Feb. 14 reception at 11:30 a.m.

News and information items are posted daily at www.phumc.com and on Facebook at www.facebook.com/PulaskiHeightsMethodist. The church has more than 500 friends on Facebook who keep up daily with church events and announcements.

Reminders...

- If you move or if you are hospitalized, let the church know by calling 664-3600. If you are unable to attend church and would like to be placed on the "at-home" list and receive visits, phone calls from ministers or at-home communion, let the church know!
- If you are able, park on the street away from church to leave space for those who cannot walk far. **Reserved parking** for elderly and physically challenged members and guests is in the Woodlawn St. lot across from church. Handicap spaces elsewhere are marked.
- www.phumc.com is updated each week with the most recent sermon text and webcasts of recent worship services. The electronic version of **The Tower** newsletter is posted at phumc.com every Monday. If you read the *Tower* online and would like to stop receiving it by snail mail, e-mail us at sroussel@phumc.com
- The **Tower deadline** is every Monday for the issue that will be in mailboxes the following week and in church the next Sunday (13 days after deadline date). Call 664-3600 or send a brief article to sroussel@phumc.com
- The printed version of **The Tower** is delivered to the post office every Monday. If you are not receiving your *Tower* by the following Saturday (6 days later), please call the post office at 228-4280 or 228-4288.

- Join 450 church members & friends at www.facebook.com/pulaskiheightsmethodist
- *The Tower* newsletter is printed on commodity brand, inexpensive, recycled, offset, lightweight paper with soy ink. This issue contains items received by January 25. Appreciation goes to proofreaders Jeslyn McCleary, Emily Erkel, Don Knutson, MaryLee McHenry, Dot East. *Thank you!*

Pulaski Heights United Methodist Church
4823 Woodlawn
Little Rock, Arkansas 72205

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What's Cool at Sunday School: 9:15 a.m.

CLASS	This Sunday	ROOM
Agape	Youth with Special Needs, Carol Blann	D385
All Things Considered	Fearless, book by Max Lucado, Debra Williams	M316
Argue	Living the Questions, DVD and discussion	M320
Bible Study Class	Study of the Letter of James, Tim Fox	C239
Butler Upper Room	Recognized by a Canaanite Woman, K. Jefferson	C235
Christian Fellowship	Recognized by a Canaanite Woman, Jerry Bowie	M304
Dietz Dialogue	What is So Amazing about Grace? (Yancey book)	C135
Explorer	24-week Series (NOOMA), Thomas Blackmon	M306
Fathomers	Book by Karne Armstrong, Jack Myers	D371
Foundations	Frustration & False Gods, S & ML Dassinger	C236
Generations of Wisdom	Strong With Her Faith, class for women, all ages	M324
Grades 11-12	Youth Bible Study, John Jones and Charlie Coleman	D379
Grades 9-10	Youth Bible Study, Jim Faulkner and Tim Taylor	D375
Grades 7-8	Youth Bible Study, Scott Beard	D377
Journey	Parables from the Backside (Kalas book), B. Laakman	D366
Koinonia	Revealed in Rejection, Shelley Vickers. class pic	M307
Newton Good News	Recognized by C. Woman, S. Borchert, J. Faulkner	M101
Primary Parent	Class for single mothers	M322
Receiving Grace	Controversial Issues (A. Hamilton), Rev. Roy Smith	M313
Roundtable	Recognized by a Canaanite Woman, Ralph Shull	M312
Spiritual Journey	Genesis (Bible Study)	M309
Teeter Evergreen	Lecture & group discussion, Bible Study, all welcome	D277
Tower	PHUMC Missions, Mary Lewis Dassinger	C237
Wesley	Lesson, discussion	M320

ECA	Early Christian Awareness (infants, toddlers) - donkey, sheep, camel	Story Building
Lions (age 2-3); Tigers (3-4); Bears (4-5)	Feb. 7 - Jesus Heals	Story Building
Grades K-4	Jan. 10 - Feb. 14 - Study of Jonah	Story Building
Grade 5	Jan. 10 - May 23 - Bible Study, Mark Doramus	

M=Main Building, C=Christian Life Center (Argue Great Hall/gym)

D=Disciple Center, S-Norma Story Children's Building

Malone Phone Class	Lesson led by Gene Altenburger	by phone at 3 p.m. at home
Shepherd's Cove		at Shepherd's Cove

SPECIAL EVENTS

Koinonia Class: photo Feb. 7 during SS; Feb. 10. 11:45 at U.S. Pizza on Kavanaugh