



Growing in Christ

The Tower

Weekly Newsletter and Bulletin

www.phumc.com

Volume 156, Number 35

January 10, 2010

Epiphany Journey!

The season of Epiphany began on January 3 and will end on February 7. It's not a season in the church we celebrate with any great fanfare—but perhaps we should. Epiphany means to “manifest, to reveal”. Within the season of Epiphany, we direct our attention to the visit of the magi to the Christ child and to remembering the gift of our Christian baptism. Also within this season, we'll have celebrated the passing of the Old Year and welcomed the New Year. Notice that travel is a recurring theme in Epiphany... the intentional trip of the magi, Jesus traveling to the Jordan River to be baptized, each of us traveling from 2009 into 2010. As we experience each of these important journeys, I believe Epiphany invites us to ask, What has God “revealed” to me that needs my attention in my life? In what ways is my Christian baptism manifested in my life?



At the services this weekend, we will reaffirm our Christian baptism through renewing our baptismal vows and receiving a shell, the ancient symbol of the baptized Christian. Through the words, music and experience of the worship service, may we be open to the ways in which God is being revealed to us as individuals and as a community of faith. May we have the courage to “see” and to respond.



Traveling with you!
Rev. Harriett Akins-Banman
Associate Pastor

Second Sunday Seminar

January 10, 5 to 7 p.m.

The Marriage Enrichment Council is happy to offer Phyllis Raney, LCSW, skilled psycho-therapist and workshop presenter, to kick off the 2010 schedule of monthly Sunday evening seminars. Phyllis will present “What Makes Relationships Work.” Please join us January 10 from 5 to 7p.m. Dinner is \$5 per person. Free childcare is provided. Please call the church office at 664-3600 to make reservations for dinner and childcare.

Credo Class continues through January

What's it all about? Come find out!

A CREDO Class is offered on Sundays in January during the Sunday School hour for new members and guests seeking information about United Methodist membership and membership at Pulaski Heights United Methodist Church. Everyone is welcome to attend. Please call the church office at 664-3600 or stop by the reception desk to sign up.

Financial Planning Seminars
9:15 - 10:15, Great Hall
Join us for continental breakfast!
January 10 - Estate Planning
February 21 - Financial Planning
March 14 - Insurance Planning
See page 7.

Pulaski Heights United Methodist Church
Little Rock, Arkansas
501-664-3600; emergency: 688-9533

Worship Services

Sanctuary
Friday, January 8, 6 p.m.
and Sunday, January 10
8:15 & 10:30 a.m.

Luke 3: 15-17, 21-22
“Water of Grace”
Rev. Harriett Akins-Banman

Sunday, January 10, 10:30 a.m.
New Heights, Wesley Hall
Rev. Akins-Banman

Communion Each Week
in Friday night & New Heights
and following Sunday Sanctuary services
with opportunities for kneeling, quiet prayer

Childcare is provided for all services.

The labyrinth is open Tuesdays and
Thursdays, 8 a.m. to 8 p.m. for quiet
prayer walks and meditation.

Mark Your Calendar

- ✓ Blood Drive, January 17
- ✓ Pre-Marital Workshop, February 20
- ✓ Scout Sunday, February 21
- ✓ Women's Retreat, February 19-21
- ✓ Wisdom Tea, March 14
- ✓ Community Sunrise Service, April 4
- ✓ Miles for Missions, April 17
- ✓ Touch of Class, April 23-25
- ✓ National Day of Prayer, May 6
- ✓ Pre-Marital Workshop, May 15
- ✓ Guatemala Mission Trip, May 29
- ✓ Vacation Bible School, July 11-15
- ✓ Pre-Marital Workshop, September 18
- ✓ Children's Sunday, October 10

Christian Formation

Coming your way...**Winter and Spring Christian Formation Catalog** with details of long and short term classes offered for deepening one's faith and understanding. A few of the classes to be offered: CREDO (designed especially for visitors and new members), Invitation to the Old Testament (short term survey of the Old Testament), Each One A Minister (finding your fit in volunteering and serving in the church), Lenten studies and more!

Looking for a Sunday School class? See the need for a specific kind of class? Contact Rev. Harriett about adult Sunday School, 664-3600 or hakinsbanman@phumc.com.

PHUMC Women's Retreat Feb. 19-22 - Mt. Eagle. Mark your calendar for this intentional time away for growing in faith and enjoying rich fellowship. Guaranteed: laughter, conversation, inspiration, worship, natural beauty, silence, chocolate and more! Contact Rev. Harriett for more information.

Please Pray For...

DEATHS: Our Christian sympathy goes to Lea Paige and family in the death of her aunt, Lorena Gamble.

HOSPITALIZED (December 23-29)

Louise Baber, Mary Drake, Paula Gilmer, Derek Givens, Stewart Hughes, Ruby Huntzicker, Bill Jones, Dorothy Kelso, Henry Lee, Ron Myles, Cora Smith, Mag Thurmond, Jim Tucker

BIRTH

We rejoice in the birth of Charlotte Nixon McClure, child of Alice & Tim McClure; and in the birth of Lorelei Ruth Gasper, child of Courtney & Brent Gasper, and grandchild of Kris & Mac Huffman.

Get badge, share ride

Wear your name badge to church each time you come on weekends and during the week. Keep it in your car so you don't forget it. If you need a name badge, stop by the Reception Desk.

When you come to church, bring your family members in one car to help with parking; you also reduce carbon emissions. Pick up friends and bring them with you!

Closed Captioning

To view hymn texts during televised services, turn on the closed captioning option.

Here We Grow Again!



Melissa & Allen Campbell

Judith Gardner



Meet Us Online

Go to www.facebook.com/pulaskiheightsmethodist. Join more than 450 others who keep up daily with upcoming church events plus involvement of members and friends. Learn the latest and see recent photographs from dozens of ministries.

You also may subscribe to RSS feeds at www.phumc.com to receive the latest church news several times a week.

If you respond to photographs and postings on Facebook, send your story about how a ministry touched your life. Recent examples include UMCOR mission trip and guest prison choir. Turn your brief online posting into a story (400 word maximum) and send a text file to sroussel@phumc.com for the Tower newsletter or church website. Share the good news!

2012 Centennial

We are planning now to celebrate our church's 100th birthday in 2012! If you have memorabilia from the past, bring items to church.



UMW News

UNITED METHODIST WOMEN

● UMW Circle of Hope will meet Monday, Jan. 11, at 11:45 a.m., for a meal prepared by Jane Adamson, Renetta Ketcher, Jean McNeil and Betty Gene Mann. Rev. Harriett Akins-Banman will be guest speaker. Call the church at 664-3600 for reservations.

● UMW Executive Committee will meet Sunday, January 17, at 2:30 p.m. in Room C237. The group will plan 2010 programs and prepare a budget to submit at the February 1 meeting.

Mission Statement



Growing in Christ... A Community Called to Love and Serve God and Neighbor

- Sharing the good news of Christ
- Making new disciples
- Providing opportunities for worship, ministry and mission
- Nurturing children, youth, adults and families in faith
- Retiring building and improvement indebtedness
- Living our vows of prayers, presence, gifts, service and witness
- Becoming the people of peace and reconciliation
- Planning and celebrating PHUMC Centennial
- Caring for Creation through education, advocacy and institutional lifestyle

Children's Ministries

ECA (Early Christian Awareness) Jan. 10.
Sunday School at 9:15 a.m. - animals

Lions, Tigers, Bears (ages 2-5) - Jan. 10 Sunday School at 9:15 a.m. "Jesus Visits Mary and Martha" is the lesson. Mary knew that the most important thing for her to do was to listen to Jesus. Learning about Jesus is very important. *Let anyone with ears listen!* (Matthew 11:15)

Jan. 10 - Feb. 14 - K-4th graders will enjoy a fabulous rotation learning about Jonah!

January 10 - May 23 - our 5th-graders will have the wonderful blessing of being in a Bible study taught by Mark Doramus! This class will meet in S357 by the movie room on the top floor of the children's building. 5th-graders, grab your Bibles, come to Sunday School and finish your last year in the Children's Division strong by being part of the great class led by Mark Doramus.

Parents - make one of your New Year's resolutions to take care of yourselves! If you are married, make being with your spouse a real priority. If you are single be sure you are taking care of yourself. Mark your 2010 calendars for Parents Night Out when the children have a blast and you get some time for you! 2010 dates are Jan. 8, Feb. 5, March 5, April 9, and May 7th-all Friday nights at 6-9 p.m. and one Saturday, February 20th, 4-8 p.m. Cost is \$15.00 for one child and \$5.00 for each additional child in the family with a family max of \$25.00. Pizza is served. Generous church members donate to the program to keep the cost so low.

Created by God - human sexuality class for 5th-graders - Feb. 19 & 20 with a mandatory parent meeting Feb. 16. Cost is \$40.00.

Pre-School Sunday school classes focus on
Jan. 10... Jesus Visits Mary and Martha
Jan. 17 ... Jesus and the Woman at the Well
Jan. 24 ... Jesus and the Rich Young Man
Jan. 31 ... Jesus and Peter

Infant/Toddler ECA Sunday School focus
January ... Animals

TM(2)

Transforming Members Through Ministry... send in or bring to the church your commitment card for volunteering and financial giving. The ministry you offer makes a difference!

New Heights Contemporary Worship

Sunday at 10:30 a.m. in Wesley Hall
with the New Heights Praise Band

GOSPEL Luke 3: 15-17, 21-22

As the people were filled with expectation, and all were questioning in their hearts concerning John, whether he might be the Messiah, John answered all of them by saying, 'I baptize you with water; but one who is more powerful than I is coming; I am not worthy to untie the thong of his sandals. He will baptize you with the Holy Spirit and fire. His winnowing-fork is in his hand, to clear his threshing-floor and to gather the wheat into his granary; but the chaff he will burn with unquenchable fire.'

Now when all the people were baptized, and when Jesus also had been baptized and was praying, the heaven was opened, and the Holy Spirit descended upon him in bodily form like a dove. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'*

The Word of God for the people of God.

Thanks be to God.

SERMON "Water of Grace"

Rev. Harriett Akins-Banman

Sermon Notes:



New Heights Worship Now on K-Hits 96.5 FM

The New Heights contemporary worship service is now broadcast live every Sunday morning, 10:30 to 11:30 a.m. on K-Hits 96.5 FM. The broadcast reaches thousands of listeners in the central Arkansas area. In addition to the live worship service, listeners will hear twice-daily inspirational messages from Rev. Vic Nixon, senior pastor, advertisements promoting the New Heights worship service, and weather reports brought to listeners by Pulaski Heights United Methodist Church. K-Hits is our new partner in ministry. Your donations to Broadcast Ministries make this possible. Please pray that our new effort to reach out is a big hit!

January 10, 2010
First Sunday
after Epiphany
Baptism of the Lord

THE WORSHIP OF GOD

Large print hymnals and
hearing enhancement
devices are available
from ushers.

+All are invited to stand if they wish.

Please turn off cell phones.

PRAISE OF GOD

CALL TO WORSHIP BELL PEAL

+GREETING AND OPENING PRAYER Rev. Akins-Banman

PRELUDE "By the Waters of Babylon" Johann Pachelbel

+PROCESSIONAL HYMN 605
"Wash, O God, Our Sons and Daughters"

HEARING GOD'S WORD

+GOSPEL Luke 3: 15-17, 21-22 New Testament
The Word of God for the people of God.
Thanks be to God.

SERMON "Water of Grace" Rev. Akins-Banman

RESPONDING TO GOD'S WORD

+HYMN 608 "This Is the Spirit's Entry Now"

JOYS AND CONCERNS Dr. Hampton

PRAYERS OF THE PEOPLE

The Lord be with you.
And also with you.
Let us pray.

THE LORD'S PRAYER

*Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
As we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, forever.
Amen.*

OPPORTUNITIES FOR GROWING IN FAITH

8:15 Rev. Akins-Banman, 10:30 Rev. Lindsey
Members and guests, please register your attendance.

OFFERTORY PRAYER

*As forgiven and reconciled people,
let us offer ourselves and our gifts to God.*

OFFERTORY "Come to the Water" Joseph Martin
Offerings may be placed in collection plates for ushers to bring forward.

+PRESENTATION OF OFFERINGS WITH DOXOLOGY 94

*Praise God, from whom all blessings flow;
Praise God, all creatures here below: Alleluia! Alleluia!
Praise God, the source of all our gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit. Holy Spirit!
Alleluia! Alleluia! Alleluia!*

SERVICE OF BAPTISMAL RENEWAL (Hymnal page 50)

Dr. Hampton

Brothers and sisters in Christ:

Through the Sacrament of Baptism we are initiated into Christ's holy Church. We are incorporated into God's mighty acts of salvation and given new birth through water and the Spirit. All this is God's gift, offered to us without price. Through the reaffirmation of our faith we renew the covenant declared at our baptism, acknowledge what God is doing for us, and affirm our commitment to Christ's holy Church.

RENUNCIATION OF SIN

On behalf of the whole church, I ask you:

Do you renounce the spiritual forces of wickedness, reject the evil powers of this world, and repent of your sin?

I do.

Do you accept the freedom and power God gives you to resist evil, injustice, and oppression in whatever forms they present themselves?

I do.

Do you confess Jesus Christ as your Savior, put your whole trust in his grace, and promise to serve him as your Lord, in union with the Church which Christ has opened to people of all ages, nations, and races?

I do.

According to the grace given to you, will you remain faithful members of Christ's holy Church and serve as Christ's representatives in the world?

I will.

PROFESSION OF FAITH

8:15 Rev. Akins-Banman

10:30 Rev. Lindsey

Let us join together in professing the Christian faith as contained in the Scriptures of the Old and New Testaments.

Do you believe in God the Father?

I believe in God, the Father Almighty, creator of heaven and earth.

Do you believe in Jesus Christ?

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended into heaven, is seated at the right hand of the Father, and will come again to judge the living and the dead.

Do you believe in the Holy Spirit?

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

THANKSGIVING OVER THE WATER

Dr. Hampton

The Lord be with you.

And also with you.

Let us pray.



INVITATION TO BAPTISMAL RENEWAL

All who have been baptized are invited to come forward to receive a seashell, the traditional symbol for Christian baptism, and to renew your baptism at one of the four stations. If you have not received baptism, either as a child or an adult, you are invited to come forward for a blessing. Following the service you may visit with the clergy following the service regarding baptism and church membership. Remember your baptism and be thankful. Amen.



THANKSGIVING PRAYER

Let us rejoice in the faithfulness of our covenant God.

We give thanks for all that God has already given us.

As members of the body of Christ and in this congregation of The United Methodist Church, we will faithfully participate in the ministries of the church by our prayers, our presence, our gifts, our service and our witness, that in every thing God may be glorified through Jesus Christ.

SENDING FORTH

+INVITATION TO CHRISTIAN DISCIPLESHIP

8:15 Rev. Akins-Banman, 10:30 Rev. Lindsey

+HYMN 378 "Amazing Grace"

+RESPONSE FOR NEW MEMBERS

We rejoice to recognize you as a member of Christ's Holy Church and we welcome you to Pulaski Heights United Methodist Church. With you we renew our vows to uphold it with our prayers, our presence, our gifts, our service and our witness.

+BENEDICTION 8:15 Rev. Akins-Banman, 10:30 Dr. Hampton

+BENEDICTION RESPONSE 143

*And God will lift you up on Eagle's wings,
Bear you on the breath of dawn.
Make you to shine like the sun,
And hold you in the palm of God's hand.*

+POSTLUDE "Trumpet Tune for New Beginnings"

Philip E. Baker

Charles Crutchfield, Bishop, Arkansas Area, The United Methodist Church
Philip L. Hathcock, Central District Superintendent
Victor H. Nixon, Senior Pastor, 978-0517
Jeffery B. Hampton, Associate Pastor, Caring Ministries, 978-0532
Harriett Akins-Banman, Associate Pastor, Christian Formation, 978-0531
Andrea Allen, Associate Pastor, Preaching and Evangelism, 978-0530
Kenneth Hicks, Retired Bishop in Residence, 978-0537
Lynn W. Lindsey, Director, PHUMC Foundation / Columbarium, 978-0510
Larry Sweet, Administrator, 978-0501
Jay Clark, Minister to Youth and Families, 978-0538
Cindy Burns, Director of Children's Ministries, 978-0511
Kristie Finney, Associate Director of Children's Ministries, 978-0535
Courtney Frizzell, Children's Learning Center (pre-school & after-school), 978-0527
James Maase, Director of Music and the Arts, Organist, 978-0520
Michael Ekbladh, Associate Director of Music, 978-0521
Rodney Wallace, Associate Organist, 978-0534
Mary Boyce, Associate Director, Adventures in the Arts, 978-0522
Dustin Coats, Director of Contemporary Music, 978-0534
Mary Lewis Dassinger, Director of Missions
Scharmell Roussel, Communications Director, 978-0516

ALTAR GUILD: Marylee Robinson, Glenda Gazette, Carolyn Stiles, Robin Smith. Additional shell servers are Bishop Kenneth Hicks and Rev. Gene Efrid.

USHERS: Bill Mann, Dickie Lunsford, Mark Mathisen, Hal Beard, 8:15; Boo Jennings, Simon Bookout, Bill Coker, Bill Cobb, Dan Keeley, 10:30

CHOIRS: Sanctuary Choir Ensemble, 8:15; Sanctuary Choir, 10:30. Musical texts are printed by permission of Church Copyright Licensing International #1544693.

HOLY COMMUNION with gluten-free wafers will be served in Shamblin Chapel following today's worship services. All are invited to the Lord's Table to share in this holy means of grace. The sacrament is available upon entering the chapel. Communion is served in the chapel after Friday night and Sunday morning worship services every week with opportunities for kneeling and quiet prayer.

STEPHEN MINISTERS will be in the back of Shamblin Chapel following each of today's services for those with prayer requests.

APPRECIATION goes to Jeff & Cara Nolan, John & Christi Oliver, Sandy Otto, Lea Paige and Lois Park for pledges and contributions to Broadcast Ministries, which provide for webcasting today's services from the Sanctuary and Wesley Hall at www.phumc.com; for televising the Sanctuary service at 10:30 a.m. on KATV with closed captioning for the hearing impaired; and for broadcasting New Heights on Sundays at 10:30 a.m. from K-Hits 96.5 FM.

SOUND TECHNICIANS: Rachel Garrett, Christian Harris, Scott Jackson, Bob Worthington. Hearing enhancement devices are available from ushers.

CHILDREN'S WORSHIP PACKETS are available from ushers.

FRIDAY SABBATH casual in Sanctuary, 6 - 7 p.m. with childcare. Dr. Hampton, liturgist; Katy Visonhaler, Altar Guild

THE NEW HEIGHTS contemporary worship service Sunday in Wesley Hall with New Heights Band praise music, weekly at 10:30. Jay Clark, liturgist

TO GIVE to church ministries, make your check out to PHUMC and drop it in the collection plate.

TM2 (Transforming Members Through Ministry) commitment cards may be placed in the collection plates, handed to an usher, or submitted at the reception desk.

WELCOME TO GUESTS

We welcome those of you visiting today. We invite you to participate fully in the worship and activities of our church. Please sign the registration pads, including your address and telephone numbers so that we may personally welcome you.

If you are without a church home, you are invited to join the PHUMC family. You may indicate your desire to join by coming forward during the closing hymn, visiting with a pastor after the worship service or calling Rev. Andrea Allen at 664-3600 during the week.

PHUMC Foundation

Contributions have been received for the glory of God, Hazel Villines Children's Fund, Helping Hands Respite Care and the PHUMC Foundation.

MEMORIALS

Ernie Butler by John & Sylvia Borchert, Betsy Branton, Jim Davis, Jim & Judy Irwin, Drake & Melissa Hawkins, Leon & Lynne Matthews, Betty & Maurice Mitchell, Marty & Tricia Rhodes, Charles & Jan Sullivan
Mildred Ford by Leon & Lynne Matthews
Pete Hoover by Allen & Sherry Bird, John & Sylvia Borchert, Jack & Diane Brown, Winston & Lally Brown, Daryl Coker, Mr. & Mrs. Dan Felton, III, First Community Bank, Jim & Judy Irwin, Drake & Melissa Hawkins, James & Pat McClelland, Leon & Lynne Matthews, Betty & Maurice Mitchell, Carol & Allan Mendel, The Parkers (Doris, Rick, Dave, Nancy, Holly), Helen Porter & James Dyke, Mr. & Mrs. Sheffield Nelson, Marty & Tricia Rhodes, Raymond & Leslie Schaap, Bob & Georgia Sells, Susan & Bob Smith, Charles & Jan Sullivan
Lane Lovett by Jim & Joyce Porter
Sandy Turner by John & Sylvia Borchert
Jo Dean Briggs by Bucky & Judy Magness

HONORARIA

Jack Ferris Dempsey's Baptism by Buddy & Beverly Villines
Georgiana Gunn by Jim Rule
Lynn Lindsey & Jeff Hampton by the Razer families, Orton family, Reel family, & Parson family
Lynn & Wayne Lindsey by Nancy Smith
Betty & Maurice Mitchell – Happy Anniversary! by Nancy Mitchell
Helping Hands Workers & Volunteers by Bucky & Judy Magness

Flu Weather

In case of bad weather or a serious outbreak of a contagious illness, the church may be closed. All events may be cancelled. Watch television, listen to radio, check your e-mail, visit www.phumc.com, and wait for a phone message with updated information. If you need to update your e-mail address or phone number, please contact the church.

Before risking a trip to church, call 664-3600 to make sure a scheduled event has not been cancelled. If you get a recorded message weekdays between 8:30 and 4:30, then the church is closed. The church website at www.phumc.com will be your primary source of correct, updated information.

Financial Planning Seminars

Seminars Begin on January 10

Would you describe yourself as a financially healthy person? Do you have an estate plan? Have you executed the legal documents you would need in case of a medical crisis? Do you have a plan for your dependent children in case you die suddenly? How recently has your will been updated...do you even have a will?

If you cannot answer "yes" to all of these questions, you definitely need to attend the first Financial Health Seminar, sponsored by the PHUMC Foundation on Sunday, January 10, in the Great Hall from 9:15-10:15 a.m. Presenters will be Keith Billingsley and Penny Wilbourn. Both are attorneys and active members of PHUMC. A continental breakfast will be provided. Sunday School classes may attend together and there will be plenty of seating for those not in classes. All are welcome – members and guests alike! This will be an "information only" gift to the church family.

Financial Health Seminar Schedule:

February 21 – Jay White and Richard Mann – Basic Financial Planning

March 14 – Caroline Beauchamp Jones, Mark Smalling – Insurance & Protection Planning

Primetimers

LUNCHEON: Jan. 28, 11:30 a.m.
Program: Cathedral School Choristers.
\$8.50 for lunch. Call 664-3600.

Youth Ministries

Sundays

8:15 a.m. Worship
9:15 a.m. Sunday School
10:30 a.m. Worship
3:30 p.m. Handbells
4:30 p.m. Cornerstone Choir
5:30 p.m. Youth Fellowship

Youth Group will return January 10 with a **Back-to-School Restart Party** at Arkansas Skatium, 5:30 to 7:30. The cost is \$5 each. Please see Katy Dunn or Jay Clark if you have any questions.
January 17 - "Praise the Roof" at Lakewood United Methodist Church. Leave at 5 p.m. from church and travel together to North Little Rock, where several bands will gather and youth from central Arkansas will worship together.

Tuesdays

6:30 p.m. Bible Study for Youth
7:15 p.m. Cross Training Worship

Basketball season continues.

Mondays - Thursdays, 6-10 p.m.
Saturdays, 8 a.m. - 10 p.m.

Confirmation: Jan. 10 - "Food Pantry" by Judy Strohm

Cornerstone Youth Choir will meet January 10, 3:30 to 5:30 for the first run-through of Tour Musical.

Missions

● PHUMC will host homeless families through Interfaith Hospitality Network (IHN) February 14-28. We love our guests! To help, call 664-3600.

● **Food of the Month:** PASTA. Bring donations to church for the Food Pantry.

● **Mission Board Meeting** – Tuesday, January 12 at 5:30. Members make plans to attend!

● **Red Cross Blood Drive** - January 17

● **Miles for Missions** - April 17

● **Guatemala Mission Trip 2010:** May 29 - June 6 - surgical and medical team. Over the next few months we are collecting items for our neighbors in Central America. As you travel, shop and clean, please keep these needs in mind. Items may be dropped off at church for the mission closet: Soap, shampoo, lotion, toothbrush, toothpaste for health kits (collect travel size toiletries from hotels as you travel); Sunglasses (new or gently used); Ball caps and visors (new or gently used); Crayons; Small toys - Beanie Babies, matchbox cars, balls (new or gently used); Suitcase / duffle bag on wheels (used); Ziploc bags (snack, sandwich, quart, or gallon)

● A **Disaster Response Team** from PHUMC will respond to tornadoes and floods more immediately than ever before. Anyone age 14 and over with a desire to serve may join by completing a form at the receptionist desk. Or go to www.phumc.com to download a form, complete it, return it to church.

● **Emergency Relief:** To give to disaster relief in the Philippines, Samoa, or Indonesia, make a check out to PHUMC, mark it UMCOR disaster relief in the lower left corner, and drop it in the collection plate. United Methodist Committee On Relief is responding with water, food, blankets and many forms of loving care through mission outreach.

Memorials, Honoraria

Contributions have been received for the glory of God, Finish 2009 Strong, Food Pantry, Archives, Good Samaritan Fund, Good Sam Mission Project, Society of St. Stephen, Stephen Ministry, and Broadcast Ministries.

MEMORIALS

Donice Bowen by Gisele G. McGuire, Ken-ny & Terrie Wilkerson

Chloe Deane Branscum by John & Nancy Anthony, Martha Williams

Melba Broyles by Erle Hammans, III

Ernie Butler by Ernie Butler Family, John & Nancy Anthony, Ron & Martha Clark, Dietz Dialogue Class, Martha Ann & David Fox, Patsy Frost, Erle Hammans, III, Swann Kohler, Garth & Joann Martin, Irene Regnier, Bob & Georgia Sells, Betty Ruth Stuckey, Pat & James McClelland, Jr.,

Betty Davis by Atley Davis

Peggy Fitzhugh by All Things Considered Sunday School Class, Mary Jo Bolls, Byron & Wayne Smiley

Twila Holtzman by Cancer Friends, Lillian Sullivan, LeMoyné Smith

Pete Hoover by Willis & Karis Alderson, Mr. & Mrs. Overton Anderson, Bruce Bartley, Sydney Bentley Blackmon, Becky & Gus Blass, Blissard Management & Realty, Inc., Misty & Glenn Borkowski, Connie & Bill Bowen, Susan & Jay Brainard, Porter & Diane Brownlee, Charles & Sandy Cabe, Dianne & Jim Campbell, Ron & Martha Clark, Sissy & Bo Clinton, William L. Cravens, J. E. & Marcia Darr, George & Irene Davis, Pat Davis, Amy Davis Wilkins, Danny Thomas Company, Nancy Dickins, Mandy & Bill Dillard, Muay & Todd Dillard, John & Susan Elliott, Kim & Harold Evans, Bonnie & Bob Fincher, Linda & Dickson Flake, Sam & Debbie Fiser, Dr. & Mrs. Bill Floyd, Patsy Frost, Nancy & Preston Grace, Jr., Kathy & Jack Grundfest, Fred H. Harrison, Miriam & Leonard Hasson, Dr. & Mrs. Milton Hughes, Mr. & Mrs. W. Kent Ingram, John & Mary Sue Jacobs, Janet & Bud Jones, Frederick E. Joyce, Swann Kohler, James F. Kyser, Tom & Pam Lasiter, Allison & Stephen Hester, & Ryan Lasiter, Mark & Leslie Lee, Levinson Cleaners, Mr. & Mrs. Kevin Lewey, Mr. & Mrs. Bonner McCollum, Mike & Lindale McKeown, Mark & Cheri Marks, Garth & Joann Martin, Hubert Mayes, Jr., Gerald & Beth Meacham, Jim and Lynn Monk, Dot & Don Morey, Asa & Counts Morton, Sarah & Walter Nunnally, Old Independence Regional Museum, Susan & Carroll Penick, Gene & Linda Pfeifer, Elizabeth & Joe D. Powers, Quattlebaum, Grooms, Tull & Burrow, Kathryn Rice and John D. "Mike" Rice, Ron Robinson, Skip & Billie Rutherford, Ray & Lavern Schaap, Brenda Scisson, Harryette Shue, Amanda & Charlie Shufeldt, Genie &

Worship Opportunities

● **Don't like getting dressed up for church?** You can dress casually every Friday at 6 p.m. all year long.

● **Going out of town for the weekend?** Come Fridays at 6 p.m. There's a worship service in the Sanctuary every Friday evening at six o'clock... has been for years and years. Didn't know it? You do now!

● **Don't relate to traditional worship?** We have a contemporary service every Sunday at 10:30 a.m. in Wesley Hall. Come casual.

● **Don't relate to contemporary worship?** Then come to the Sanctuary on Fridays at 6 p.m. or Sundays at 8:15 or 10:30 a.m.

● **Still can't make it?** Then watch Sundays at 10:30 a.m. on KATV Channel 7; or listen Sundays on K-hits 96.5 FM; or watch webcasts of traditional and contemporary services at www.phumc.com. *We will miss you, but you don't have to miss us!*

Bill Sigler, James D. Simpson, III, Friends at Standard Abstract, W. R. Stephens, Jr., Mr. & Mrs. James Stobaugh, Phillip & Gina Tappan, Larry & Winifred Watkins, Marilyn & Gene Weinstein, Sherry & Jimmy Wilmans, Jr., Charles & Peggy Whiteside, Ed Willis - Financial Centre Corporation, Tom & Clarice Wray, Wittenberg, Delony & Davidson, Mr. & Mrs. Robert A. Young, III, **Lane Lovett** by Jim & Lynn Monk
JeJo Mobley by Joy & Grady Williams
Russell Moore by Tom & Dot Moore
Anne Spotts by James & Nancy Foster
Sandy Seale Turner by Drake & Melissa Hawkins, Tripp & Beth Thomas, Susan Campbell Wann

HONORARIA

Bill Arthurs - Recipient of the Omega Omega chapter of Sigma Chi's Fulbright Award - by Erle Hammans, III

Mark Acker by Erle Hammans, III

Mary Boyce by Erle Hammans, III

Donna Davis by Kim & Harold Evans

Michael Ekbladh by Erle Hammans, III

Jim Maase by Erle Hammans, III

Patrick Rollefson by Erle Hammans, III

Rodney Wallace by Erle Hammans, III

Vic & Freddie Nixon by Nancy C. Smith

Dan & Marylee Robinson by Willis & Karis Alderson

Jack See - Recipient of the Fay Jones Gold Medal Award - by Erle Hammans, III

Bob & Georgia Sells by Jo Knight

Paula Watson by Jo Knight

Sharon Williams by Katie S. Thompson

Notices

● **The church will be closed Monday, January 18** for the observance of Dr. Martin Luther King's birthday.

● Worried about holiday weight gain? Join **Weight Watchers** at church every Thursday at 5:30 p.m. All are welcome. Susan 240-5006

● **Dinner with Friends:** January 21, 6:30 p.m., Khali's Restaurant (former location of Julie's). Contact Becky Fitzhugh.

● **Men of Faith:** Sunday, January 17, 7 to 8 a.m. in C135

● Lifequest "Adventures in Learning," Jan. 20 - March 11; \$35. Classes include headline news, Bible themes, techno-babble, travel, geology, Spanish, sports, yoga, tai chi, bridge, mah jongg, scrabble and more. Call 225-6073 or visit www.lifequestofarkansas.org

● Until the Church Finance Office secures processing of VISA and Master Card for contributions to the church, contributors can call the Finance Office with credit card contributions for operating, broadcasting, and Imagine a Future. The Finance Office will process VISA and Master Card gifts.

● If you have a **church tablecloth**, please return it. No questions asked! We are missing 90" round tablecloths.

● **Men's Al-Anon** meeting every Thursday at 7:30 p.m. in room C237

● **DVD** copies of worship services: \$10 each. Order forms are at the reception desk.

● **Webcasts:** www.phumc.com

● **RSS feeds:** www.phumc.com for church news as it happens

● To volunteer to help at **Wakefield Elementary School**, call 666-1271.

● **Helping Hands** Respite Care Ministry: Participation is up with new clients. More volunteer help is needed each Tuesday. Contact Cecil Malone or Rev. Lynn Lindsey, 664-3600.

Who Cares? We Do!

People are hurting - those who have lost jobs, lost loved ones, gone through divorce, or battled terminal illnesses. Stephen Ministers bring God's love to those who are hurting. God is waiting to make a difference in their lives through you! To get involved in this one-to-one caregiving ministry, contact Dr. Jeff Hampton at church at 664-3600.

UPCOMING OPPORTUNITIES

• **CREDO** classes meet every Sunday in January at 9:15 a.m. for new members, guests and all who want to know more about the United Methodist Church and Pulaski Heights UMC.

• **What Makes Relationships Work**

Sunday, January 10, 5 to 7 p.m.
See the front page.

• **Financial Planning Seminar**

Sunday, January 10, 9:15 a.m.
See page 6.

News and information items are posted daily at www.phumc.com and on Facebook at www.facebook.com/Pulaski-HeightsMethodist.

Pulaski Heights United Methodist Church
4823 Woodlawn
Little Rock, Arkansas 72205

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Reminders...

• If you move or if you are hospitalized, let the church know by calling 664-3600. If you are unable to attend church and would like to be placed on the "at-home" list and receive visits, phone calls from ministers or at-home communion, let the church know!

• If you are able, park on the street away from church to leave space for those who cannot walk far. **Reserved parking** for elderly and physically challenged members and guests is in the Woodlawn St. lot across from church. Handicap spaces elsewhere are marked.

• www.phumc.com is updated each week with the most recent sermon text and webcasts of recent worship services. The electronic version of **The Tower** newsletter is posted at [phumc.com](http://www.phumc.com) every Monday. If you read the *Tower* on-line and would like to stop receiving it by snail mail, e-mail us at sroussel@phumc.com

• The **Tower deadline** is every Monday for the issue that will be in mailboxes the following week and in church the next Sunday (13 days after deadline date). Call 664-3600 or send a brief article to sroussel@phumc.com

• The printed version of **The Tower** is delivered to the post office every Monday. If you are not receiving your *Tower* by the following Saturday (6 days later), please call the post office at 228-4280 or 228-4288.

• Join 450 church members & friends at www.facebook.com/pulaskiheightsmethodist

• *The Tower* newsletter is printed on commodity brand, inexpensive, recycled, offset, light-weight paper with soy ink. This issue contains items received by December 28. Appreciation goes to proofreaders Jeslyn McCleary, Emily Erkel, Don Knutson, MaryLee McHenry, Dot East. *Thank you!*

What's Cool at Sunday School: 9:15 a.m.

CLASS	This Sunday	ROOM
Agape	Youth with Special Needs, Carol Blann	D385
All Things Considered	Fearless, book by Max Lucado, Debra Williams	M316
Argue	Living the Questions	M320
Bible Study Class	New study of the Letter of James, Tim Fox	C239
Butler Upper Room	Strengthened in Temptation, Sarah Clem	C235
Christian Fellowship	Strengthened in Temptation, Jim Spradley	M304
Dietz Dialogue	12 Ordinary Men, Kearney Dietz	C135
Explorer	The Star of Bethlehem with video	M306
Fathomers	Class Brunch	D371
Foundations	The Uncluttered Heart, S & ML Dassinger	C236
Generations of Wisdom	Strong With Her Faith, class for women, all ages	M324
Grades 11-12	Youth Bible Study, John Jones and Charlie Coleman	D379
Grades 9-10	Youth Bible Study, Jim Faulkner and Tim Taylor	D375
Grades 7-8	Youth Bible Study, Scott Beard	D377
Journey	Parables from the Backside (Kalas book)	D366
Koinonia	The Best Songs Come at Night, Mary Boyce	M307
Newton Good News	Prophets Foreshadow ..., S. Borchert, J. Faulkner	M101
Primary Parent	Class for single mothers	M322
Receiving Grace	Controversial Issues (A. Hamilton), Rev. Roy Smith	M313
Roundtable	Strengthened in Temptation, Joe Teeter	M312
Spiritual Journey	What Jesus Meant (Wills), Pat Goss	M309
Teeter Evergreen	Lecture & group discussion, Bible Study, all welcome	D277
Tower	lesson, discussion	C237
Wesley	lesson, discussion	M320

ECA	Early Christian Awareness (infants, toddlers) - donkey, sheep, camel	Story Building
Lions (age 2-3); Tigers (3-4); Bears (4-5)	Jan. 10 - Jesus, Mary, Martha	Story Building
Grades K-4	Jan. 10 - Feb. 14 - Study of Jonah	Story Building
Grade 5	Jan. 10 - May 23 - Bible Study, Mark Doramus	

M=Main Building, C=Christian Life Center (Argue Great Hall/gym)

D=Disciple Center, S-Norma Story Children's Building

Malone Phone Class Lesson led by Jim Faulkner by phone at 3 p.m. at home

SPECIAL EVENTS

Roundtable Class: January Birthday Celebration, Jan. 18, 6:30 p.m.