PULASKI HEIGHTS
United Methodist Church
Inspire Love. Embrace Christ. Engage the World.

PULASKI HEIGHTS UNITED METHODIST CHURCH YOUTH BASKETBALL LEAGUE 2027 RULES

1. All teams must fill out a team roster form and designate a coach. It is also recommended there be an assistant coach- but there is only one head coach per team. The coach during a game must be an adult over the age of 18 and out of high school. (There may be no more than 3 non-players on the bench for the game). The coach must have a phone number where he/she can be reached during the day or evening. Original team rosters are due prior to January 1, 2027.

2. All players will wear like-colored jerseys/shirts with numbers on the front and back.

3. Game time is also forfeit time. Teams must have at least **5** players to start a game. Coaches should list players and numbers in the score book. Sign the scorebook before the game. A coach should make every effort to find out from their team if they will have enough to play their next game. A coach should also make every effort to notify their League Manager, 24 hours in advance of a forfeit so the opposing team can be notified and for the stewardship of the program.

4. Games will consist of four 8-minute quarters with the clock stopping only during shooting fouls, the last two minutes of the fourth quarter and timeouts; two (2) one-minute timeouts per half will be allowed. The clock will not stop at all if the winning team is ahead by 20 points or more with 2 minutes left in the game.

5. In case of a tie after regulation, a 3-minute overtime period will be played. The clock will stop during the entire overtime period, and coaches will be allotted one (1) additional timeout during the overtime period.

6. Jump balls will start the game and overtime period. Alternating possession will be in effect for the rest of the game when a jump ball is called.

7. Five fouls per player per game with bonus foul shots (1-and-1) on team foul #7 of the half.

8. All technical fouls called, whether on bench or players, will result in two (2) free throws and possession of the ball for the opposing team.

9. Two technical fouls on any coach or player results in ejection from that game. If a player or coach is ejected- they will miss the next scheduled game.

10. Referees have the right to eject any coach, player, **or fan** if, in their opinion, the conduct of that person warrants such action.

11. Only coaches can discuss calls with the referees, and then only during timeouts or half time.

12. **Absolutely no disorderly conduct or hateful/racist/inappropriate language will be tolerated.** Such behavior will result in an automatic ejection.

13. Any **FIGHTING** may result in automatic suspension from the league for the remainder of the season for all players involved. Referees will determine players involved if a question arises. If one of your teams is suspended from league play for the remainder of the season, it could result in a one-year ban of all teams from your church the following season.

14. Any question concerning the league or play should be addressed to their League Manager first and then Ellen Rowland, Minister with Youth & Families.

15. This league is designed for those who do not play on Intermediate School Interscholastic Teams. The schools prohibit them from playing on any other team at the same time. We expect the Coaches to monitor and supervise their own teams. In the event a team has a player playing on a team that is playing or has participated on an Intermediate School Interscholastic Team- you will forfeit all wins with that player on the roster.

16. A team with a 20-point or more lead may not press or extend defense beyond half court line. Failure to comply may result in a technical foul.

17. There shall be a clock keeper and two referees. The referee at the table also has the right to discontinue the game if he/she feels it is getting out of control. Control-not only on the court, but on the bench and in the stands.

18. No church/synagogue may have more than 4 teams in one division. If a church/synagogue does have another team that would like to play, the commissioner may consider allowing this for balance of schedule upon receiving all registrations.

19. If a team wants to add a player the deadline for this is January 3, 2027. A player cannot be added to a church league team that has played for any interscholastic school team at any point in the current season- even if they have quit a school team.

The League Divisions will be:

- 7-8 Grade Boys
- 9-10 Grade Boys
- 11-12 Grade Boys
- High School Girls